

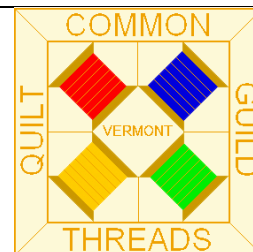
Volume 5

ON POINT

The Official Newsletter
of the Common Threads Quilt Guild of Lamoille County
in Morrisville, Vermont

<http://commonthreadsvt.org/>

CommonThreadsVT@gmail.com



Issue 3

NOVEMBER 2025

The President's Block

Hello Quilters,

For those who weren't at the last meeting and for those who were; put on your thinking cap. Lisa Vilord announced that starting March 2026 she would no longer lead the BOM; so if you want to continue this program we need a volunteer. We also discussed doing a mystery quilt. We could do both or one or the other, this is for you to decide.

This letter is very short because I used all my energy typing the secretary's report, and I am now in a brain fog.

Your President,
Cheryl Leach
2025-2026



President

Cheryl Leach 802-888-5102

Vice President

Lisa Vilord 802- 279-7292

Secretary

Sheila Jourdan 802- 279-0969

Robin Wright 802-635-9550

Treasurer

Cheryl Leach 802-888-5102

Programs

Rotating Members

Newsletter

Sharon Perry 802-326-3135

Sunshine Cards

Hilda Tallman 802-888-3808

Membership

Denise Mayo 802-585-5876

Librarian

Jan Kuhn 802-851-8341

Sunshine Quilts

Marion Seasholtz 802-635-2731

Common Threads Quilt Guild
meets the 2nd Thursday,
March through December,
at 6:30 p.m. at the
VFW, 28 VFW Street,
in Morrisville

Dues = \$20 annually



2024 - 2025 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

September 11th Creating Quilts with
Electric Quilt 8 with Sharon Perry

October 9th Piecing Together
Memories with Jane Paine

November 13th Label Your Quilts
With Carolyn Babcock
& Sharon Perry

2024 – 2025 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

December 11th Holiday Potluck*
Papercrafting with Jane Paine

*Potluck Dinner starts at 6:00 pm

January NO MEETING

February NO MEETING

March 12th TBD

April 9th TBD

2024 – 2025 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

May 14th TBD

June 11th TBD

July 9th TBD

August 13th Summer Potluck*
*Potluck Dinner starts at 6:00 pm



Treasurer's Report

Beginning Balance 9/20/2025		\$4,602.97
Income		
10/16/2025 Annual Dues		\$200.00
	<i>Total Income</i>	\$200.00
	<i>Subtotal</i>	\$4,802.97
Expenses		
		\$0.00
	<i>Total Expenses</i>	\$0.00
Ending Balance 10/20/2025		\$4,802.97

Respectfully submitted,
Cheryl Leach, Treasurer



NOVEMBER MEETING: IT'S ALL ABOUT LABELS

Carolyn Babcock and Sharon Perry will show members how to make a quilt label. Some of the labels will be very elaborate and some will be quick and easy. Come learn how to document who, what, where, and when for all of your quilts.

LOOKING AHEAD...

December: December's program will be an interactive papercrafting workshop. Each participant will leave with 1 Christmas card, 1 ornament, and at least 3 gift tags. Please plan to bring a glue stick, 3-6 flat white buttons in varying sizes, 3-6 colorful flat buttons (same size), and 1 decorative button (1" – 1½") with needle and thread.

January 2026: NO MEETING

February 2026: NO MEETING

March 2026: Program TBD...Any takers???



Secretary's Report

Secretary's Report October 9, 2025

Greeting: Meeting called to order by president Cheryl Leach at 6:30 pm.

Present: 30 attending; **Visitors/New Members:** No visitors and 2 new members: Amanda and Kathy.

Birthdays: Happy Birthday to Maria Foster, Dorothy D'Andrea, Anne Harmon, Carolyn Babcock, and Denise Mayo.

Drawings: Just for Coming – Maria Foster; Food Shelf – Jessica Merriam. Thank You Elaine Foster for delivering the items.

Secretary's Report: Motion to accept – Donna Hamel; Second by Marion Seasholtz. No discussion; motion passed.

Treasurer's Report: Motion to accept – Donna Hamel; Second by Marion Seasholtz. No discussion; motion passed.

Sunshine Cards: Cards were sent to Donna Hamel, Denise Mayo and Lois Lemaire.

Block of the Month: 10 new QOV blocks donated tonight. Instead of drawing for a winner, the quilts blocks will be used to make quilts for Quilts of Valor. If you are interested in reading about QOV, looking at their criteria or patterns, visit www.qovf.org. **New Block:** Patterns distributed for "Stemless Maple Leaf." Pattern can also be found on Patchwork Square [website](http://www.patchworksquare.com) through a link in the newsletter.

Membership: Membership dues were due in September. Dues are \$20. For those who haven't paid yet please make sure you pay before or at the November meeting.

Sunshine Quilts: Marion reported she distributed 60 lap quilts; 12 to Meals on Wheels, 24 to the Manor, and 24 to Home Health.

Raffle Quilt: Sharon W. distributed prizes to; Andrea Blaisdell for selling the winning ticket and to Marion Seasholtz for selling the most tickets. Congratulations ladies!

Old Business: No old business

New Business: Starting in March 2026 Lisa Vilord will no longer be doing the BOM. We need a volunteer or volunteers to take over for Lisa. It was also discussed wanting someone to lead the group in a mystery quilt.

Program: Jane Paine made comparisons between her 50 years of scrap booking and her new 10-year hobby of quilting. They both are addictive and require lots of cool gadgets, supplies and, of course, LOTS OF FABRIC.

Meeting Adjourned at 7:45 pm.

Respectfully submitted,
Cheryl Leach, President



ARE YOU WORKING ON YOUR 25 FINISHES IN 2025?

If you're working on the 25 in 2025 Challenge and have completed 25 projects, please let Sharon Perry know; send an email to her at vtquilter@gmail.com by December 7th to be included in the special drawing.

QUILT TIPS

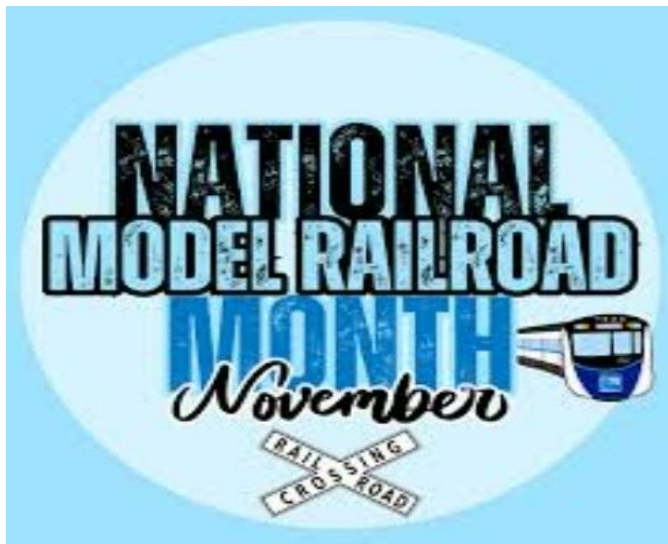
- When you bring your fat quarters home, refold them by wrapping them around a 4" or 4½" ruler. This makes them all an even size for easy stacking. Coincidentally, they will also fit neatly into a cabinet meant to stack CDs or DVDs.
- Always cut away from yourself. Don't expose the blade of your rotary cutter until it's in your hand and you're ready to cut. Always lock it when you're done cutting.
- When ironing use a mixture of $\frac{1}{4}$ white vinegar and $\frac{3}{4}$ water in a spray bottle. This gives crisp seams and removes stubborn wrinkles.
- Labeling your quilt is more important than you might think. When you add a label, you tell the story behind your quilt. You help future generations understand who made it, when, and why.

SUNSHINE CARDS FOR OUR MEMBERS

If you know of a guild member who is in need of encouragement or comfort due to an illness, bereavement, etc., please contact Hilda Tallman, 802-888-3808. She will send out an appropriate card.

NEW GUILD MEETING LOCATION SETTLED

From now on, the guild will be meeting at the Morrisville VFW, 28 VFW Street, behind the River Arts Center on Pleasant Street in Morrisville.



HOW HAPPY I WAS IF I COULD FORGET
By Emily Dickinson

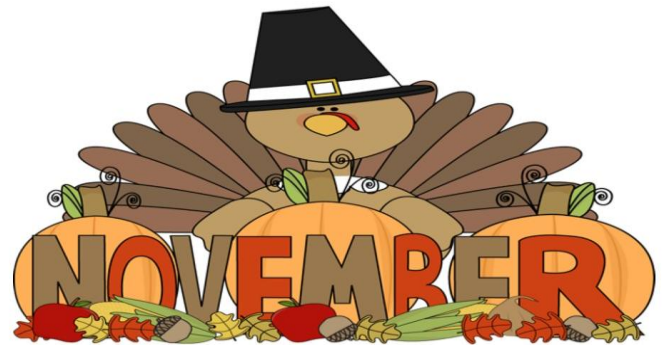
How happy I was if I could forget
To remember how sad I am
Would be an easy adversity
But the recollecting of Bloom

Keeps making November difficult
Till I who was almost bold
Lose my way like a little Child
And perish of the cold.

FEATURED VIDEO TUTORIAL FOR NOVEMBER:

<https://www.youtube.com/watch?v=anaIkjDs-0k>

Pint Size Table Runner – November
Shabby Fabrics



Sharon	Perry	November	2
Pam	Gelineau	November	8
Robin	Wheel	November	20
Amanda	Rae	November	22
Sheila	Cross	November	26

...and many more!!!





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NAME: _____

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Recipe Corner

COWBOY LASAGNA

2 tablespoons olive oil
 1 pound lean ground beef chuck
 1 pound sage-flavored sausage, in bulk or removed from casing
 1 pound sliced pepperoni
 1 can (16-ounce) diced fire-roasted tomatoes
 1 can (12-ounce) tomato paste
 1 tablespoon dried oregano
 Pinch salt
 Pinch freshly ground black pepper
 2 garlic cloves, minced
 1 medium onion, finely chopped
 16 ounces lasagna noodles
 16 ounces ricotta cheese
 16 ounces mozzarella cheese, shredded
 1 cup grated Parmesan cheese

In a large, heavy skillet over medium heat, add the oil and lightly brown the ground beef and sausage. Be sure to keep the meat chunky, not finely separated, while cooking. Add the pepperoni, tomatoes, tomato paste, oregano, salt, pepper, garlic, onion and 2 cups water. Bring to a simmer and simmer, uncovered, for 30 minutes.

Preheat the oven to 350 degrees F.

Bring a pot of water to a boil. Cook the lasagna noodles according to the package directions and drain.

In the bottom of a 9x13x2-inch baking pan, spread a layer of the prepared sauce. Top with a layer of the lasagna noodles and the ricotta, mozzarella and Parmesan cheeses. Repeat, ending with the sauce, noodles and cheeses.

Bake until lightly browned and bubbling, about 40 minutes. Allow the dish to stand for 15 minutes before serving. Cut the lasagna into 3-inch squares and serve.

TURKEY RICE CASSEROLE

1 medium onion, chopped
 1 celery rib, chopped
 2 tablespoons butter
 2 cups whole milk
 1-1/4 cups uncooked instant rice
 2 cups diced cooked turkey
 1 can (10-3/4 ounces) condensed cream of mushroom soup, undiluted
 1 cup seasoned stuffing cubes
 1 can (4 ounces) chopped green chiles, drained
 1 cup shredded cheddar cheese, divided

In a 2-qt. microwave-safe dish, combine the onion, celery and butter. Cover and microwave on high for

1½ to 3 minutes or until butter is melted. Stir in milk. Cover and cook on high for 3-5 minutes or until milk is steaming (do not boil). Stir in rice. Cover and let stand for 2 minutes.

Add the turkey, soup, stuffing cubes, chiles and 1/2 cup cheese. Cover and microwave on high for 3-6 minutes or until heated through, stirring once. Sprinkle with remaining cheese. Cover and let stand for 5 minutes.

PUMPKIN FRENCH TOAST CASSEROLE

1 loaf (1 pound) cinnamon-raisin bread
 1 package (8-ounce) cream cheese, cut into small cubes
 8 large eggs
 1 can (12-ounce) evaporated milk
 1 cup canned pumpkin
 1/3 cup packed brown sugar
 1/2 cup milk
 2 teaspoons ground cinnamon
 1/4 teaspoon ground nutmeg
 1/4 teaspoon ground ginger
 1/8 teaspoon ground cloves
 1/2 teaspoon salt
 1/2 cup chopped pecans

Optional: Powdered sugar and warmed maple syrup

Cut each slice of bread into quarters. Arrange half the bread in a greased 13x9-in. baking dish; layer with cubed cream cheese and remaining bread, pressing down slightly.

In a large bowl, whisk eggs, evaporated milk, pumpkin, brown sugar, fat-free milk, spices and salt. Pour over top. Refrigerate, covered, overnight.

Preheat oven to 350°. Remove casserole from refrigerator while oven heats. Bake, covered, 40 minutes. Uncover; sprinkle with pecans. Bake, uncovered, 25-30 minutes or until lightly browned and a knife inserted in center comes out clean.

Let stand 5-10 minutes before serving. If desired, dust with powdered sugar and serve with maple syrup. Make sure not to over bake these lemon sugar cookies. When you pull them out, you may think they are not quite ready yet, but they should be perfect that way.

Casseroles



Quilt of Valor Block

2025 – 2026 BLOCK OF THE MONTH



Colors:

Fall colors with
white or cream
background



PATTERN: MAPLE LEAF

Pattern from [Patchwork Square](#)

If you have any questions, call Lisa Vilord, 802-279-7292.

Click the link below for the 12" finished block pattern

[Maple Leaf](#)

(Scroll down to the green download button)



JOHNSON TOWN HALL SEWING DAYS

Sewing weekends are open again at the Johnson Town Hall. We set up on the second floor of the Town Hall (elevator available). Large tables are available plus ironing stations and a cutting table.

We meet on the first and third weekend of the month, arrival after 8 am, but you can sew as late as you want. A \$2 daily donation is requested, going to the Town of Johnson for use of the space.

At this time we are planning to have a mailing list only for change of plans, you can send your email to Robin Wright, growingfarm00@gmail.com or Hilda Tallman, sammnvt57@yahoo.com to be on that list. Reminder emails the week before will no longer be going out.

All crafters are welcome!



TIPS FOR QUILTING FOR SHOW

Design every element of the quilt yourself and make it new. Quilt show judges have seen everything a million times before. By designing something fresh and new, your quilt will catch the judge's eye.

Make a Wholecloth Quilt. Wholecloth quilts are a lot less common than pieced or appliquéd quilts. Most quilters begin learning piecing techniques first, then learn appliqué, and THEN learn quilting. Because a wholecloth is entirely created with your quilting design, it's has a perception of being a harder type of quilt to create.

Learn how to hide mistakes. There are a lot of tricks to hiding your mistakes in your show quilt.



MERRY MOMENT (Excerpt from joyfulandmerryquilting.com)

A dear friend of mine gave me a chalkboard sign that brings me joy each and every day. It's displayed next to my sewing machine with a quote that says: "Good friends are like quilts. They age with you, yet never lose their warmth."

As I think about all the quilts that I have made over the years, each one was made for a particular purpose. Some were made for family, some for friends, and some to celebrate a milestone, while others were created to offer comfort following a loss. The patterns, fabrics, and colors I incorporate into my quilts are always symbolic, chosen specifically for the individual recipient.

I will always remember the advice another quilter shared with me when it comes to gifting a quilt. She said that she and her children always hug each quilt she makes before it is gifted. The purpose of this ritual is to fill the fabric and fibers of the quilt with their love. Then, when the recipient wraps the quilt around their shoulders, the warm hug of comfort they feel is the love the family sent with their handmade gift. Isn't that a beautiful sentiment?

So, once my quilts are pieced, quilted, bound, and labeled, I give them a big hug as I transfer MY love through the fabric and the fibers of the quilt. The entire process makes me very joyful and merry. Maybe you'd like to do the same?

...I am ALWAYS trying to be joyful, but I will always be merry!

**LINK TO BARN QUILT TRAIL OF NORTHERN VERMONT**

<http://www.barnquiltsfornorthernvermont.org/>

NEWSLETTER IDEAS WANTED: Do you have a recipe you'd like to share with guild members? Or maybe you've found a great quilting website or blog you'd like to share. Or you've visited a quilt shop within an easy drive which had bargains or a fabric selection no quilter should miss. If so, send an email to CommonThreadsVT@gmail.com, and the newsletter editor will do her best to include it in the next newsletter. Although welcome, your input doesn't have to be a complete article. It could be a few bullets which convey your message. The editor will fill out the article as needed.

Deadline for articles for next newsletter:

Thursday, November 20th, 2025

Please email articles to Sharon Perry, CommonThreadsVT@gmail.com,
or mail to PO Box 517, Montgomery Center VT 05471



November is Peanut Butter Lovers Month



"How sad would be November if we had no knowledge of the spring." ~ Edwin Way Teale