

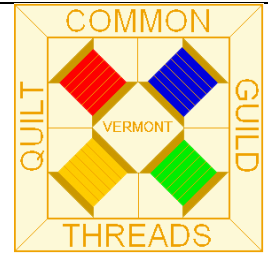
Volume 4

ON POINT

The Official Newsletter
of the Common Threads Quilt Guild of Lamoille County
in Hyde Park, Vermont

<http://commonthreadsvt.org/>

CommonThreadsVT@gmail.com



Issue 3

NOVEMBER 2024

The President's Block

Hello Friends

I look forward to our Guild meetings, seeing all of you and watching Sew and Tell. I don't even mind being your president, but I hate writing this monthly letter so this is going to be short and sweet this month.

I'm having brain fog and just can't think of anything to say this month. So when you read this, if you read this. I hope you have had a good and productive month, and I look forward to seeing you at the November meeting.

Your President,
Cheryl Leach
2024-2025

P.S. If anyone would like to submit a letter or has any ideas for me, it would be greatly appreciated. HOPEFULLY NO BRAIN FOG NEXT MONTH!



President

Cheryl Leach 802-888-5102

Vice President

Lisa Vilord 802- 279-7292

Secretary

Sheila Jourdan 802- 279-0969

Robin Wright 802-635-9550

Treasurer

Cheryl Leach 802-888-5102

Programs

Rotating Members

Newsletter

Sharon Perry 802-326-3135

Sunshine Cards

Hilda Tallman 802-888-3808

Membership & Librarian

Jan Kuhn 802-851-8341

Sunshine Quilts

Marion Seasholtz 802-635-2731

Common Threads Quilt Guild
meets the 2nd Thursday,
March through December,
at 6:30 p.m. at the
Sterling View
Community Center
in Hyde Park

Dues = \$20 annually



2023 - 2024 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

September 12th Trunk Show
with Karen Abrahamovich

October 10th B-I-N-G-O!

November 14th Lynn Carrier,
Vermont Coordinator for
Quilts of Valor

December 12th Potluck

2023 – 2024 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

January NO MEETING

February NO MEETING

March 13th TBD

April 10th TBD

2023 – 2024 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

May 8th TBD

June 12th TBD

July 10th TBD

August 14th Summer Potluck



Treasurer's Report

Beginning Balance 9/20/2024		\$3,083.64
Income		
Annual Dues (10/11/2024)		\$140.00
Raffle Tickets (10/11/2024)		\$75.00
	<i>Total Income</i>	<u>\$215.00</u>
	<i>Subtotal</i>	\$3,298.64
Expenses		
		\$0.00
	<i>Total Expenses</i>	<u>\$0.00</u>
Ending Balance 10/20/2024		\$3,298.64

Respectfully submitted,
Cheryl Leach, Treasurer



QUILTS OF VALOR FEATURED AT NOVEMBER MEETING

Lynn Carrier, the Vermont Regional Coordinator for “Quilts of Valor,” will be traveling from Jacksonville, VT, to tell guild members all about the “Quilts of Valor” program in Vermont. She’ll also discuss how our guild members might be able to contribute quilts, and sizes needed, to this program which honors and recognizes all veterans.



RAFFLE TICKETS FOR 2025 RAFFLE QUILT AVAILABLE

Tickets for the next Raffle Quilt are still available! Tickets are available at the guild meetings. Or you can contact Sharon Witbeck and she will get them to you. Each member is asked to “sell” 5 packets of tickets; each packet sells for \$5, and 1 ticket is \$2.

This stunning quilt is queen-size, and the winner will be drawn at next year's Antiques and Uniques event. Prizes will be given to the member with the most tickets sold and to the member that sells the winning ticket.

This is a great fundraiser for the guild to help us with all the programs we have and for the charity work that we do.



Secretary's Report

Secretary's Report October 10, 2024

Greeting: President Cheryl Leach opened the meeting at 6:30 pm.

Present: 26 in attendance

New Members: 1 new member, Mina Ayers.

Birthdays: October birthdays, Maria Foster, 1st, Dorothy D'Andrea 4th, Anne Harmon 6th, Carolyn Babcock 9th, and Denise Mayo 26th.

Drawings: Just for Coming – Jessica Merriam; **Food Shelf** – Nancy Dunavan

Secretary's Report: The secretary's report for September was moved to be accepted by Robin Wheel and Jane Langdell seconded the motion. The report was voted to be accepted.

Treasurer's Report: The treasurer's report for October was moved to be accepted by Jane Langdell and Donna Hamel seconded the motion. The report was voted to be accepted.

Sunshine Cards: Hilda Tallman reported that no cards were sent. It was suggested that a card be sent to Bonnie Griswold as she was recovering from surgery.

Block of the Month: Nine blocks were submitted. Winner of the October 10, 2024, drawing was Andrea Blaisdell. **New Block:** The pattern is Woven Four Patch completed in blue and green and anything in between.. Patterns were distributed or can be found in the newsletter.

Membership: Jan Kuhn reported that all the dues had been paid.

Charity Quilts: Robin Wheel made a motion to donate a quilt for the Sterling View sale that is to be held on December 7, 2024. Sherry Whitcomb seconded the motion. It was voted to donate a quilt.

Raffle Quilt: A reminder that there are more tickets available to be sold for the quilt raffle. The raffle drawing will be held at the 2025 Antiques & Uniques.

No New or Old Business

Program: Bingo game with quilting terms. Two games were played. Game #1 – Melody Chase was the winner. Game #2 – Fawn Lanpher was the winner.

Sew and Tell: Seven members shared their quilts and projects.

Meeting Adjourned: 7:30 pm.

Respectfully Submitted,
Sheila Jourdan, Co-Secretary



10 IMPORTANT QUILTING TIPS FOR THE BEGINNING QUILTER

- Don't over analyze- no quilts are perfect! If it was perfect they could have bought it at the store.
- Learn an accurate 1/4" seam. More accurate piecing, while slower, will make the whole process happier.
- Learn the right way to use your seam ripper. Break every third or fourth stitch and then the bottom thread will pull out in one tug.
- Change your needle...a lot! Use a new needle for every project.
- When the machine is acting like it is possessed.....re-thread. Re-threading is always your first response.
- Change or sharpen your rotary cutter blades often.
- Use quality thread. Cheap thread is linty and hard on your machine; it also breaks a lot.
- Learn how to clean your machine.
- Buy extra fabric when planning a quilt, allowing for mistakes. Not only is it annoying to have to stop your project, you may not be able to locate the same fabric again!
- Make sure your fabrics and threads have enough contrast. I have pieced a block that looked like a solid piece of fabric and have quilted a quilt where the stitches were practically invisible, hard work...down the drain!

SUNSHINE CARDS FOR OUR MEMBERS

If you know of a guild member who is in need of encouragement or comfort due to an illness, bereavement, etc., please contact Hilda Tallman, 802-888-3808. She will send out an appropriate card.

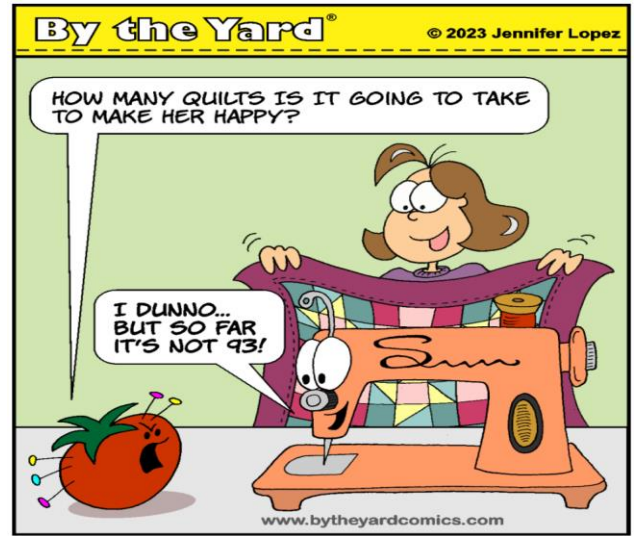
SUPPORTING THE LOCAL COMMUNITY

Guild members are asked to bring nonperishable food shelf donations to Sterling View, the host site of our meetings. Sterling View distributes those donations to the local food shelf. Please drop your items in the basket near the door.



How Happy I Was If I Could Forget By Emily Dickinson

How happy I was if I could forget
To remember how sad I am
Would be an easy adversity
But the recollecting of Bloom
Keeps making November difficult
Till I who was almost bold
Lose my way like a little Child
And perish of the cold.



Sharon	Perry	November	2
Pam	Gelineau	November	8
Robin	Wheel	November	20
Sheila	Cross	November	26

...and many more!!!

**FEATURED VIDEO TUTORIAL
FOR NOVEMBER:**
<https://www.youtube.com/watch?v=oQty25rCmAU>
 Tea & Cookies for Two November Placemats
 Shabby Fabrics



That is **24 Finishes in 2024!**

Join in the fun and make 24 quilted projects by the end of 2024 and your name will be entered into a special drawing held in December 2024. If you'd like to participate, fill in your name and 24 projects you'd like to finish this year on the list below. This is your list...you can add to it throughout the year if need be to have 24 projects or you can remove a project, or swap out projects, etc...you just have to have **24 Finishes in 2024** AND you must show each project at one of the guild's monthly show and tell. You can show multiple projects in one month. You also don't have to show a project every month, you just have to have **24 Finishes in 2024!** You will maintain your own list, but you must let Sharon Perry know you are participating.

* * * * * Cut along dotted line * * * * *

24 in 2024

NAME: _____

1.	13.
2.	14.
3.	15.
4.	16.
5.	17.
6.	18.
7.	19.
8.	20.
9.	21.
10.	22.
11.	23.
12.	24.



Recipe Corner

SWEET POTATO PIE

9-inch prepared pie crust
 ¼ cup finely chopped pecans
 3 to 4 tablespoons cold water
 3 large eggs
 30 oz sweet potatoes, peeled, cubed & cooked
 1 can (14 oz) sweetened condensed milk
 1½ to 2 teaspoons pumpkin pie spice
 1 teaspoon vanilla extract
 ½ teaspoon salt

In a food processor, combine the eggs, sweet potatoes, milk, pumpkin pie spice, vanilla and salt; blend until smooth. Pour into prepared crust.

Bake at 425° for 15 minutes. Reduce heat to 350°; bake 30-35 minutes longer or until a knife inserted in the center comes out clean. Cool on wire rack. Garnish with whipped cream and toasted pecans if desired.

TURKEY SWEET POTATO CHILI

1 pound ground turkey
 1 small onion, chopped
 2 cups chicken broth
 15 oz sweet potatoes, peeled cubed & cooked
 1 can (4 oz) chopped green chiles
 1 tablespoon chili powder
 1 teaspoon garlic powder
 1 teaspoon ground cumin
 1 teaspoon curry powder
 ½ teaspoon dried oregano
 ½ teaspoon salt
 1 can (15½-oz) Great northern beans, rinsed & drained
 Optional: Sour cream, fresh cilantro & red onions

In a large skillet, cook turkey and onion over medium heat until turkey is no longer pink and onion is tender, 5-7 minutes, breaking up turkey into crumbles; drain. Transfer to a 3- or 4-qt. slow cooker. Stir in broth, sweet potato puree, chiles and seasonings. Cook, covered, on low 4-5 hours. Stir in beans; cook until heated through, about 1 hour. If desired, top with sour cream, cilantro and red onions.

SMOKY SWEET POTATO & BLACK BEAN ENCHILADAS

1 large sweet potato, cubed
 1 small onion, chopped
 1 small sweet red pepper, chopped
 ½ cup minced fresh cilantro
 1 teaspoon smoked paprika
 ½ teaspoon garlic powder
 ½ teaspoon ground cumin
 ½ teaspoon ground coriander
 ½ teaspoon pepper

1 can (15 oz) black beans, rinsed and drained
 1 can (15 oz) enchilada sauce
 12 corn tortillas (6 inches), warmed
 2 cups shredded Monterey Jack cheese, divided
 Optional: Avocado, sour cream, salsa, cilantro & hot sauce

Preheat oven to 375°. In a large saucepan, place a steamer basket over 1 in. water. Place sweet potato, onion and red pepper in basket. Bring water to a boil. Reduce heat to maintain a simmer; steam, covered, until tender, 15-20 minutes. Transfer vegetables to a large bowl. Mash vegetables, gradually adding cilantro, spices and pepper to reach desired consistency. Stir in black beans.

Spread ⅓ cup enchilada sauce into a greased 13x9-in. baking dish. Place ⅓ cup vegetable mixture in center of each tortilla; sprinkle with 4 teaspoons cheese. Roll up and place in prepared dish, seam side down. Top with remaining enchilada sauce; sprinkle with remaining cheese. Bake, uncovered, until casserole is heated through and cheese is melted, 20-25 minutes. Serve with optional toppings as desired.

SWEET POTATO AND CRAB SOUP

4 tablespoons butter, divided
 2 medium leeks (white portion only), finely chopped
 3 garlic cloves, minced
 4 cups cubed peeled sweet potatoes (about 1½ lbs)
 1 teaspoon salt, divided
 ½ teaspoon ground cinnamon
 ½ teaspoon cayenne pepper
 5 cups vegetable stock
 2 cups heavy whipping cream
 4 teaspoons fresh thyme leaves, divided
 12 oz lump crabmeat, drained

In a Dutch oven, heat 2 tablespoons butter over medium heat; sauté leeks and garlic until leeks are tender, 4-6 minutes. Stir in sweet potatoes, ¾ teaspoon salt, cinnamon, cayenne and stock; bring to a boil. Reduce heat; simmer, covered, until potatoes are tender, 15-20 minutes.

Puree soup using an immersion blender or cool slightly and puree soup in batches in a blender; return to pan. Stir in cream and 2 teaspoons thyme; bring to a boil. Reduce heat; simmer, uncovered, 5 minutes.

In a large skillet, melt remaining 2 tablespoons butter over medium heat. Add crab, remaining salt and thyme; cook 5 minutes, stirring gently to combine. Top servings with crab mixture & croutons if desired.



Block of the Month

NOVEMBER 2024



Colors:

Blue and green and
anything in between!



PATTERN: WOVEN FOUR PATCH

Pattern from www.patchworksquare.com

If you have any questions, call Lisa Vilord, 802-279-7292.

Click the link below for the Flock of Geese 12" finished block pattern*

<https://www.patchworksquare.com/index.php?function=DisplaySheet&sheet=woven-four-patch-quilt-block&id=&links=1&link1=&mode=quilt> (Scroll down to the green download button)

*Please note the pattern has instructions for 3 sizes; please **make the 12" finished quilt block.**



JOHNSON TOWN HALL SEWING DAYS

Sewing weekends are open again at the Johnson Town Hall. We set up on the second floor of the Town Hall (elevator available). Large tables are available plus ironing stations and a cutting table.

We meet on the first and third weekend of the month, arrival after 8 am, but you can sew as late as you want. A \$2 daily donation is requested, going to the Town of Johnson for use of the space.

At this time we are planning to have a mailing list only for change of plans, you can send your email to Robin Wright, growingfarm00@gmail.com or Hilda Tallman, sammnvt57@yahoo.com to be on that list. Reminder emails the week before will no longer be going out.

All crafters are welcome!



QUILT TIPS

- Have no fear; it's just fabric. Fear of "wasting" your materials will hold you back. Cut it up. Make mistakes. Learn from those mistakes and grow.
- Square your half-square triangle blocks. They always go wonky.
- Accurate piecing begins with accurate cutting. Try nonslip grips for the back of your rulers if you are having a hard time. Use sharp blades in your rotary cutter.
- A design wall is a great way to play around with pieces. Put some batting on something like a 4x8 sheet of foam insulation, and mount it on a wall. Friction will keep fabric in place, but you can also pin larger pieces. It can be reassuring to work out a design before you start sewing blocks together.
- Done is better than perfect!

UPCOMING EVENTS

ART MARKET CRAFT FAIR, Saturday, November 2, 2024: Hours: 9 am - 3 pm. At the North Country Union High School, 209 Veterans Avenue, Newport.

WILLISTON CRAFT SHOW, Saturday, November 2, 2024: Hours: 9 am - 4 pm. At the Williston Central School, 195 Central School Drive, Williston.

47TH ANNUAL MILTON PRE-CHRISTMAS CRAFT SHOW, Saturday, November 9, 2024: Hours: 9 am - 4 pm. At the Milton High School, 17 Rebecca Lander Drive, Milton.

MOUNT ABRAHAM CRAFT FAIR, Saturday, November 16, 2024: Hours: 10 am - 3 pm. At the Mount Abraham Union High School, 220 Airport Drive, Bristol.

HOLIDAY CRAFT FAIR, Saturday, November 16 & Sunday, November 17, 2024: Hours: 9 am - 3 pm. At the Newport Elks 2155, US Route 5, Derby.

ALBURGH PTO HOLIDAY CRAFT SALE, Saturday, November 23, 2024: Hours: 9 am - 3 pm. At the Alburgh Elementary School, 22 Lake Street, Alburgh.

MERRY BARRE HOLIDAYS CRAFT FAIR, Saturday, November 30 & Sunday, December 1, 2024: Hours: 9 am to 3:00 pm. At the Barre Auditorium, 16 Auditorium Hill, Barre.



LINK TO BARN QUILT TRAIL OF NORTHERN VERMONT

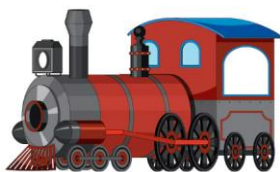
<http://www.barnquiltsfornorthernvermont.org/>

NEWSLETTER IDEAS WANTED: Do you have a recipe you'd like to share with guild members? Or maybe you've found a great quilting website or blog you'd like to share. Or you've visited a quilt shop within an easy drive which had bargains or a fabric selection no quilter should miss. If so, send an email to CommonThreadsVT@gmail.com, and the newsletter editor will do her best to include it in the next newsletter. Although welcome, your input doesn't have to be a complete article. It could be a few bullets which convey your message. The editor will fill out the article as needed.

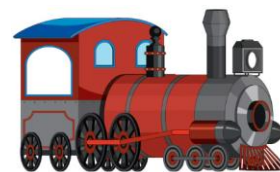
Deadline for articles for next newsletter:

Wednesday, November 20th, 2024

Please email articles to Sharon Perry, CommonThreadsVT@gmail.com,
or mail to PO Box 517, Montgomery Center VT 05471



*November is
Model Railroad Month*



*"Thanksgiving is a time of togetherness and gratitude."
~ Nigel Hamilton*