

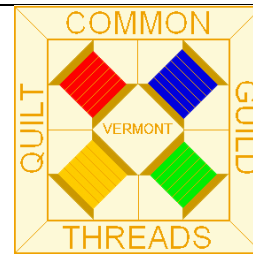
Volume 3

# ON POINT

The official newsletter  
of the Common Threads Quilt Guild of Lamoille County  
in Hyde Park, Vermont

<http://commonthreadsvt.org/>

[CommonThreadsVT@gmail.com](mailto:CommonThreadsVT@gmail.com)



Issue 2

OCTOBER 2023

## The President's Block

Happy Fall Everyone

I want to thank all the members that made it to the meeting after we had to change the meeting date to the second Thursday of the month. Hopefully this change will work for everyone, but we really didn't have a choice. We are such a large group it is hard to find another place large enough to accommodate us, and Sterling View is convenient for our meetings and work bees.

I hope everyone enjoyed the program. I certainly did. I made some notes and now that I look at them they don't make any sense, I will probably be asking some questions in the future.

I hope everyone gets a chance to get out and enjoy the colors of fall. It is one of my favorite seasons.

Your President,

Cheryl Leach  
2023-2024



### President

Cheryl Leach 802-888-5102

### Vice President

Denise Mayo 802-585-5876

### Secretary

Grace Sweet 802-244-7123

Robin Wright 802-635-9550

### Treasurer

Cheryl Leach 802-888-5102

### Programs

Rotating Members

### Newsletter

Sharon Perry 802-326-3135

### Sunshine Cards

Hilda Tallman 802-888-3808

### Membership & Librarian

Jan Kuhn 802-851-8341

### Sunshine Quilts

Marion Seasholtz 802-635-2731

Common Threads Quilt Guild  
meets the 1<sup>st</sup> Thursday,  
March through December,  
at 6:30 p.m. at the  
Sterling View  
Community Center  
in Hyde Park

Dues = \$20 annually



### 2023 - 2024 Guild Calendar

**DOORS OPEN AT 6:00 PM;  
MEETING STARTS AT 6:30 PM**

September 14<sup>th</sup> Favorite Quilting  
Notion/Tool, Technique, or Book  
October 12<sup>th</sup> "Following the Franklin  
County Barn Quilt Trail"  
with Sharon Perry  
November 9<sup>th</sup> TBD  
December 14<sup>th</sup> TBD

### 2023 - 2024 Guild Calendar

**DOORS OPEN AT 6:00 PM;  
MEETING STARTS AT 6:30 PM**

January NO MEETING  
February NO MEETING  
March 14<sup>th</sup> TBD  
April 11<sup>th</sup> TBD

### 2023 - 2024 Guild Calendar

**DOORS OPEN AT 6:00 PM;  
MEETING STARTS AT 6:30 PM**

May 9<sup>th</sup> TBD  
June 13<sup>th</sup> TBD  
July 11<sup>th</sup> TBD  
August 8<sup>th</sup> TBD

**\*\* MEETING DATE IS CHANGED TO 2<sup>ND</sup> THURSDAY OF EACH MONTH \*\***

# Treasurer's Report

<b>Beginning Balance 8/16/2023</b>		<b>\$4,868.96</b>
Income		
Annual Dues (9/15/2023)		<u>\$320.00</u>
	<i>Total Income</i>	\$320.00
		<i>Subtotal</i> \$5,188.96
Expenses		
None		<u>\$0.00</u>
	<i>Total Expenses</i>	\$0.00
<b>Ending Balance 9/20/2023</b>		<b>\$5,188.96</b>

Respectfully submitted,  
Cheryl Leach, Treasurer



## OCTOBER MEETING: FOLLOWING THE FRANKLIN COUNTY BARN QUILT TRAIL

The October meeting will feature a presentation on the barn quilt trail in neighboring Franklin County, Vermont. Guild member Sharon Perry will share how the trail began, how it has grown over the past 13 years, and how she and the trail founder, along with her husband, document over 500 barn quilts on the trail.

## FUTURE PROGRAMS

As previously discussed, the monthly program will rotate between members. If you have a demonstration or program you might like to share, please sign up for one of the monthly meetings. As a note, signing up for a monthly program will get a member an entry into the drawing for all the prizes the 35<sup>th</sup> Birthday Committee (Joyce Emerson, Jane Langdell, and Robin Wheel) is soliciting for next year.



# Secretary's Report

## Secretary's Report September 14, 2023

**Meeting called to order:** At 6:30 pm; Cheryl Leach, President, presiding.

**# Present:** 25 members; **Guests:** None **New Members:** None

**Birthdays:** Melody Chase September 2<sup>nd</sup>, Elaine Foster September 8<sup>th</sup>, Martha Cory September 18<sup>th</sup>, and Jane Langdell September 27<sup>th</sup>

**Drawings:** Jane Langdell won for "Just for Coming"; Carol Moulton won for bringing an item for the food shelf.

**Secretary's Report:** Sharon Perry moved to accept; Hilda Tallman seconded. Motion passed.

**Treasurer's Report:** Sharon Perry moved to accept; Sheila Cross seconded. Motion passed.

**Sunshine Cards:** Hilda Tallman reported she had not sent any cards tout since the last meeting.

**Sunshine Quilts:** Marion Seasholtz was not present, but she had sent some kits for folks to take. Reporting for Marion in her absence, Andrea Blaisdell said that quilts were sent to a family in Johnson and a lady in Morrisville. She read a Thank You Note from the Town of Elmore for a quilt given to them for their fundraising efforts.

**Block of the Month:** Sheila Cross won this month's blocks. The block for next month is the Split Ohio Star Block in blues and lights. Sharon Perry will put a link to the block's instructions in the newsletter.

**Membership:** Jan Kuhn reminded us that September begins a new membership year. She will accept dues (\$20) tonight and in October.

### New Business:

- Meetings have been changed to the second Thursday, and the deadline for information to Sharon changed to the 20<sup>th</sup> of the month.
- Jane Langdell gave a presentation regarding the celebration for our 35th anniversary year starting March 2024. She explained how to earn tickets for the birthday drawings.

**Sew & Tell:** 10 members shared their creations. Pictured is a variation on the Jelly Roll Quilt for the Sunshine Quilts.

**Program:** Members were asked to share their favorite tool/notion, technique or book. Eighteen members shared something with the other members. For members who shared something for all 3 categories, their names were entered into a special drawing. Denise Mayo won the special drawing and received a pattern and 2½" strips to make a small quilt.

**Meeting Adjourned:** At approximately 7:45 pm.

Respectfully Submitted

Carol Moulton, Guest Secretary



**IT'S A BIRTHDAY CELEBRATION!!! CTQG TURNS 35 in 2024!!!**

Joyce Emerson, Jane Langdell, and Robin Wheel are warming up to the idea of celebrating Common Thread Quilt Guild of Lamoille County's 35th Anniversary. The celebration will begin in March of 2024. In the meantime, they are gathering tickets for various birthday present drawings. You can enter your name in the drawings one time for any of the items listed below. After all, the more times your name goes in, the better your chances of winning a present! Other ways to enter may be added later.

- Attending a guild meeting
- Donating something to the food shelf
- Donating a sunshine quilt (1 ticket per quilt)
- Bringing something to the guild meeting for Sew N Tell (1 ticket per meeting, no matter how many items you show)
- Volunteering to present a program at a quilt meeting (and actually doing it)
- Working on any sewing workshop including working on a raffle quilt
- Volunteering for a community event to support the guild (including Antiques and Uniques)

# Block of the Month

## OCTOBER 2023



### Colors:

Blues and lights  
(white, cream, ivory,  
etc.)

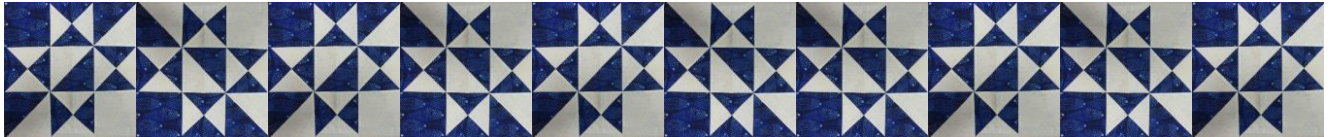


**PATTERN: Split Ohio Star Block**  
Pattern from [www.patchworksquare.com](http://www.patchworksquare.com)

If you have any questions, call Lisa Vilord, 802-279-7292.

Click the link below for the Split Ohio Star Block 12" finished block pattern\*  
<https://www.patchworksquare.com/mf/split-ohio-star-quilt-block.pdf?t=1695503279>

\*Please note the pattern has instructions for 3 sizes; please make the 12" finished quilt block.



Have you had your  
mammogram yet?



YES, I DID HAVE MY MAMMOGRAM  
TODAY... WHY DO YOU ASK?



**SUNSHINE CARDS FOR OUR MEMBERS**

If you know of a guild member who is in need of encouragement or comfort due to an illness, bereavement, etc., please contact Hilda Tallman, 802-888-3808. She will send out an appropriate card.

**SUPPORTING THE LOCAL COMMUNITY**

Guild members are asked to bring nonperishable food shelf donations to Sterling View, the host site of our meetings. Sterling View distributes those donations to the local food shelf. Please drop your items in the basket near the door.



**OCTOBER**  
By Annette Wynne

BLACK and gold and red and brown,  
Olive, pink, and blue,  
What a riot of a gown—  
What a medley hue!  
What a way to go about—  
Crimson cloak and vest!  
October is a dancer  
Dancing down the West.

**FEATURED VIDEO TUTORIAL  
FOR OCTOBER:**

<https://www.youtube.com/watch?v=7TrbzGJwOgQ>  
**Quatrefoil Quilt**  
Missouri Star Quilt Company



**QUILT TIPS**

- To make sure that the label you add to your quilt cannot be removed, stitch it to the back of the quilt before the quilting is completed and quilt through the label.
- Use old type metal shower curtain rings to hold together your quilting stencils. You can access any single one without removing the others!
- The small hangers that come with socks are ideal for hanging strips or binding. Just hang them close to your sewing machine and they are ready to use.
- Keep an extension cord in your traveling sewing machine case. You never know if you'll need one when you go to a class or a friend's house to sew.
- Chocolate is a quilting notion!



Maria Lamberton	October	1 <sup>st</sup>
Anne Harmon	October	6 <sup>th</sup>
Carolyn Babcock	October	9 <sup>th</sup>
Denise Mayo	October	26 <sup>th</sup>

*...and many more!!!*



That is **23 Finishes in 2023!**

Join in the fun and make 23 quilted projects by the end of 2023 and your name will be entered into a special drawing held in December 2023. If you'd like to participate, fill in your name and 23 projects you'd like to finish this year on the list below. This is your list...you can add to it throughout the year if need be to have 23 projects or you can remove a project, or swap out projects, etc...you just have to have **23 Finishes in 2023** AND you must show each project at one of the guild's monthly show and tell. You can show multiple projects in one month. You also don't have to show a project every month, you just have to have **23 Finishes in 2023!** You will maintain your own list, but you must let Sharon Perry know you are participating.

\* \* \* \* \* Cut along dotted line \* \* \* \* \*

**23 Finishes in 2023**

NAME: \_\_\_\_\_

1.	13.
2.	14.
3.	15.
4.	16.
5.	17.
6.	18.
7.	19.
8.	20.
9.	21.
10.	22.
11.	23.
12.	



## Recipe Corner

### PUMPKIN CHARLOTTE

2 packages (3 ounces each) ladyfingers, split  
 6 ounces cream cheese, softened  
 2 tablespoons sugar  
 2¼ cups heavy whipping cream, divided  
 3 tablespoons confectioners' sugar, divided  
 1 cup cold 2% milk  
 2 packages (3.4 ounces each) instant vanilla pudding mix  
 ½ teaspoon ground cinnamon  
 ¼ teaspoon ground ginger  
 ¼ teaspoon pumpkin pie spice  
 1 can (15 ounces) solid-pack pumpkin  
 Additional ground cinnamon

Arrange split ladyfingers on the bottom and upright around the sides of an ungreased 9-in. spring-form pan, trimming to fit if necessary. Set aside.

In a large bowl, beat cream cheese and sugar until smooth. In a small bowl, beat 1-¾ cups whipping cream and 2 tablespoons confectioners' sugar until stiff peaks form. Set 1/2 cup aside. Fold remaining whipped cream into cream cheese mixture. Spread into prepared pan.

In a bowl, combine the milk, pudding mixes and spices; beat on low speed for 1 minute. Add pumpkin; beat 1 minute longer. Fold in reserved whipped cream. Pour over cream cheese layer. Cover and refrigerate for 8 hours or overnight.

Just before serving, beat remaining cream and confectioners' sugar until stiff peaks form. Spoon over pumpkin layer. Sprinkle with cinnamon. Remove sides of pan. Refrigerate leftovers.

### DARK CHOCOLATE PUMPKIN TRUFFLES

¾ cup reduced-fat cream cheese  
 ½ cup confectioners' sugar  
 ¾ cup canned pumpkin  
 1 teaspoon pumpkin pie spice  
 1 teaspoon vanilla extract  
 2¼ cups crushed reduced-fat graham crackers  
 1 package (10 ounces) dark chocolate chips

In a small bowl, beat cream cheese and confectioners' sugar until blended. Beat in pumpkin, pie spice and vanilla. Stir in cracker crumbs. Freeze, covered, 20 minutes or until firm enough to shape.

Shape pumpkin mixture into 1-in. balls; place on waxed paper-lined baking sheets. Freeze 20 minutes or until firm.

In a microwave, melt chocolate; stir until smooth. Dip truffles in chocolate; allow excess to drip off. Return to baking sheets; refrigerate until set. Store in airtight containers in the refrigerator.

### SAUSAGE & RICE-STUFFED PUMPKINS

3 small pie pumpkins (about 2 pounds each)  
 ½ pound bulk sweet Italian sausage  
 1 pound fresh mushrooms, chopped  
 2 medium onions, chopped  
 1 medium green pepper, chopped  
 2 garlic cloves, minced  
 4 cups cooked long grain rice  
 1 cup grated Parmesan cheese, divided  
 2 large eggs, lightly beaten  
 ¼ cup minced fresh parsley  
 1 teaspoon salt  
 ½ teaspoon dried thyme

Preheat oven to 450°. Cut a 3-in. circle around each pumpkin stem. Remove tops and set aside. Remove strings and seeds from pumpkins; discard seeds or save for roasting.

In a large skillet, cook sausage, vegetables and garlic over medium heat 6-8 minutes or until sausage is no longer pink, breaking up sausage into crumbles; drain. Remove from heat; stir in rice, ¾ cup cheese, eggs, parsley, salt and thyme.

Place pumpkins in a 15x10x1-in. baking pan; fill with rice mixture. Replace pumpkin tops. Bake 30 minutes.

Reduce oven setting to 350°. Bake 25-35 minutes longer or until pumpkin is tender when pierced with a knife and a thermometer inserted in filling reads 160°. Sprinkle remaining cheese over filling. Cut to serve.



### OCTOBER ANAGRAMS

This newsletter editor is always looking for new articles and features to share with guild members. This month, we're introducing a regular feature called "Quilting Anagrams." Just as a reminder, an anagram is a word, phrase, or name formed by rearranging the letters of another, such as cinema formed from iceman. All of the anagrams presented each month will have something to do with quilting. As a hint, the anagrams for this month are all quilt block names. Answers can be found at the end of this page.

a cyclic hose	bad closed jar	crush hand	female pal	intact widow	notch forsworn
a green pole	broken assaults	enter pie	fertile foe	logic ban	saddle repent
and help it bounce	crack dirt	fear chattered	in his chair	many neglect fans	August ask Don
bad inert Irish	web I to	a bee buy cut key	sacked ant	cabs darn none	fatal holed key
any egos	a séance vow	hair soot	pizza sled mold	help wine	hence prison rust

### LINK TO BARN QUILT TRAIL OF NORTHERN VERMONT

<http://www.barnquiltsofnorthernvermont.org/>

**NEWSLETTER IDEAS WANTED:** Do you have a recipe you'd like to share with guild members? Or maybe you've found a great quilting website or blog you'd like to share. Or you've visited a quilt shop within an easy drive which had bargains or a fabric selection no quilter should miss. If so, send an email to [CommonThreadsVT@gmail.com](mailto:CommonThreadsVT@gmail.com), and the newsletter editor will do her best to include it in the next newsletter. Although welcome, your input doesn't have to be a complete article. It could be a few bullets which convey your message. The editor will fill out the article as needed.

#### Deadline for articles for next newsletter:

**Friday, October 20<sup>th</sup>, 2023**

Please email articles to Sharon Perry, [CommonThreadsVT@gmail.com](mailto:CommonThreadsVT@gmail.com),  
or mail to PO Box 517, Montgomery Center VT 05471



*October is National Cookie Month*



*"My favorite color is October"*  
*~ Unknown*

### OCTOBER ANAGRAMS ANSWERS

Clay's Choice	Jacob's Ladder	Churn Dash	Maple Leaf	Attic Window	Crown of Thorns
Orange Peel	Kansas Troubles	Pine Tree	Tree of Life	Log Cabin	Dresden Plate
Double Nine Patch	Card Trick	Feathered Star	Irish Chain	Gentlemen's Fancy	Kansas Dugout
Birds in the Air	Bow Tie	Buckeye Beauty	Cake Stand	Corn and Beans	Lady of the Lake
Nosegay	Ocean Waves	Ohio Star	Old Maid's Puzzle	Pinwheel	Puss in the Corner