

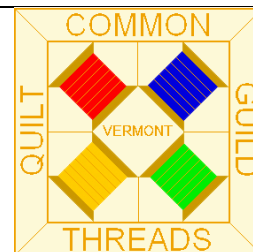
Volume 6

ON POINT

*The Official Newsletter
of the Common Threads Quilt Guild of Lamoille County
in Morrisville, Vermont*

<http://commonthreadsvt.org/>

CommonThreadsVT@gmail.com



Issue 1

The President's Block

Hello Friendly Quilters,

As you may or may not know, July and August have been difficult months for me. My father passed away the night of our August meeting after a week in the hospital and two weeks on hospice care at The Manor. I consider myself blessed to have been by his side through it all.

"Life runs in cycles. The wheel never stops turning, no matter how dark the night. Morning comes, no matter how cold the winter. Spring comes when you feel despair, know that the wheel is turning. Joy will come..."

I am grateful to Andrea who stepped up, in my absence, to cover the things on my agenda for the August meeting. I understand there was much discussion. I am very excited for the year ahead. Thank you to all who took the time to complete our survey. Although I have only had time to briefly browse the results, what I have read so far is GREAT info! My theme/goal for this year is "PARTICIPATION"... I feel strongly that it is possible to have 100% member participation in the Guild's mission. I just have so much I want to talk about... The first thing being a NEW "Block of the Month" program that Andrea will be presenting.

September is membership renewal month. Please remember to bring your \$25.00 dues payment to Denise. If you have any changes to your address or phone number, please complete a new membership form that can be found [here](#) on the website.

I will be emailing separately a revised copy of the By-Laws with all recommended changes prior to the next meeting. Please be sure to read them BEFORE the meeting. If you cannot print at home, please read them electronically. I would like to have the final amendments approved at the September meeting so we can move forward posting them to the website.

September's program is a repeat of the "LEFT, RIGHT, CENTER" dice game. I am being a little selfish on this one because I missed this meeting last year and heard how much FUN it was!!! So remember to bring 3 of any quilt-related items... and they do not have to be all the same thing.

Stitching with you,
Jane Paine, 2026-2027 Guild President



President

Jane Paine 802-888-4555

Vice President

Linda McGraw 802-730-9096

Secretary

Robin Wright 802-355-5654

Treasurer

Joyce Emerson 802-371-7038

Programs

Rotating Members

Newsletter

Sharon Perry 802-326-3135

Block of the Month

Andrea Blaisdell 802-635-8389

Sunshine Cards

Pam Gelineau 802-644-2855

Membership

Denise Mayo 802-585-5876

Librarian

VACANT

Sunshine Quilts

Marion Seasholtz 802-635-2731

Common Threads Quilt Guild
meets the 1st Wednesday,
March through December,
at 6:30 p.m. at The United
Church of Johnson, 100 Lower
Main Street, Johnson

Dues = \$25 annually

MISSION

To provide "Sunshine Quilts"
to our neighbors and
community members when
needed and to promote an
interest in the art of quilting
through education and
fellowship.

2025 - 2026 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

September 2nd Left, Right, Center

October 8th Trunk Show with
Nina Clotfelter

October 10th & 11th Workshops with
Nina Clotfelter

November 4th QOV Presentation
with Lynn Carrier

2025 - 2026 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

December 2nd Holiday Potluck

January NO MEETING

February NO MEETING

March 3rd TBD

April 7th TBD

2025 - 2026 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

May 5th TBD

June 2nd TBD

July 7th Annual Meeting
& Potluck

August 4th TBD

Treasurer's Report

Beginning Balance 7/20/2026			\$3,617.33
Income			
No income		<u>\$0.00</u>	
	<i>Total Income</i>	\$0.00	
		<i>Subtotal</i>	\$3,617.33
Expenses			
No expenses		<u>\$0.00</u>	
	<i>Total Expenses</i>	\$0.00	
Ending Balance 8/20/2026			\$3,617.33

Respectfully submitted,
Joyce Emerson, Treasurer



PROGRAMS: LOOKING AHEAD...

September 2026: Left, Right, Center Games

December 2026: Holiday Potluck

October 2026: Trunk Show with Nina Clotfelter
Workshops with Nina Clotfelter

January 2027: NO MEETING

February 2027: NO MEETING

November 2026: QOV Presentations

QUILT TIPS

- If you have leftover blocks and borders, use them to make Christmas stockings. Sew several rows of leftovers together, and traced a stocking pattern on them. They are unique and fun—so much better than leftover blocks just sitting in a tub!
- Lay a clear vinyl tablecloth over your quilt top to audition quilt designs by sketching with dry erase markers, which wipe off easily. Once satisfied, take a picture with your cell phone. For quilting, flip the tablecloth over to cover your table, allowing your quilt sandwich to glide more easily. One tablecloth, 2 uses!
- Double your selection of fabrics by considering the reverse side...the wrong side might be just right! You can also do this with quilt labels. Often, the wrong side of the fabric used in the quilt is perfect for the quilt's label.
- If you have a lot of alcohol wipes, the kind you find in first aid kits, they are wonderful for cleaning the needle when sewing fusible appliqué. You can sew through the packaged wipe to clean the needle. Always keep a few on hand by your sewing machine.
- They say you should change your sewing machine's needle after eight hours of sewing. Keep a piece of scrap fabric by your sewing machine that has eight pins in it. Remove one pin for every hour you sew. When the pins are gone, put in a new needle!

Secretary's Report

COMMON THREADS MEETING MINUTES

August 5, 2026

Greeting: Potluck started at 6:00 pm with a variety of dishes. Meeting called to order at 6:35 pm by President Cheryl Leach.

present: 24 present

Visitors: Joan Aither

Birthdays: August birthdays include Linda McGraw on the 9th, Fawn Lanpher and Robin Wright on the 30th.

Drawings: **Just for coming** – Bonnie Griswold.

Secretary's Report: Sharon Perry moved to accept, Fawn Lanpher seconded. No discussion, motion passed.

Treasurer's Report: Sharon Perry moved to accept, Hilda Tallman seconded. No discussion, motion passed.

Sunshine Cards: Hilda reported that she sent a card to Carol Moulton.

Sunshine Quilts: Andrea Blaisdell will accept any completed quilt tops. Marion Seasholtz will be getting the batting on Monday. The quilt to donate to the Morrisville VFW was chosen by Marion and shown to the members by Andrea.

Old Business:

- Tracey Morin has secured the Crosby Center in Morrisville for our October 8th meeting and program.
- Andrea Blaisdell reported that the trailer was delivered 2 weeks ago and it is in very good condition. Andrea's husband has gotten some ½ inch pieces of plywood for shelving. Andrea will send out an email with details for help moving the contents of the shed at Sterling View to the new trailer.
- The November QOV quilt distribution was discussed. Decisions need to be made about the date and location. Also, nominations for recipients with quilt guild nominees and then nominees from the VFW if additional quilts are available. List is in process.

New Business:

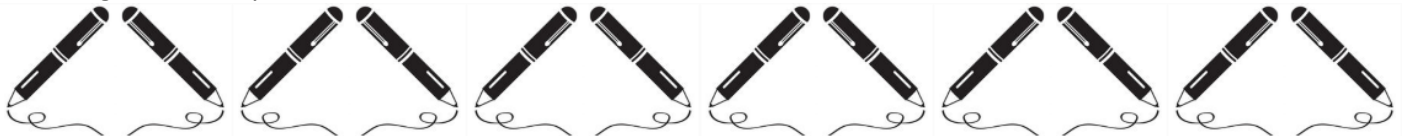
- Jane Paine passed on to Cheryl Leach that she recommends increasing our dues. Sharon Perry moved to increase our annual dues to \$25. Fawn Lanpher seconded. Cheryl explained some of the factors why the increase is needed. Motion passed. **Membership renewal is due in September.**
- **Bylaws** – Recommended changes in wording reviewed and discussed. Proposed changes by members recorded by Andrea to pass on to Jane Paine. Bylaws with the changes will go out with the next newsletter for vote in September
- **September program** – Game L, R, C or Left, Right, Center. Bring 3 quilt-related items for the game.

Sew and Tell: Began at 7:50 pm

Adjourn: 8:05 pm

Respectfully submitted.

Robin Wright, Secretary



MORE QUILT TIPS

- If your fabric markers seem like they are drying up way too fast, store them upside down to make them last longer.
- To keep a bobbin with its matching spool of thread, insert a cotton swab through the bobbin and into the top of the spool. Even if they tip over, the bobbin stays in place.
- Use a dry nylon kitchen scrubby to clean your cutting mat. It will clean away all the lint and threads and help heal the mat as well!
- When family or friends ask you to make a quilt, ask them to select paint swatches that match their décor. Use these to help choose fabrics that complement their home.

SUNSHINE CARDS FOR OUR MEMBERS

If you know of a guild member who is in need of encouragement or comfort due to an illness, bereavement, etc., please contact Pam Gelineau, Pam.Gelineau@gmail.com, 802-644-2855. As a note, Pam prefers email notification when possible. She will send out an appropriate card.

***** NEW *****

GUILD MEETING LOCATION

The Common Threads Quilt Guild meets on the 1st Wednesday of the month, March through December, at The United Church of Johnson, 100 Lower Main Street.



SEPTEMBER
By Hilaire Belloc

Lo! a ripe sheaf of many golden days
Gleaned by the year in autumn's harvest ways,
With here and there, blood-tinted as an ember,
Some crimson poppy of a late delight
Atoning in its splendor for the flight
Of summer blooms and joys-
This is September.

FEATURED VIDEO TUTORIAL FOR SEPTEMBER:

<https://www.youtube.com/watch?v=zFuKosT1J3I>

Sew Cute Runner for September

Shabby Fabrics



Elaine Foster	September	8
Jane Langdell	September	27

...and many more!!!





That is ***26 Finishes in 2026!***

Join in the fun and make 26 quilted projects by the end of 2026 and your name will be entered into a special drawing held in December 2026. If you'd like to participate, fill in your name and 26 projects you'd like to finish this year on the list below. This is your list...you can add to it throughout the year if need be to have 26 projects or you can remove a project, or swap out projects, etc...you just have to have ***26 Finishes in 2026*** AND you must show each project at one of the guild's monthly show and tell. You can show multiple projects in one month. You also don't have to show a project every month, you just have to have ***26 Finishes in 2026!*** You will maintain your own list, but you must let Sharon Perry know you are participating.

 Cut along dotted line

26 in 2026

NAME: _____

1.	14.
2.	15.
3.	16.
4.	17.
5.	18.
6.	19.
7.	20.
8.	21.
9.	22.
10.	23.
11.	24.
12.	25.
13.	26.

CTR' CTR' CTR' CTR' CTR' CTR' CTR' CTR'
DONE DONE DONE DONE DONE DONE DONE DONE

Recipe Corner

ZUCCHINI BROWNIES

For the brownies:

1½ cups zucchini, chunked, lightly tamped down
3 tablespoons butter, melted
3 large eggs
1 teaspoon vanilla extract
¾ cup granulated sugar
⅔ cup unsweetened cocoa, Dutch-process or natural
½ teaspoon espresso powder, optional
½ teaspoon baking powder
Heaping ¼ teaspoon table salt
½ cup all-purpose flour
¾ cup semisweet (or bittersweet) chocolate chips

For the frosting:

¾ cup semisweet (or bittersweet) chocolate chips
¼ cup heavy cream or 3 tablespoons whole milk

Preheat your oven to 350°F. Lightly grease a 9" square pan.

For the brownies: Combine the zucchini, melted butter, eggs, and vanilla in the work bowl of a food processor, and process until smooth. Add the sugar, cocoa powder, espresso powder, baking powder, salt, and flour; process briefly, just until well combined.

Add the chips, and pulse several times, to break up the chips just a bit. Pour the batter into the prepared pan.

Bake the brownies for 25 to 30 minutes, until a toothpick inserted into the center comes out clean, or with a few moist crumbs clinging to it; you shouldn't see any sign of wet batter. Remove the brownies from the oven, and allow them to cool completely before frosting.

For the frosting: Combine the chocolate chips and milk or cream in a microwave-safe bowl or small saucepan. Heat until the milk is steaming, and the chips are soft. Remove from the heat, and stir until smooth. Spread the frosting atop the brownies. Place them in the refrigerator for an hour or so, to set; then store them at room temperature, covered, for several days.

ZUCCHINI LEMON MUFFINS

2 cups all-purpose flour
½ cup granulated sugar
1 tablespoon baking powder
1 teaspoon table salt
Zest of ½ lemon
½ cup walnuts, chopped
½ cup golden raisins or sweetened dried cranberries
2 large eggs, beaten

½ cup milk

⅓ cup vegetable oil

1 cup zucchini, shredded and packed

Coarse sparkling sugar, optional, for topping

Preheat your oven to 400°F. Grease and flour (or line with papers) a 12-well muffin pan.

Combine the flour, sugar, baking powder, salt and zest in a large bowl. Stir in the walnuts and raisins. In a smaller bowl (or a two cup liquid measure), combine the eggs, milk and oil. Make a well in the center of the dry ingredients and add the wet ingredients.

Stir just until barely combined and then gently fold in the zucchini. Spoon the batter into the pan. Sprinkle with sparkling white sugar, for added crunch and flavor.

Bake for 20 to 25 minutes or until the muffins spring back when you press them with your fingertips. Remove from oven and turn out onto a cooling rack. Serve warm or with a little butter. Store, well-wrapped, for 3 days at room temperature. Freeze for up to a month.

ROASTED ZUCCHINI WITH PARMESAN CHEESE

2 medium zucchini, cut into ½-inch-thick rounds

2 tablespoons extra-virgin olive oil

½ teaspoon sea salt, plus more to taste

½ teaspoon freshly cracked black pepper

1 teaspoon garlic powder

½ cup grated Parmesan cheese

Preheat the oven to 450°F with a rack in the center position.

In a large bowl, toss the zucchini with the olive oil, salt, pepper and garlic powder. Arrange on a rimmed sheet pan in a single layer, top with the Parmesan cheese and bake for 5 minutes. Turn the oven broiler to High. Continue to bake until the cheese is golden brown and the zucchini is tender, about 2-3 minutes.

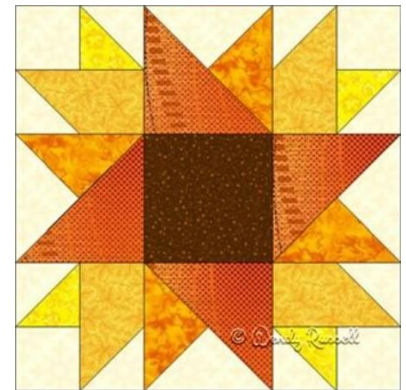
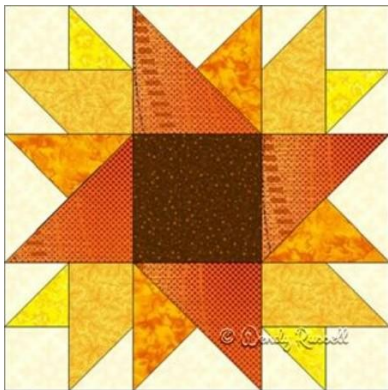


Bonus Block

September 2026

Colors:

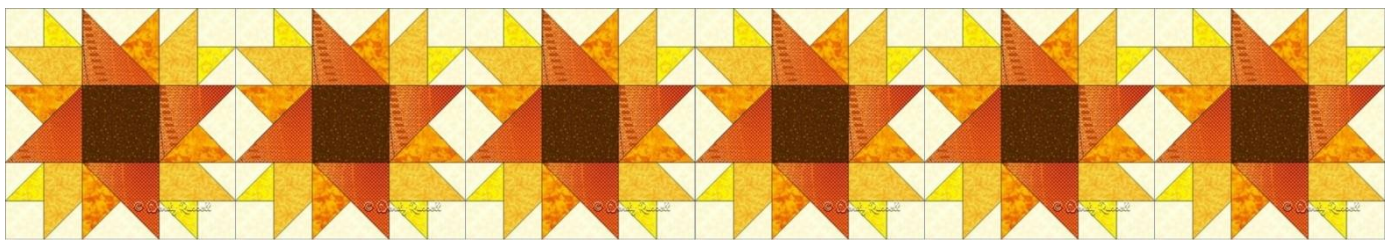
Yellow, Orange, and
Brown with Cream
Background



PATTERN: SUNFLOWER

Pattern from [Patchwork Square](#)

Click the link for the 12" finished block pattern: [Sunflower](#)



JOHNSON TOWN HALL SEWING DAYS

Sewing weekends are open again at the Johnson Town Hall. We set up on the second floor of the Town Hall (elevator available). Large tables are available plus ironing stations and a cutting table.

We meet on the first and third weekend of the month, arrival after 8 am, but you can sew as late as you want. A \$2 daily donation is requested, going to the Town of Johnson for use of the space.

At this time we are planning to have a mailing list only for change of plans, you can send your email to Robin Wright, growingfarm00@gmail.com or Hilda Tallman, sammnvt57@yahoo.com to be on that list. Reminder emails the week before will no longer be going out.

All crafters are welcome!

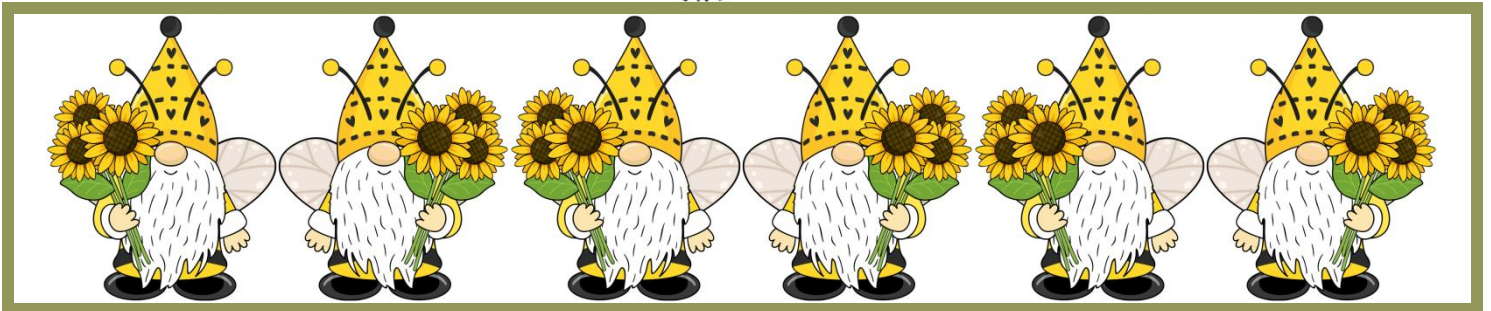
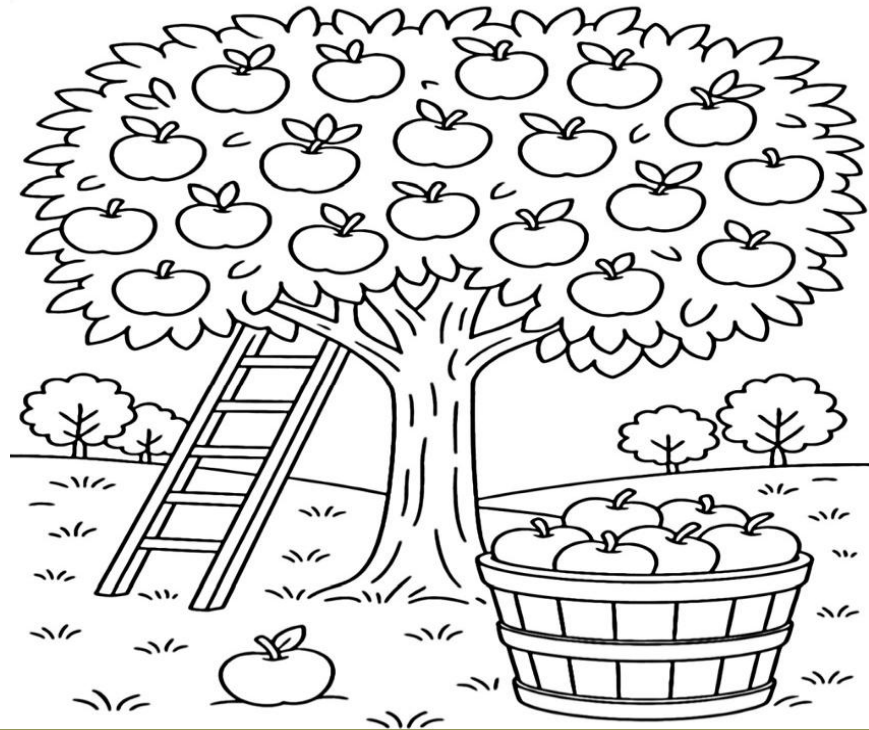


AND EVEN MORE QUILT TIPS!

- A folder rack from an office supply store is perfect for holding rulers. Place rulers in the rack with largest in back and smallest in front, it's easy to find the one you need.
- Use fabrics from your stash to make cloth napkins. Cut a square of fabric and serge or hem the edges. This is a great way to use extra fabric, and they make great gifts!
- Before starting a new quilt, transfer the cutting instructions to a dry erase board. As you cut, erase that size and move on. It's easier than looking at the instructions in the magazine.



EMBROIDERY PATTERN FOR SEPTEMBER



LINK TO BARN QUILT TRAIL OF NORTHERN VERMONT

<http://www.barnquiltsfornorthernvermont.org/>

NEWSLETTER IDEAS WANTED: Do you have a recipe you'd like to share with guild members? Or maybe you've found a great quilting website or blog you'd like to share. Or you've visited a quilt shop within an easy drive which had bargains or a fabric selection no quilter should miss. If so, send an email to CommonThreadsVT@gmail.com, and the newsletter editor will do her best to include it in the next newsletter. Although welcome, your input doesn't have to be a complete article. It could be a few bullets which convey your message. The editor will fill out the article as needed.

Deadline for articles for next newsletter:

Tuesday, September 15th, 2026

Please email articles to Sharon Perry, CommonThreadsVT@gmail.com,
or mail to PO Box 517, Montgomery Center VT 05471



*September is
National Sewing Month*



*"September tries its best to have us forget summer." –
Bernard Williams*