

Volume 5

## N POINT

The Official Newsletter of the Common Threads Quilt Guild of Lamoille County in Morrisville. Vermont

http://commonthreadsvt.org/

CommonThreadsVT@gmail.com



Issue 1

### The President's Block

Hello Fellow Quilters,

As usual the August Potluck was delicious. I want to thank the early arrivers for setting up the tables and everyone's help for cleaning up. The program presentation was great fun and interesting. Thank you Donna Hamel for the suggestion. I don't know about you but I think the biggest take away for me was LABEL YOUR QUILTS!!

I did hear back from the VFW that we have the go ahead to continue having our meeting there. My next step is to see about getting our cupboard there.

Don't forget annual dues (\$20) are to be paid at our September meeting!!!

See you in September

Your President, Cheryl Leach 2025-2026



#### President

Cheryl Leach 802-888-5102

#### Vice President

Lisa Vilord 802- 279-7292

#### Secretary

Sheila Jourdan 802- 279-0969 Robin Wright 802-635-9550

#### Treasurer

Cheryl Leach 802-888-5102

#### **Programs**

Rotating Members

#### Newsletter

Sharon Perry 802-326-3135

#### **Sunshine Cards**

Hilda Tallman 802-888-3808

#### Membership

Denise Mayo 802-585-5876

#### Librarian

Jan Kuhn 802-851-8341

#### **Sunshine Quilts**

Marion Seasholtz 802-635-2731

Common Threads Quilt Guild meets the 2<sup>nd</sup> Thursday, March through December, at 6:30 p.m. at the VFW, 28 VFW Street, in Morrisville

Dues = \$20 annually



#### 2024 - 2025 Guild Calendar **DOORS OPEN AT 6:00 PM; MEETING STARTS AT 6:30 PM**

September 11<sup>th</sup> Creating Quilts with **Electric Quilt 8 with Sharon Perry** 

October 9<sup>th</sup> TBD

November 13<sup>th</sup> Label Your Quilts With Sharon Perry & Carolyn Babcock December 11<sup>th</sup> Holiday Potluck\* TBD with Jane Paine \*Potluck Dinner starts at 6:00 pm

#### <u>2024 – 2025 Guild Calendar</u>

**DOORS OPEN AT 6:00 PM; MEETING STARTS AT 6:30 PM** 

January NO MEETING

February NO MEETING

March 12<sup>th</sup> TBD

April 9<sup>th</sup> TBD

### 2024 - 2025 Guild Calendar

**DOORS OPEN AT 6:00 PM; MEETING STARTS AT 6:30 PM** 

May 14<sup>th</sup> TBD

June 11<sup>th</sup> TBD

July 9<sup>th</sup> TBD

August 13<sup>th</sup> Summer Potluck\* \*Potluck Dinner starts at 6:00 pm





#### Beginning Balance 7/20/2025 \$4,291.81

Income \$0.00

Total Income \$0,00

Subtotal **\$4,291.81** 

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**Expenses** 

Check #633 Hilda Tallman (Sunshine cards & postage) \$18.84

Total Expenses \$18.84

Ending Balance 8/20/2025 \$4,272.97

Respectfully submitted, Cheryl Leach, Treasurer



#### SEPTEMBER MEETING: CREATING QUILTS WITH ELECTRIC QUILT 8

Sharon Perry will be demonstrating some basic features of the software program, Electric Quilt 8 (EQ8), at the September meeting. If you've been intrigued by EQ8, here's your opportunity to see what you can design using the program.

EQ8 is the leading quilt-design software in the world. This full-featured software lets you see your quilt on the screen before you cut a piece of fabric. EQ8 allows you to easily swap and rotate blocks, add borders, and play with different colorways. EQ8 is perfect for beginner and professional quilters with computer skills of all levels.

#### ORGANIZING YOUR SEWING ROOM: THREAD & BOBBINS (From National Quilters Circle)

#### **Bobbin Storage**

- Idea #1: Place tiny scrunchies from the Dollar Store around the bobbins to keep stray tails from tangling.
- Idea #2: Use ice cube trays to organize your bobbins. They are stackable and fit easily into a shelving space or drawer.
- Idea #3: Purchase a ready-made bobbin holder. You can purchase these at most craft stores or look for them at rummage and estate sales.
- Many manufacturers are now selling bobbins already in containers for organization.

#### Thread Spool Storage

- Idea #1: Thread holders that mount to the wall.
- Idea #2: Another easy option is using bookshelves.
- Idea #3: Thread display rack found in quilt shops.
- Idea #4: Use a spice rack.
- Idea #5: Find someone handy to build a custom rack/shelf/drawer for your thread.

## Secretary's Report

#### Secretary's Report August 14, 2025

**Greeting:** Meeting opened at 6:00 pm with potluck; business meeting started at 6:30 pm by president Cheryl Leach.

# Present: 30 attending; Visitors/New Members: None

Birthdays: Happy Birthday to Cindy Smorgans, Linda McGraw, Caroline Hitchcock, Fawn Lanphear and Robin Wright.

**Drawings:** Just for Coming – Hilda Tallman Food Shelf – Carol Moulton

Secretary's Report: Motion to accept – Robin Wheel; Second by Donna Hamel. No discussion; motion passed.

Treasurer's Report: Motion to accept – Robin Wheel; Second by Denise Mayo. No discussion; motion passed.

Sunshine Cards: Hilda Tallman reported she sent cards to Sheila Cross and Bev Ryder.

**Block of the Month:** 8 blocks received this month. Instead of drawing for a winner, the quilts blocks will be used to make quilts for Quilts of Valor. If you are interested in reading about QOV, looking at their criteria or patterns, visit <a href="https://www.qovf.org">www.qovf.org</a>.

- New Block: Patterns distributed for "Petronella." Patterns distributed. Pattern can also be found on Patchwork Square website through a link in the newsletter.
- At this time, we have 1 completed quilt from blocks by Fawn Lanpher and 1 donated by Jan Kuhn.
- We have 24 more March Log Cabin blocks, 15 April Lily Star blocks, 16 May Turn Dash blocks, 18 June Friendship Star blocks, 26 July Star on Star blocks in addition to this month's 8 blocks. Looking for other members who would be interested in making a top.

**Membership:** Denise Mayo will be the new chair. September is our membership renewal month; dues are \$20.

**Raffle Quilt:** The quilt winner was drawn at Antiques and Uniques and is Elizabeth Perkins. She will be getting it at the end of the month from Andrea. Elizabeth is from Johnson originally, now living in Pennsylvania. Additional tickets were sold at Antiques and Uniques, deposit of \$697.

- Discussion around whether we want to keep our site next year at Antiques & Uniques even if not doing a raffle. There is some interest in having guild members sell items there.
- Andrea offered that we have a quilt made by Carolyn Babcock for our next raffle quilt. It has a little work to finish.
- Sharon would like to donate a quilt from Barb O'Toole's collection that would also make a good raffle quilt in the future. It needs to be finished & includes embroidery work.

#### **Old Business:**

- <u>CTQG Shed</u>: the shed at Sterling View can stay in place for now. Andrea feels cutting it in half and moving it would be our cheapest option.
- <u>Meeting Location</u>: Discussion around whether we should also visit Johnson church like we did the VFW. The concern is that it would require switching our day from Thursday to Monday.
  - o Vote on whether to move was 9 in favor of staying and 7 in favor of trying Johnson. Others said it did not matter. Some members stated they could not make a Monday date.
  - o Motion made by Robin Wheel to stay at the Morrisville VFW on the second Thursday. Second by Linda Locke, motion passed. Carmen will contact the VFW to be sure we are still able to meet as we have been. Next meeting date is September 11th.

#### **New Business:**

- Sharon Perry shared there is a meeting speaker and workshop opportunity for October 2026. The speaker, Nina Clotfelter, would be here in person.
- She is coming to the Franklin County Quilters Guild, and the Champlain Valley Quilt Guild is also interested. The participating guilds would share the expenses for her to come, approximately \$600-700.
- Motion by Andrea Blaisdell and second by Sharon Perry to have her do our October 8, 2026 meeting. Motion passed.
- In addition, Nina does a variety of workshops with space for 16. The workshop cost is \$675. Discussion about cost and details followed. Interest in sharing workshop with another guild. Anne Harmon moved to commit to a workshop between 10/7 and 10/11/2026. Second by Andrea Blaisdell. Motion passed.

Program: Members shared their oldest quilt.

**Sew and Tell:** Eight members showed projects they made.

#### Meeting Adjourned at 8:20 pm.

Respectfully submitted,

Robin Wright, Co-Secretary

#### SUNSHINE CARDS FOR OUR MEMBERS

If you know of a guild member who is in need of encouragement or comfort due to an illness, bereavement, etc., please contact Hilda Tallman, 802-888-3808. She will send out an appropriate card.

# NEW GUILD MEETING LOCATION SETTLED

From now on, the guild will be meeting at the Morrisville VFW, 28 VFW Street, behind the River Arts Center on Pleasant Street in Morrisville.



## SEPTEMBER by Annette Wynne

Golden in the garden,
Golden in the glen,
Golden, golden, golden
September's here again!
Golden in the tree tops,
Golden in the sky—
Golden, golden, golden
September's going by!

## FEATURED VIDEO TUTORIAL FOR SEPTEMBER:

https://www.youtube.com/watch?v=R2x68BTlfug

Pint Size Table Runner – September Shabby Fabrics







Melody ChaseSeptember2Elaine FosterSeptember8Martha CoreySeptember18Jane LangdellSeptember27

## ...and many more!!!





That is 25 Finishes in 2025!

Join in the fun and make 25 quilted projects by the end of 2025 and your name will be entered into a special drawing held in December 2025. If you'd like to participate, fill in your name and 25 projects you'd like to finish this year on the list below. This is your list...you can add to it throughout the year if need be to have 25 projects or you can remove a project, or swap out projects, etc...you just have to have **25 Finishes in 2025** AND you must show each project at one of the guild's monthly show and tell. You can show multiple projects in one month. You also don't have to show a project every month, you just have to have **25 Finishes in 2025!** You will maintain your own list, but you must let Sharon Perry know you are participating.

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25 in 2025	<i>NAME:</i>	
1.	14.	
2.	15.	
3.	16.	
4.	17.	
5.	18.	
6.	19.	
7.	20.	
8.	21.	
9.	22.	
10.	23.	
11.	24.	
12.	25.	
13.		



## **Recipe Corner**

#### **CORN PUDDING**

¼ cup granulated sugar

3 tablespoons all-purpose flour

2 teaspoons baking powder

1½ teaspoons salt

6 large eggs

2 cups whipping cream

½ cup unsalted butter, melted

6 cups fresh corn kernels (about 12 ears)

2 tablespoons chopped chives

Preheat oven to 350°F; lightly grease 13x9-inch baking dish.

Combine sugar, flour, baking powder, and salt; set aside.

Whisk together eggs, whipping cream, and butter in a large bowl. Gradually add sugar mixture, whisking until smooth. Stir in corn.

Pour mixture into prepared baking dish.

Bake at 350°F for 40 to 45 minutes or until set. Let stand 5 minutes. Garnish with chives, if desired.

#### **BLACK BEAN AND CORN SALSA**

2½ fresh corn kernels (from 5 ears)

1 tablespoon olive oil

2 teaspoons ground cumin

1 cup chopped red bell pepper (from 1 medium pepper)

2 (15-oz.) cans black beans, drained and rinsed

1 cup chopped tomatoes (5 oz)

1 cup chopped red onion (5 oz)

½ cup chopped fresh cilantro

3 tablespoons fresh lime juice (from 2 limes)

1 tablespoon finely chopped jalapeño chile, seeded

3/4 teaspoon kosher salt

Heat a medium cast-iron skillet over medium-high until hot. Add corn and oil; cook, stirring occasionally, until corn is browned, 5 to 7 minutes.

Add cumin; cook, stirring occasionally, until fragrant, about 1 minute. Remove from heat; stir in bell pepper until combined.

Add beans, tomatoes, onion, cilantro, lime juice, jalapeño, and salt to corn mixture; toss gently to combine. Let stand 10 minutes. Serve.

#### CREAMED CORN PASTA

6 ears fresh corn, shucked

½ cup heavy whipping cream

4 thick-cut bacon slices, chopped

1 medium yellow onion, finely chopped (1½ cups)

3 large garlic cloves, minced (about 1 tablespoon)

2 oz. Parmesan cheese, grated (about  $\frac{1}{2}$  cup), plus more for serving

1 lb. penne pasta

1 tablespoon chopped fresh thyme

1½ teaspoon kosher salt, plus more for salting water

Place 1 ear of corn over a large bowl. Using a peeler, shave the edges of the kernels off into the bowl. Scrape remaining corn kernels and milk from cob with a spoon into bowl with corn kernel tops, reserving cobs. Repeat with remaining corn (yield should be about  $1\frac{1}{2}$  cups kernels and milk). Stir in whipping cream; set aside.

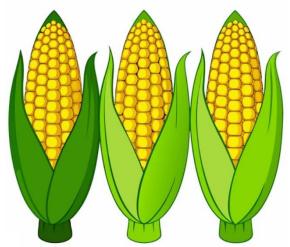
Add cobs to a large pot, and cover with water; salt generously. Bring pot with corn cobs to a boil over high; let boil 20 minutes.

Meanwhile, place chopped bacon in a large skillet; cook over medium-high, stirring often, until crisp, about 10 minutes. Transfer bacon to a paper towellined plate, reserving drippings in skillet.

Add yellow onion and garlic to skillet; cook over medium, stirring often, until tender, about 5 minutes. Stir in corn kernel mixture, and reduce to mediumlow. Cook, stirring often, until slightly reduced, about 5 minutes. Stir in Parmesan cheese until melted. Remove from heat.

Add pasta to pot with corn cobs and boiling water, and cook according to package directions for al dente, about 10 minutes. Drain pasta, reserving 1 cup cooking liquid. Discard corn cobs.

Transfer cooked pasta to skillet with corn mixture. Cook over medium, stirring constantly and adding reserved cooking liquid ¼ cup at a time, as needed, until sauce clings to pasta, about 3 minutes. Remove from heat, and stir in fresh thyme and salt. Top with bacon, and serve with additional Parmesan cheese.



### **Quilt of Valor Block**

## **2025 QOV BLOCK DRIVE**



## <u>Colors:</u> Red, white and blue



PATTERN: PETRONELLA Pattern from Patchwork Square

If you have any questions, call Lisa Vilord, 802-279-7292.

Click the link below for the 12" finished block pattern

https://www.patchworksquare.com/index.php?function=DisplaySheet&sheet=petron ella-quilt-block&id=&mode=quilt (Scroll down to the green download button)



#### JOHNSON TOWN HALL SEWING DAYS

Sewing weekends are open again at the Johnson Town Hall. We set up on the second floor of the Town Hall (elevator available). Large tables are available plus ironing stations and a cutting table.

We meet on the first and third weekend of the month, arrival after 8 am, but you can sew as late as you want. A \$2 daily donation is requested, going to the Town of Johnson for use of the space.

At this time we are planning to have a mailing list only for change of plans, you can send your email to Robin Wright, growingfarm00@gmail.com or Hilda Tallman, sammnvt57@yahoo.com to be on that list. Reminder emails the week before will no longer be going out.

All crafters are welcome!



## CARING FOR YOUR SELF-HEALING CUTTING MAT

#### (From the National Quilters Circle)

Did you know that your mat needs some regular care in order to keep it in tip top shape?

- Every now and then you will want to take a little scrubber (like the kind used for dishes) and brush off your mat to release any loose threads that get caught.
- Once you have the excess loose threads and fibers removed, it's time to moisturize your mat and bring that surface back to life. To soak your mat, place it in a bathtub or container that is large enough so your mat can lie flat. Add a solution of  $\frac{1}{4}$  cup white vinegar per gallon of cool water and let it soak for 15 to 20 minutes. Make sure the water is cool! Warm or hot water can warp your mat. (Continued on Page 8)

#### CARING FOR YOUR SELF-HEALING CUTTING MAT (Cont.)

- Add a bit of mild dish soap and take another soft brush, gently scrubbing the surface of your mat. This will get any fibers that may be trapped in the cuts on your mat and prevent it from self-healing.
- You can dry the mat with a cotton towel or let it air dry flat. Make sure it's flat too you don't want it to warp as it dries.
- And that's it! Just remember, keeping your mat clean, moist, flat, and away from excess heat will preserve it for years to come.

#### QUILTING TIPS FOR BEGINNERS

- Square your half-square triangle blocks. They always go wonky.
- Accurate piecing begins with accurate cutting. Try nonslip grips for the back of your rulers if you are
  having a hard time. Use sharp blades in your rotary cutter.
- If you really care about matching points you have to take the time to line up your seams and pin them.
- Things that are difficult now will be much easier 2 or 3 projects from now. Just keep practicing and it
  will become muscle memory.
- Don't commit yourself to projects with an unrealistic deadline. If it's December 10th, Mom's not getting a quilt for Christmas!
- White fabric will show anything behind it including colored thread and speckled (natural) batting. Make sure you are using the right color batting and either use white thread, or make sure to trim your thread ends and quilt blocks so that nothing shows through your white fabric.







### LINK TO BARN QUILT TRAIL OF NORTHERN VERMONT

### http://www.barnquiltsofnorthernvermont.org/

**NEWSLETTER IDEAS WANTED:** Do you have a recipe you'd like to share with guild members? Or maybe you've found a great quilting website or blog you'd like to share. Or you've visited a quilt shop within an easy drive which had bargains or a fabric selection no quilter should miss. If so, send an email to <a href="mailto:CommonThreadsVT@gmail.com">CommonThreadsVT@gmail.com</a>, and the newsletter editor will do her best to include it in the next newsletter. Although welcome, your input doesn't have to be a complete article. It could be a few bullets which convey your message. The editor will fill out the article as needed.

### **Deadline for articles for next newsletter:**

Saturday, September 20th, 2025

Please email articles to Sharon Perry, <a href="mailto:CommonThreadsVT@gmail.com">CommonThreadsVT@gmail.com</a>, or mail to PO Box 517, Montgomery Center VT 05471



September is National Chicken Month



"All the months are crude experiments, out of which the perfect September is made." ~ Virginia Woolf