

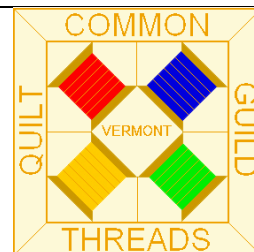
Volume 4

ON POINT

The Official Newsletter
of the Common Threads Quilt Guild of Lamoille County
in Hyde Park, Vermont

<http://commonthreadsvt.org/>

CommonThreadsVT@gmail.com



Issue 12

The President's Block

Hello Fellow Quilters,

I think the meeting at the VFW went well. However, it was brought to my attention by Donna Hamel that because the space is much larger than Sterling View some people had a hard time hearing. Her very good suggestion is to set the tables up in a square so that we are all facing each other. We will try this at our August meeting.

Donna also had a suggestion for our August program, so for the August meeting. Bring the oldest quilt that you have it can be one you have made or been gifted or inherited.

When it comes to programs, what do think of the idea that we put everyone's name in a hat and draw two names at each meeting? Those two members would be responsible for the program at our next meeting. Or the first person drawn could pick the person they want as their partner? Remember the program does not have to be quilt related; it could be anything that is of interest to you. Just some food for thought.

See you in August.

Your President,
Cheryl Leach
2024-2025



President

Cheryl Leach 802-888-5102

Vice President

Lisa Vilord 802- 279-7292

Secretary

Sheila Jourdan 802- 279-0969

Robin Wright 802-635-9550

Treasurer

Cheryl Leach 802-888-5102

Programs

Rotating Members

Newsletter

Sharon Perry 802-326-3135

Sunshine Cards

Hilda Tallman 802-888-3808

Membership

Denise Mayo 802-585-5876

Librarian

Jan Kuhn 802-851-8341

Sunshine Quilts

Marion Seasholtz 802-635-2731

Common Threads Quilt Guild
meets the 2nd Thursday,
March through December,
at 6:30 p.m. at the
Sterling View
Community Center
in Hyde Park

Dues = \$20 annually



2024 - 2025 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

September 12th Trunk Show
with Karen Abrahamovich

October 10th B-I-N-G-O!

November 14th Lynn Carrier, Vermont
Coordinator for
Quilts of Valor

December 12th Holiday Potluck*

*Potluck Dinner starts at 6:00 pm

2024 – 2025 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

January NO MEETING

January 25th Sunshine Quilt Workday

February NO MEETING

February 1st Sunshine Quilt Workday

March 13th "Can't Cut Into It" Fabric

April 10th No Program

2024 – 2025 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

May 8th Salvage Bag with
Robin Wheel

June 12th No program

July 10th TBD

**August 14th Summer Potluck
Oldest Quilts Sew & Tell**



Treasurer's Report

Beginning Balance 6/20/2025		\$3,654.81
Income		
7/15/2025 Deposit (Return of bank for Antiques & Uniques (A&U))	\$300.00	
7/15/2025 Deposit (Ticket sales \$267; ticket sales at A&U; quilts sales at A&U)	637.00	
	<hr/>	
<i>Total Income</i>	\$937.00	
		<i>Subtotal</i>
		\$4,591.81
Expenses		
Check #632 Bank for Antiques & Uniques	\$300.00	
	<hr/>	
<i>Total Expenses</i>	\$300.00	
Ending Balance 7/20/2025		\$4,291.81

Respectfully submitted,
Cheryl Leach, Treasurer



AUGUST MEETING: "OLDEST QUILTS" SEW & TELL AND SUMMER POTLUCK

The August meeting will feature Sew & Tell of guild members "Oldest Quilts." Members are asked to bring the oldest quilt that you have. It can be one you have made or been gifted or inherited. Don't forget to bring your regular sew & tell items too.

August also marks the end of the guild's membership year, and guild members celebrate with an end-of-year summer potluck. So **bring your favorite summer dish to share**. Don't forget to mark if it contains any nuts for those with allergies. **We'll start eating at 6:00 pm.** Also as a reminder, we're meeting at the Morrisville VFW.

UNCONVENTIONAL QUILTING TOOLS (Cont. from July) (From the Quilting Hub)

Not all the tools we use during our quilting projects are conventional. Explore some fascinating alternatives you can use today!

Pool Noodles: Yes pool noodles those foam noodles that children and adult alike use to float around a pool are great for quilting. You can purchase a new one and wrap your quilt around it for transport so that it will not get creases. Some machine quilters also wrap their quilts around them to keep the excess fabric controlled while they are working on the other side of the quilt.

Light Table Option: If you don't really have space for a dedicated tracing table, you can always just purchase a component. Removing a leaf from your dining table, place a lamp underneath the opening, and then place a piece of plexiglass on top, and like magic, you have an instant light table that is great to use to trace your patterns. (Continued on page 3)

Secretary's Report

Secretary's Report May 8, 2025

Greeting: President Cheryl Leach opened the meeting at 6:30 pm in the Morrisville VFW.

Present: 25 attending; **Visitors/New Members:** None

Birthdays: Happy Birthday to Ann Owens, Hilda Tallman, Grace Sweet, Elena Tague and Donna Hamel.

Drawings: No drawings this month.

Secretary's Report: Motion to accept – Robin Wheel; Second by Sharon Witbeck. No discussion; motion passed.

Treasurer's Report: Motion to accept – Robin Wheel; Second by Sharon Witbeck. No discussion; motion passed.

Sunshine Cards: Hilda Tallman reports she sent one card to Robin Wheel.

Block of the Month: 19 blocks were submitted this month. Instead of drawing for a winner, the quilts blocks will be used to make quilts for Quilts of Valor. If you are interested in reading about QOV, looking at their criteria or patterns, visit www.qovf.org. **New Block:** Patterns distributed for "Brasstown Star"; Lisa made a correction to the pattern. Patterns distributed. Pattern can also be found on Patchwork Square [website](#). Fawn Lanpher has volunteered to put together the log cabin quilt blocks.

Sunshine Quilts: No new updates. Some discussion on the committee and work sessions for the quilts. Possible meeting activity. Recommend for future agenda item.

Raffle Quilt: Antiques & Uniques is this coming weekend. The quilt will be there; it's the last chance to sell tickets. Volunteers are needed for the booth. Winner will be drawn at the end of the day.

Old Business:

CTQG Shed at Sterling View discussion:

- No members reported an interest in purchasing the shed, Sterling View found that Town & Country would not move on the road, but would move in the park for \$400 to \$700 depending on distance. Jan said at this time the \$3700 is higher than the board wants to pay.
- Andrea has done a lot of research on the shed if moved or if sold and shipping container purchased. If we were to move it we would have to take it apart to get into a size that can be moved and we would still need about \$1500 worth of material as a base.
- Shipping containers are 20 or 40 feet; the cheaper ones probably have issues. Fairfax business has used ones for \$2800 or \$3000, wood slatted floors. Delivery fee of \$185.
- New ones are \$4500 and rental is \$120 / month with 2 delivery fees.
- Discussion with no final decision. Jan says the park is not putting a move date on the shed currently.

New Business: Pot luck next month, at the Morrisville VFW.

Program: None;

Sew and Tell: Eight members showed projects they made.

Meeting Adjourned at 7:45 pm.

Respectfully submitted,
Robin Wright, Co-Secretary



UNCONVENTIONAL QUILTING TOOLS (Cont. from July) (From the Quilting Hub)

Parchment Paper: When you want to protect your work surface from pressing sprays, adhesives, etc. Parchment paper can help you keep your work surface clean and dry. It can also act as a pressing sheet when in a pinch.

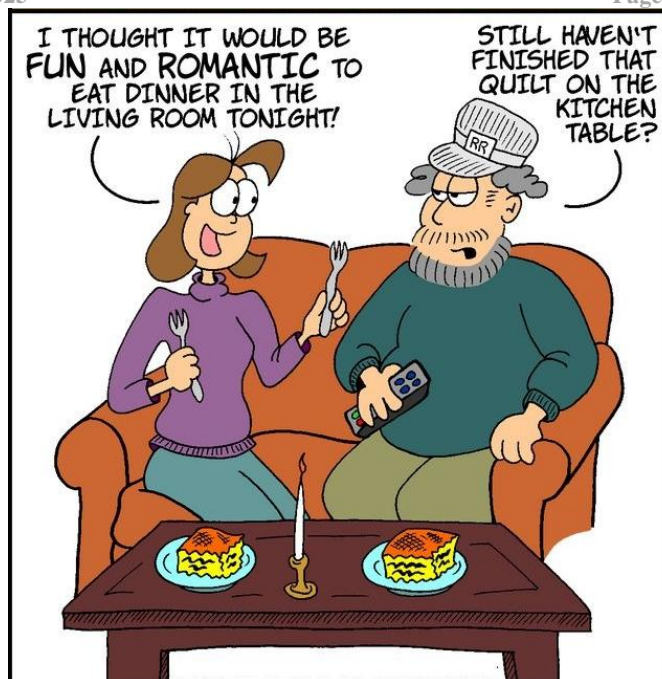
Extension Cord with Surge Protector: Don't forget to purchase a great extension cord with a surge protector. Our irons and machines can call for a lot of power, and we just have to protect them whether at home or on retreat, don't forget the surge protector! *(Continued on page 7)*

SUNSHINE CARDS FOR OUR MEMBERS

If you know of a guild member who is in need of encouragement or comfort due to an illness, bereavement, etc., please contact Hilda Tallman, 802-888-3808. She will send out an appropriate card.

NEW GUILD MEETING LOCATION FOR AUGUST

The guild meeting for August will be held at the Morrisville VFW, 28 VFW Street, behind the River Arts Center on Pleasant Street in Morrisville.



Cindy Smorgans	August	2
Linda McGraw	August	9
Caroline Hitchcock	August	30
Fawn Lanphear	August	30
Robin Wright	August	30

...and many more!!!



AUGUST IS
NATIONAL
PEACH
MONTH

AUGUST
by Annette Wynne

August days are hot and still,
Not a breath on house or hill,
Not a breath on height or plain,
Weary travelers cry for rain;
But the children quickly find
A shady place quite to their mind;
And there all quietly they stay,
Until the sun has gone away,—
August is too hot for play!

FEATURED VIDEO TUTORIAL FOR AUGUST:

<https://www.youtube.com/watch?v=BVxE2uPhJJ8>

Pint Size Table Runner – August
Shabby Fabrics



 Cut along dotted line

NAME: _____

GTR' GTR' GTR' GTR' GTR' GTR' GTR' GTR' GTR'
DONE DONE DONE DONE DONE DONE DONE DONE DONE

Recipe Corner

PEACH COBBLER

For the peach filling:

5 peaches, peeled, cored and sliced (4 cups or 600-700g)

$\frac{3}{4}$ cup granulated sugar (150 g)

$\frac{1}{4}$ teaspoon salt

For the batter:

6 Tablespoons butter (85 g)

1 cup all-purpose flour (120 g)

1 cup granulated sugar (200 g)

2 teaspoons baking powder

$\frac{1}{4}$ teaspoon salt

$\frac{3}{4}$ cup milk (180 ml)

Ground cinnamon

Add the sliced peaches, sugar and salt to a saucepan and stir to combine. If using canned peaches, skip steps 1&2 and follow the directions starting at step 3.

Cook on medium heat for just a few minutes, until the sugar is dissolved and helps to bring out juices from the peaches. Remove from heat and set aside.

Preheat oven to 350 degrees F. Slice butter into pieces and add to a 9x13 inch baking dish. Place the pan in the oven while it preheats, to allow the butter to melt. Once melted, remove the pan from the oven.

In a large bowl mix together the flour, sugar, baking powder, and salt. Stir in the milk, just until combined. Pour the mixture into the pan, over the melted butter and smooth it into an even layer.

Spoon the peaches and juice (or canned peaches, if using) over the batter. Sprinkle cinnamon generously over the top.

Bake at 350 degrees for about 38-40 minutes. Serve warm, with a scoop of ice cream, if desired.

Note: To substitute canned peaches, use 1 quart jar, undrained.

CHICKEN WITH PEACH-AVOCADO SALSA

1 medium peach, peeled and chopped

1 medium ripe avocado, peeled and cubed

$\frac{1}{2}$ cup chopped sweet red pepper

3 tablespoons finely chopped red onion

1 tablespoon minced fresh basil

1 tablespoon lime juice

1 teaspoon hot pepper sauce

$\frac{1}{2}$ teaspoon grated lime zest

$\frac{3}{4}$ teaspoon salt, divided

$\frac{1}{2}$ teaspoon pepper, divided

4 boneless skinless chicken breast halves (6 oz each)

For salsa, in a small bowl, combine peach, avocado, red pepper, onion, basil, lime juice, hot pepper sauce, lime zest, $\frac{1}{4}$ teaspoon salt and $\frac{1}{4}$ teaspoon pepper.

Sprinkle chicken with remaining $\frac{1}{2}$ teaspoon salt and $\frac{1}{4}$ teaspoon pepper. On a lightly greased grill rack, grill chicken, covered, over medium heat 5 minutes. Turn; grill until thermometer reads 165°, 7-9 minutes longer. Serve with salsa.

BREAKFAST RICE PUDDING WITH PEACHES

1 $\frac{1}{3}$ cups uncooked long grain or basmati rice

1 can (15 $\frac{1}{4}$ oz) peach halves, drained

1 cup canned or frozen pitted tart cherries, drained

1 cup heavy whipping cream

$\frac{1}{2}$ cup packed brown sugar, divided

$\frac{1}{4}$ cup old-fashioned oats

$\frac{1}{4}$ cup sweetened shredded coconut

$\frac{1}{4}$ cup chopped pecans

$\frac{1}{4}$ cup butter, melted

Cook rice according to package directions.

Preheat oven to 375°. In a large bowl, combine rice, peaches, cherries, cream and $\frac{1}{4}$ cup brown sugar.

Transfer to a greased 1 $\frac{1}{2}$ -qt. baking dish.

Combine oats, coconut, pecans, butter and remaining brown sugar; sprinkle over rice. Bake, uncovered, until golden brown, 25-30 minutes.

PEACHY FRUIT SMOOTHIE

1 $\frac{1}{4}$ cups 2% milk

1 cup lemon yogurt

1 cup orange juice

3 tablespoons sugar

$\frac{1}{2}$ teaspoon vanilla extract

16 ounces frozen unsweetened peach slices

In a blender, combine all the ingredients; cover and process until smooth. Serve in chilled glasses.



Quilt of Valor Block

2025 QOV BLOCK DRIVE



Colors:
Red, white
and blue



PATTERN: BRASSTOWN STAR
Pattern from [Patchwork Square](https://www.patchworksquare.com/index.php?function=DisplaySheet&sheet=brasstown-star-quilt-block&id=&links=1&link1=&mode=quilt)

If you have any questions, call Lisa Vilord, 802-279-7292.

Click the link below for the 12" finished block pattern

<https://www.patchworksquare.com/index.php?function=DisplaySheet&sheet=brasstown-star-quilt-block&id=&links=1&link1=&mode=quilt> (Scroll down to the green download button)

***** CORRECTION: *Cut 4 squares for Fabric 1 and Fabric 2 to 2 7/8" instead of 4"* *****



JOHNSON TOWN HALL SEWING DAYS

Sewing weekends are open again at the Johnson Town Hall. We set up on the second floor of the Town Hall (elevator available). Large tables are available plus ironing stations and a cutting table.

We meet on the first and third weekend of the month, arrival after 8 am, but you can sew as late as you want. A \$2 daily donation is requested, going to the Town of Johnson for use of the space.

At this time we are planning to have a mailing list only for change of plans, you can send your email to Robin Wright, growingfarm00@gmail.com or Hilda Tallman, sammnvt57@yahoo.com to be on that list. Reminder emails the week before will no longer be going out.

All crafters are welcome!

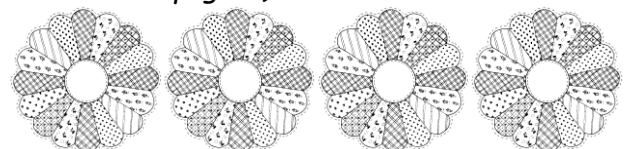


UNCONVENTIONAL QUILTING TOOLS

(Cont. from July)
(From the Quilting Hub)

Design Walls: Design walls can be fairly pricey when purchased for their intended use, but there are less expensive options. A flannel-backed tablecloth pinned or taped (with painters tape) to your wall will hold your blocks in place so that you may move them around and get the design just right. Another option is to purchase a piece of foam insulation and cover it with batting and flannel. This is a more "permanent" option if you have a dedicated stitching space.

(Continued on page 8)



UNCONVENTIONAL QUILTING TOOLS (From the Quilting Hub)

Rubber Finger Tips, Tweezers, Needle-Nosed Pliers, and Hemostats: Some of us have a hard time getting used to thimbles or have dexterity issues that make pulling needles through fabric more difficult and rubber finger tips can help. When those are not quite strong enough, tweezers, needle-nosed pliers, and hemostats (traditionally used for surgery) can be used.

TV Tray Tables: They are not just for eating anymore! Wooden TV tray tables can be covered with batting and ironing board fabric and used as an extra pressing surface, or just a staging area beside your sewing machine. They are fairly inexpensive and a great take-along for additional workspace at retreats also.

QUILT TIPS

- Make your binding when you finish your quilt. Then you won't accidentally use the fabric for another project before the quilt gets finished.
- Make your outside border about 1/2" larger than you really want it. That will give you room to square up the quilt after it is quilted.
- Use a different colored thread in the bobbin. Should you have to rip out, clip every third or fourth top thread and the bobbin thread will pull out easily.
- If one of the blocks or the top or border is SLIGHTLY larger, put the larger one on the bottom (i.e. Big On Bottom (BOB)) when sewing, pin liberally, and the feed dogs will squeeze them to fit.



LINK TO BARN QUILT TRAIL OF NORTHERN VERMONT

<http://www.barnquiltsfornorthernvermont.org/>

NEWSLETTER IDEAS WANTED: Do you have a recipe you'd like to share with guild members? Or maybe you've found a great quilting website or blog you'd like to share. Or you've visited a quilt shop within an easy drive which had bargains or a fabric selection no quilter should miss. If so, send an email to CommonThreadsVT@gmail.com, and the newsletter editor will do her best to include it in the next newsletter. Although welcome, your input doesn't have to be a complete article. It could be a few bullets which convey your message. The editor will fill out the article as needed.

Deadline for articles for next newsletter:

Wednesday, August 20th, 2025

Please email articles to Sharon Perry, CommonThreadsVT@gmail.com,
or mail to PO Box 517, Montgomery Center VT 05471



August is National Golf Month



*"Breathe the sweetness that hovers in August."
~ Denise Levertov*