

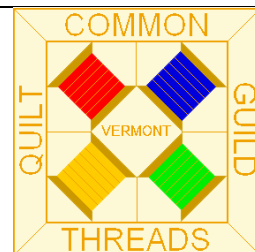
Volume 2

ON POINT

The official newsletter
of the Common Threads Quilt Guild of Lamoille County
in Hyde Park, Vermont

<http://commonthreadsvt.org/>

CommonThreadsVT@gmail.com



Issue 12

AUGUST 2023

The President's Block

Greetings fellow Quilters,

I do hope none of you have suffered from the flood. What a week it has been for Vermont! I'm sure that some of the charity quilts will be needed by those less fortunate.

Since this is my last letter as President, I wish to thank all of you who have supported me during the past year. I also wish to thank Donna and Sally for the work they put in as nominating committee.

I haven't accomplished much on my 23 in 23, but I'll keep plugging along. I am working on a special project having to do with the quilts used for directions on the Underground Railroad. A subject I have found fascinating since I first read about it in a novel.

Remember that the August meeting is our summer potluck, and September is dues month.

Farewell and keep on quilting,

Carol Moulton
2022 – 2023 President



President

Carol Moulton 802-888-3560

Vice President

Denise Mayo 802-585-5876

Secretary

Grace Sweet 802-244-7123

Robin Wright 802-635-9550

Treasurer

Cheryl Leach 802-888-5102

Programs

Andrea Blaisdell 802-635-8389

Newsletter

Sharon Perry 802-326-3135

Sunshine Cards

Hilda Tallman 802-888-3808

Membership & Librarian

Jan Kuhn 802-851-8341

Sunshine Quilts

Marion Seasholtz 802-635-2731

Common Threads Quilt
Guild meets the 1st Thursday,
March through December,
at 6:30 p.m. at the
Sterling View
Community Center
in Hyde Park

Dues = \$20 annually



2022 - 2023 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

September 1st Back to Basics:

Understanding Fabric
Construction & Properties

October 6th Back to Basics:

All About Quilting Fabric

November 3rd Back to Basics:

Needles & Threads & More...Oh My!

December 1st Potluck & Exchange

Back to Basics: Fabric Prep & Demos

2022 – 2023 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

January 28th Back to Basics:
Learning & Sewing Session **CANCELLED**

February 25th Back to Basics:
Learning & Sewing Session, 9am-3pm

March 2nd Back to Basics:
Color Theory

April 6th Back to Basics:

Modern Quilting with
Weeks Ringle & Bill Kerr

2022 – 2023 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

May 4th Back to Basics:
Paper Piecing

June 1st Back to Basics:
All About Appliqué

July 6th Back to Basics:
Getting Your Blocks In Order

August 3rd Summer Potluck
Back to Basics Sew & Tell

Treasurer's Report

Beginning Balance 6/16/2023 \$4,561.46

Income

Antiques & Uniques (7/10/2023) \$73.50

Total Income \$73.50

Subtotal \$4,634.96

Expenses

Check #608 Sharon Perry Printing (July) \$6.00

Total Expenses \$6.00

Ending Balance 7/16/2023 \$4,628.96

Respectfully submitted,
Cheryl Leach, Treasurer



AUGUST MEETING: "BACK TO BASICS" SEW & TELL AND SUMMER POTLUCK

The August meeting will feature sew & tell of any items members made using tips or techniques demonstrated during the guild's yearlong "Back to Basics" program. If you decided to make something using batiks after learning how they are made or if you participated in the Learn & Sew session in February, bring those items for sew & tell. If you decided to try paper piecing after the Program in May or you made a modern quilt after the discussion with Weeks Ringle and Bill Kerr in April, bring those items as well. Don't forget to bring your regular sew & tell items too.

August also marks the end of the guild's membership year, and guild members celebrate with an end-of-year summer potluck. So **bring your favorite summer dish to share**. Don't forget to mark if it contains any nuts for those with allergies. **We'll start eating at 6:00 pm.**



Secretary's Report

Secretary's Report July 6, 2023

Meeting called to order: At 6:30 pm; Carol Moulton, President, presiding.

Present: 27 members; **Guests:** None **New Members:** None

Birthdays: Ann Owens July 4th, Michelle Paige July 7th, Hilda Tallman July 18th, Grace Sweet July 21st, Elena Tague July 26th, Donna Hamel July 31st

Drawings: Caroline Hitchcock won for "Just for Coming"; there were no entries for the food shelf donation.

Secretary's Report: Sharon Perry moved to accept; Hilda Tallman seconded. Motion passed.

Treasurer's Report: Sharon Perry moved to accept; Denise Mayo seconded. Motion passed.

Sunshine Cards: Hilda Tallman reported she sent cards to Scott Perry, Denise Mayo, and Bill Moulton.

Block of the Month: Sheila Cross won this month's blocks. The block for next month is the Garden Block in bright and scrappy colors. Sharon Perry will put a link to the block's instructions in the newsletter. Special directions – for an easy method on making ½ square triangle, directions are included on print sheet, and Sharon will include a link for the instructions in the newsletter.

Old Business: Antiques & Uniques is this coming Saturday. Marion has pulled some quilts to sell. We will have a 10' X 10' tent; there is an additional 10' so another tent can be added. Members can sell their items, get to Andrea or bring them to Craftsbury. Sign-up sheet circulated for manning the booth.

2023-2024 Slate of Officers:

Cheryl Leach – has agreed to be president for 1 year; she will keep the Treasurer position

Denise Mayo – Vice President

Grace Sweet/Robin Wright – Secretary

Hilda Tallman – Sunshine Cards

Marion Seasholtz – Sunshine quilts

Sharon Perry – Newsletter

*Need someone for programs – Sharon Perry recommends the theme can be based on our 35th birthday year; she can give someone notes on how to get donations from businesses.

New Business:

- Potluck for the August meeting
- Bring a dish to share
- Meeting (eating) will begin at 6:00 pm

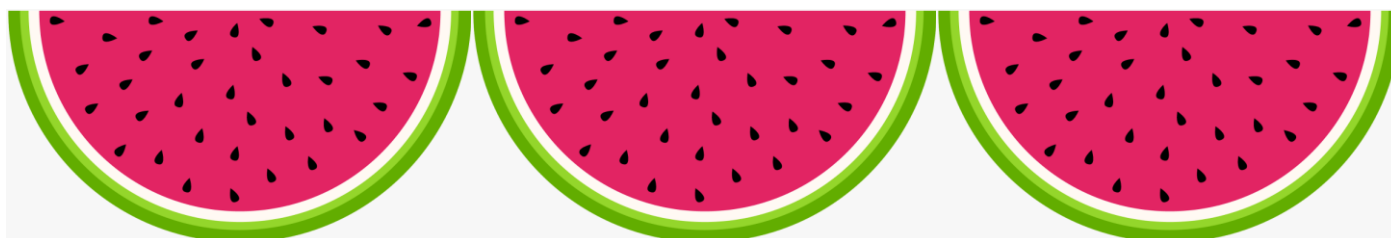
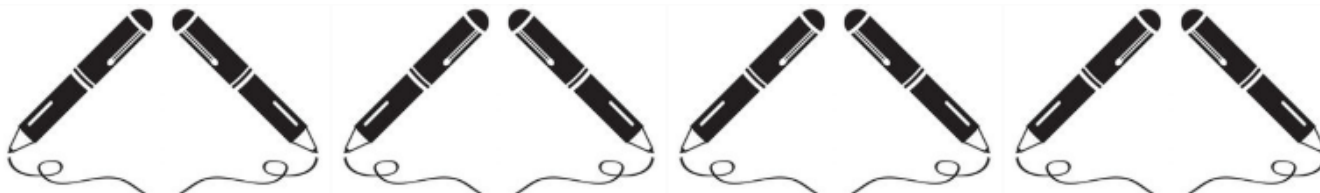
Sew & Tell: Members shared their creations.

Program: This month's program is getting your blocks in order. Sharon Perry, Andrea Blaisdell, and Carolyn Babcock showed numerous settings for a variety of blocks.

Meeting Adjourned: At approximately 8:00 pm.

Respectfully Submitted

Robin Wright, Co-Secretary



Block of the Month

AUGUST 2023



Colors: Make it bright and scrappy

Video tutorial for Magic 8 HSTs:

<https://www.youtube.com/watch?v=KFn2MkQCK9E>

Picture tutorial for Magic 8 HSTs:

<https://www.seasonedhomemaker.com/magic-8-half-square-triangles/>



PATTERN: Garden Block

Pattern from www.patchworksquare.com

If you have any questions, call Lisa Vilord, 802-279-7292.

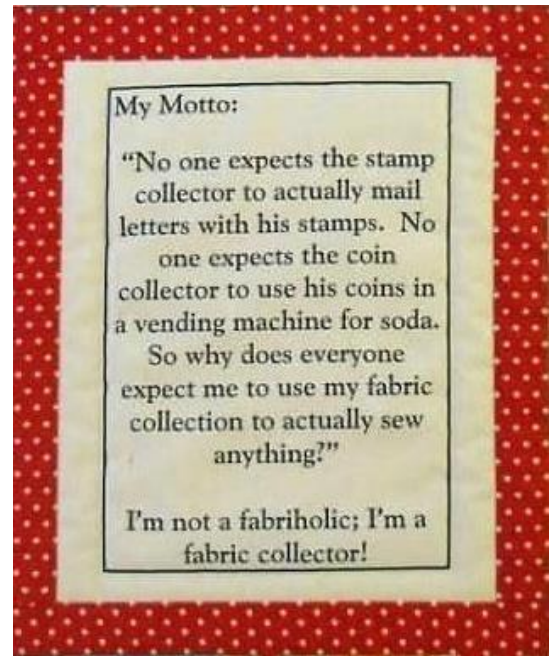
Click the link below for the Garden Block 12" finished block pattern*

<https://www.patchworksquare.com/mf/garden-block-quilt-block.pdf>

*Please note the pattern has instructions for 3 sizes; please make the 12" finished quilt block.



"I'm a quiltaholic on the road to recovery. Just kidding! I'm on my way to the fabric store."



SUNSHINE CARDS FOR OUR MEMBERS

If you know of a guild member who is in need of encouragement or comfort due to an illness, bereavement, etc., please contact Hilda Tallman, 802-888-3808. She will send out an appropriate card.

SUPPORTING THE LOCAL COMMUNITY

Guild members are asked to bring nonperishable food shelf donations to Sterling View, the host site of our meetings. Sterling View distributes those donations to the local food shelf. Please drop your items in the basket near the door.



Shall I Keep My Scraps? (From the Quilting Hub)

Have you ever considered disposing of your quilting scraps but been unsure which ones to keep, which to use to make new quilts, and which ones to donate for charity projects?

Keeper Scraps: If you have made a quilt for a loved one that gets used and washed regularly, it is a great idea to keep the quilt scraps so that if accidents occur you can fix that special comfy quilt. This is especially a good idea if the quilt was made for a baby or small child that may ultimately hold onto their quilt for many years using it as a "lovey" and dragging it with them wherever they may go. These quilts get lots of time in the washer and dryer and are subject to developing "character" over the years especially if there is a four-legged friend in the house. Those preserved scraps might be just what are needed to give those well-loved quilts a bit more life and cover a few of the scars that it develops over time.

Scraps to Use: If you have accumulated a large number of scraps from quilting projects that you have made and sold, or gifted to charities, these are perfect for use in another quilt. Also, scraps left over from small projects like wallhangings, masks, and table runners are fair game to use to make another item of beauty as they are much less likely to be needed for repairs to small projects.

Scraps to Donate: If your scrap assortment contains lots of "odd" color fabrics or ones that don't coordinate well with your other fabrics, these may be perfect for donation to charity quilts, dog bed fillers, cat mats, etc., in some cases charities will purposefully ask for "ugly" quilts so they will not be fought over when they are given away to the homeless. Small scraps are great for use in dog beds and since they will not be seen, it makes no difference what colors or sizes they are.

The most important thing to remember is that your scraps can be used, so there is no reason to throw them away, keep them for potential repair of lovies, make a new quilt that is a great collection of memories from past projects, or bless others by using your scraps for donations.



Cindy Smorgans	August 2 nd
Oleta Marckres	August 9 th
Linda McGraw	August 9 th
Caroline Hitchcock	August 30 th
Robin Wright	August 30 th

...and many more!!!



That is **23 Finishes in 2023!**

Join in the fun and make 23 quilted projects by the end of 2023 and your name will be entered into a special drawing held in December 2023. If you'd like to participate, fill in your name and 23 projects you'd like to finish this year on the list below. This is your list...you can add to it throughout the year if need be to have 23 projects or you can remove a project, or swap out projects, etc...you just have to have **23 Finishes in 2023** AND you must show each project at one of the guild's monthly show and tell. You can show multiple projects in one month. You also don't have to show a project every month, you just have to have **23 Finishes in 2023!** You will maintain your own list, but you must let Sharon Perry know you are participating.

* * * * * Cut along dotted line * * * * *

23 Finishes in 2023

NAME: _____

1.	13.
2.	14.
3.	15.
4.	16.
5.	17.
6.	18.
7.	19.
8.	20.
9.	21.
10.	22.
11.	23.
12.	



Recipe Corner

LEMON-RASPBERRY STREUSEL MUFFINS

2 cups all-purpose flour
 ½ cup sugar
 2 teaspoons baking powder
 ½ teaspoon baking soda
 ½ teaspoon salt
 2 large eggs, room temperature, lightly beaten
 1 cup lemon yogurt
 ½ cup vegetable oil
 1 teaspoon grated lemon zest
 1 cup fresh or frozen raspberries

Topping:

⅓ cup sugar
 ¼ cup all-purpose flour
 2 tablespoons butter or margarine

In a large bowl, combine flour, sugar, baking powder, baking soda and salt; set aside.

Combine eggs, yogurt, oil and lemon zest; mix well. Stir into dry ingredients just until moistened. Fold in raspberries.

Fill greased or paper-lined muffin cups three-fourths full. For topping, combine sugar and flour. Cut in butter until mixture resembles coarse crumbs; sprinkle about 1 tablespoon over each muffin.

Bake at 400° for 18-20 minutes or until muffins test done. Cool in pan 10 minutes before removing to a wire rack.

RASPBERRY LEMONADE CONCENTRATE

4 pounds fresh raspberries (about 14 cups)
 6 cups sugar
 4 cups lemon juice
 Chilled tonic water or ginger ale
 Ice cubes

Place raspberries in a food processor; cover and process until blended. Strain raspberries, reserving juice. Discard seeds. Place juice in a Dutch oven; stir in sugar and lemon juice. Heat over medium-high heat to 190°. Do not boil.

Remove from heat; skim off foam. Carefully ladle hot mixture into five hot 1-pint jars, leaving ¼-in. headspace. Wipe rims; screw on bands until fingertip tight.

Place jars into canner simmering water, ensuring that they are completely covered with water. Bring to a boil; process for 10 minutes. Remove jars and cool.

To use concentrate: Mix 1 pint concentrate with 1 pint tonic water. Serve over ice.

RASPBERRY REFRESHER

8 cups fresh or frozen raspberries, thawed
 1 ½ cups sugar
 ⅔ cup cider vinegar
 2 ½ cups cold water, divided
 2 liters ginger ale, chilled

In a large saucepan, crush the berries. Stir in sugar, vinegar and 1/2 cup water. Bring to a boil; reduce heat. Simmer, uncovered, for 20 minutes.

Strain to remove seeds; refrigerate. Just before serving, stir in ginger ale and remaining water. Serve over ice.

RASPBERRY PATCH CRUMB BARS

3 cups all-purpose flour
 1 ½ cups sugar, divided
 1 teaspoon baking powder
 ¼ teaspoon salt
 ¼ teaspoon ground cinnamon
 1 cup shortening
 2 large eggs, room temperature, lightly beaten
 1 teaspoon almond extract
 1 tablespoon cornstarch
 4 cups fresh or frozen raspberries

In a large bowl, combine the flour, 1 cup sugar, baking powder, salt and cinnamon. Cut in shortening until mixture resembles coarse crumbs. Stir in eggs and extract. Press two-thirds of the mixture into a greased 13x9-in. baking dish.

In a large bowl, combine cornstarch and remaining 1/2 cup sugar; add berries and gently toss. Spoon over crust. Sprinkle with remaining crumb mixture.

Bake at 375° for 35-45 minutes or until bubbly and golden brown. Cool on a wire rack. Cut into bars. Store in the refrigerator.



AUGUST

By Annette Wynne

August days are hot and still,
Not a breath on house or hill,
Not a breath on height or plain,
Weary travelers cry for rain;
But the children quickly find
A shady place quite to their mind;
And there all quietly they stay,
Until the sun has gone away,—
August is too hot for play!

FEATURED VIDEO TUTORIAL FOR AUGUST:

<https://www.youtube.com/watch?v=2xSHoQ4mwXA>

4-Patch Picnic Quilt

Missouri Star Quilt Company

FEATURED PATTERNS

Rainbow Matrix Picnic Quilt:

https://www.paulasteelquilts.com/uploads/1/3/0/7/130742508/rainbow_matrix_picnic_quilt_by_paula_steel_pdf_.pdf

Summer Picnic Quilt: <https://docs.google.com/document/d/1pnE0wk8PtSyW6xIX5Db6htKRg0k09q7I/edit>

Picnic Quilt: <https://drive.google.com/file/d/1YJiEv1GcdqD6nHritaeUbHpBDGMzZRnY/view>

Geometric Squares Picnic Quilt: http://www.piecefulquilter.com/Michele%27s_GeoSquares_pattern-1.pdf

Chevron Picnic Quilt: <https://modafabrics.wordpress.com/2013/10/23/scrumptious-scrappy-chevron-picnic-quilt/>

Picnic Time Quilt: https://www.fatquartershop.com/downloadable/download/sample/sample_id/319/

Perfect Picnic Quilt: https://www.fatquartershop.com/downloadable/download/sample/sample_id/7739/

Hi-de-ho! Picnic Quilt:

https://bearcreekquiltingcompany.com/media/uploads/2017/12/20/files/Hi_De_Ho_Picnic_Free_Quilt_Pattern_by_Maywood_Studio.pdf

Patriotic Picnic Quilt: <https://www.americanquilter.com/media/patriotic-picnic-06-2-16.pdf>

Picnic in the Park Quilt: <https://www.connectingthreads.com/free-download/991657>

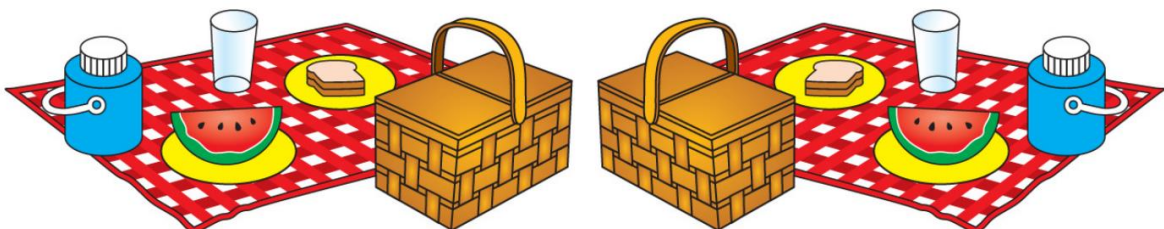
Picnic Perfect Quilt: <https://www.robertkaufman.com/assets/pdf/PicnicPerfect.pdf>

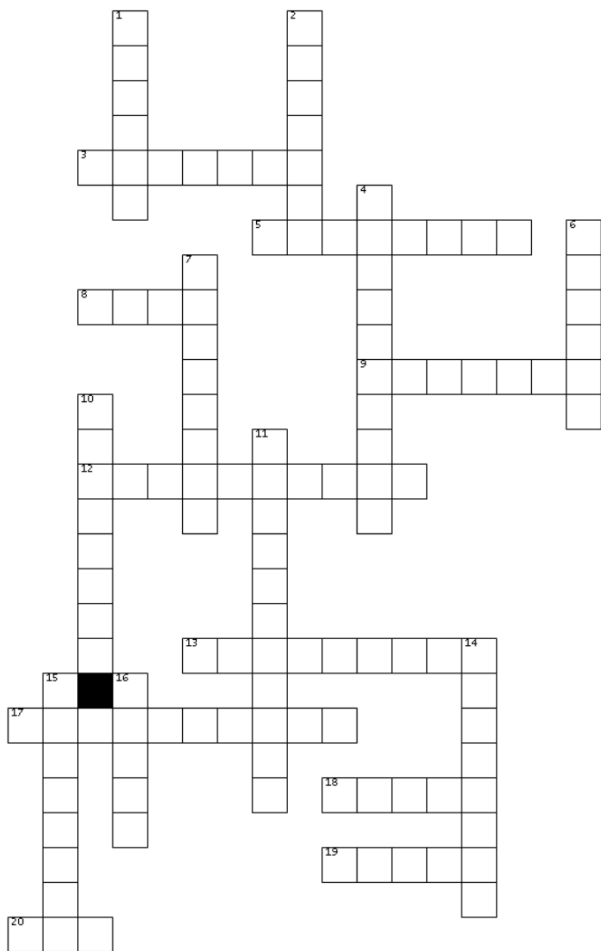
Checkers in the Park Picnic Quilt: <https://scrapatches.blogspot.com/2014/06/checkers-in-park-picnic-quilt-free.html>

Vintage Picnic Quilt: <https://www.printfriendly.com/p/g/ct3tub>

Star Spangled Picnic Quilt: <https://www.benartex.com/uploads/Image/quilt-gallery/475/StarSpangledPicnicQuilt.pdf>

Avignon Picnic Quilt: <https://modafabrics.wordpress.com/2010/05/12/avignon-picnic/>



AUGUST CROSSWORD PUZZLE**ACROSS**

3. A group of meteors that appear annually in August
5. The 1st full moon which occurs on August 1st in 2023
8. The 2nd full moon which occurs on August 30th in 2023
9. Ice cream in layers of different colors, flavors, and textures often with candied fruits and nuts
12. Structure built on the beach by children using buckets
13. One of August's 2 birth flowers
17. Large fruit of a plant of the gourd family, with smooth green skin, red pulp, and watery juice
18. One of 2 zodiac signs in August
19. One of August's 2 birth flowers
20. One of 2 zodiac signs in August

DOWN

1. A campfire snack made with marshmallows, graham crackers, and chocolate bars
2. One of August's 2 birthstones
4. A popsicle made with orange sherbet and vanilla ice cream
6. Meal eaten outdoors as part of an excursion
7. Refreshing drink made from a citrus fruit
10. Annoying blood-sucking summer insect
11. A sweet, soft treat toasted over the campfire
14. One of August's 2 birthstones
15. An outdoor fire for warmth or cooking
16. A round stone fruit with juicy yellow flesh and downy pinkish-yellow skin

LINK TO BARN QUILT TRAIL OF NORTHERN VERMONT

<http://www.barnquiltsofnorthernvermont.org/>

NEWSLETTER IDEAS WANTED: Do you have a recipe you'd like to share with guild members? Or maybe you've found a great quilting website or blog you'd like to share. Or you've visited a quilt shop within an easy drive which had bargains or a fabric selection no quilter should miss. If so, send an email to CommonThreadsVT@gmail.com, and the newsletter editor will do her best to include it in the next newsletter. Although welcome, your input doesn't have to be a complete article. It could be a few bullets which convey your message. The editor will fill out the article as needed.

Deadline for articles for next newsletter:

Tuesday, August 15th, 2023

Please email articles to Sharon Perry, CommonThreadsVT@gmail.com,
or mail to PO Box 517, Montgomery Center VT 05471



August is Family Fun Month



*“Breathe the sweetness that hovers
in August.” — Denise Levertov*