

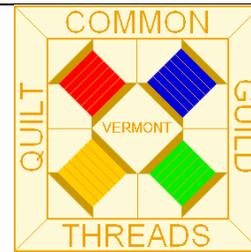
Volume 5

ON POINT

The Official Newsletter
of the Common Threads Quilt Guild of Lamoille County
in Morrisville, Vermont

<http://commonthreadsvt.org/>

CommonThreadsVT@gmail.com



Issue 7

MARCH 2026

The President's Block

Hello quilting friends,

I have some bad news or maybe it is good news, I will be resigning from president and treasurer. We will need a nomination committee to twist some arms or for two people to step forward to fill these positions for voting in June and starting your new positions in September.

I'm looking forward to our March meeting to see all your great creations. Let's hope the weather cooperates.

Your President for now,
Cheryl Leach
2025-2026



President

Cheryl Leach 802-888-5102

Vice President

Lisa Vilord 802- 279-7292

Secretary

Sheila Jourdan 802- 279-0969

Robin Wright 802-635-9550

Treasurer

Cheryl Leach 802-888-5102

Programs

Rotating Members

Newsletter

Sharon Perry 802-326-3135

Block of the Month

VACANT

Sunshine Cards

Hilda Tallman 802-888-3808

Membership

Denise Mayo 802-585-5876

Librarian

Jan Kuhn 802-851-8341

Sunshine Quilts

Marion Seasholtz 802-635-2731

Common Threads Quilt Guild
meets the 2nd Thursday,
March through December,
at 6:30 p.m. at the
VFW, 28 VFW Street,
in Morrisville

Dues = \$20 annually



2025 - 2026 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

September 11th Creating Quilts with Electric
Quilt 8 with Sharon Perry
October 9th Piecing Together Memories
with Jane Paine
November 13th Label Your Quilts
With Carolyn Babcock
& Sharon Perry RESCHEDULED
December 11th Holiday Potluck
Papercrafting with Jane Paine CANCELLED

2025 – 2026 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

January NO MEETING
January 17th Sunshine Quilt Workshop,
9 am – 3 pm
Johnson Town Hall
February NO MEETING

**February 28th Sunshine Quilt
Workshop, 9 am – 3 pm,
Johnson Town Hall**

2025 – 2026 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

**March 12th Label Your Quilts
With Carolyn Babcock & Sharon Perry**

April 9th TBD
May 14th TBD
June 11th TBD
July 9th TBD
August 13th Summer Potluck*
*Potluck Dinner starts at 6:00 pm



Treasurer's Report

Beginning Balance 1/20/2026	\$4,702.97
Income	
	\$0.00
<i>Total Income</i>	<u>\$0.00</u>
Expenses	
	\$0.00
<i>Total Expenses</i>	<u>\$0.00</u>
Ending Balance 2/20/2026	\$4,702.97

Respectfully submitted,
Cheryl Leach, Treasurer



PROGRAMS: LOOKING AHEAD...

February 28th, 2026: Sunshine Quilt Workshop, Johnson Town Hall, 9 am – 3 pm

April 2026: TBD (any takers?)

May 2026: TBD (any takers?)

March 2026: It's All About Labels with Sharon Perry and Carolyn Babcock

June 2026: TBD (any takers?)

SUNSHINE QUILT WORKSHOP SCHEDULED IN LATE FEBRUARY

CTQG will be hosting a workshop on Saturday, February 28th, 9 am – 3 pm, at the Johnson Town Hall on Main Street next to the fire station. Andrea Blaisdell will bring the kits for anyone wanting to sew there or take home. If you have a kit that you have finished or a quilt top, you can bring it to the workshop as well. Please remember to put your name on the tops and if you used your own fabric so you can get credit and be entered into the prize drawing.

If you want to attend, please bring the following: sewing machine (not required); tying and hand sewing needles; point turner; scissors - big and small; and a bag lunch. If you plan to come or have questions, please call Andrea Blaisdell, 802-730-4735, or email her at asblaisdellvt@gmail.com.



Secretary's Report

WITH NO MEETING IN FEBRUARY,
THERE IS NO SECRETARY'S REPORT FOR THIS NEWSLETTER



NEW BLOCK OF THE MONTH COORDINATOR NEEDED

Lisa Vilord has been coordinating the guild's Block of the Month (BOM) program for at least 6 years and possibly longer. And she faithfully provided us blocks to make while we were stuck at home during the pandemic. Thank you Lisa for your dedication to providing us fun blocks to make each month during your tenure!

With Lisa's "retirement" as the BOM Coordinator, the guild is looking for someone to take over the program. If you are interested, please contact Cheryl Leach, huntzeus76@gmail.com, or 802-676-2167.

ODE TO MY WIFE THE QUILTER

Author Unknown

She learned to quilt on Monday. Her stitches were very fine.
She forgot to thaw out dinner, so we went out to dine.

She quilted miniatures Tuesday. She says they are a must.
They really were quite lovely, but she forgot to dust.

On Wednesday, it was a sampler. She says the stipplin's fun.
What highlights! Oh what shadows! But the laundry wasn't done.

Her charm quilt was on Thursday. Green patches, blue and red.
I guess she really was engrossed; she never made the bed.

It was wall hangings on Friday, in colors she adores.
But she never seemed to notice the crumbs on all the floors.

I found a maid on Saturday! My week is now complete.
My wife can quilt the hours away; the house will still be neat.

Well, it's already Sunday. I think I'm about to wilt.
I cursed, I raved, I ranted...the maid has learned to quilt!

FOR SALE

Heavy-duty, folding, cutting table on casters with full-size cutting mat and padded ironing cover included. Table measures 36" x 59" fully extended and sits at counter height; folded size is 12" x 36". Retail price online is \$500; asking \$250. If interested, please email CommonThreadsVT@gmail.com.

SUNSHINE CARDS FOR OUR MEMBERS

If you know of a guild member who is in need of encouragement or comfort due to an illness, bereavement, etc., please contact Hilda Tallman, 802-888-3808. She will send out an appropriate card.

GUILD MEETING LOCATION

The Common Threads Quilt Guild meets on the 2nd Thursday of the month, March through December, at the Morrisville VFW, 28 VFW Street, behind the River Arts Center on Pleasant Street in Morrisville.



MARCH

By Helen H. Moore

Forward, March
And welcome Spring,
When bunnies bounce
And birds all sing!

When March winds blow
The winter away,
They get the world
Ready for April and May.



Sally Cabell	March	3
Lizzy Perry	March	4
Sandra Sciotto	March	11
Pat Schweidenback	March	21
Andrea Blaisdell	March	29

FEATURED VIDEO TUTORIAL FOR MARCH:

<https://www.youtube.com/watch?v=OmrcTEcTc0Y>
Sew Cute Runner for March
 Shabby Fabrics

...and many more!!!



Recipe Corner

PORTUGUESE BEAN SOUP

1 pound dried kidney beans
 1 tablespoon olive oil
 1 medium onion, chopped
 1 medium carrot, chopped
 ¼ cup chopped celery
 1 smoked ham hock
 1 medium potato, chopped
 12 ounces fully cooked Spanish chorizo links or Portuguese sausage, chopped
 3 garlic cloves, minced
 1 bay leaf
 1 teaspoon salt
 1/2 teaspoon pepper
 4 cups reduced-sodium chicken broth
 1 can (32 ounces) whole tomatoes in puree
 1/2 cup uncooked elbow macaroni
 2 cups chopped cabbage or chopped kale

Rinse beans. Place in a large saucepan or Dutch oven; add water to cover by 2 in. Bring to a boil; boil 2 minutes. Remove from heat; let soak, covered, 1 to 4 hours. Drain and rinse beans, discarding liquid.

In the same saucepan, heat oil over medium heat. Add onion, carrot and celery; cook 3-4 minutes or until slightly soft. Add ham hock, soaked beans, potato, sausage, garlic, bay leaf, salt and pepper; cook 2-3 minutes. Stir in broth and tomatoes in puree; crush tomatoes with a wooden spoon. Bring to a simmer. Cook, covered, 25-30 minutes.

Stir in macaroni and cabbage; cook, covered, another 10-15 minutes or until macaroni is cooked and cabbage or kale is wilted. Remove ham hock and bay leaf; discard. Serve with bread.

SCALLOPED CABBAGE

½ medium head cabbage, chopped (about 4 cups)
 3 tablespoons canola oil
 3 tablespoons all-purpose flour
 ½ teaspoon salt
 Dash pepper
 1 cup whole milk
 1 cup shredded cheddar cheese
 ¾ cup bread crumbs
 2 tablespoons butter, melted
 Minced chives, optional

Preheat oven to 350°. Place cabbage in a greased 2-qt. baking dish. In a saucepan, heat oil over medium heat. Whisk in flour, salt and pepper until smooth; gradually whisk in milk. Bring to a boil; cook and stir until thickened, 1-2 minutes. Stir in cheese. Pour over

cabbage. Combine bread crumbs and butter; sprinkle over top.

Bake, uncovered, until bubbly, 20-30 minutes. Serve immediately. If desired, garnish with chives.

CHINESE COLESLAW

For coleslaw:

5 cups coarsely chopped Chinese or Napa cabbage
 1 cup shredded carrots
 ½ cup sliced green onions (1-inch pieces)
 1 can (8 ounces) sliced water chestnuts, drained
 2 tablespoons sesame seeds, toasted

For dressing:

¼ cup vegetable oil
 1 teaspoon sesame oil
 2 tablespoons sugar
 1 tablespoon minced fresh cilantro
 ½ teaspoon salt
 ¼ teaspoon pepper
 ½ teaspoon ground ginger
 2 tablespoons white wine vinegar
 1 tablespoon soy sauce

Toss all vegetables and sesame seeds to combine. In small bowl, whisk dressing ingredients. Pour dressing over cabbage mixture; toss to coat. Cover and refrigerate for 2 hours before serving; toss again before serving.

SAUTÉED CABBAGE

2 tablespoons butter
 1 teaspoon sugar
 ½ teaspoon salt
 ¼ teaspoon crushed red pepper flakes
 ⅛ teaspoon pepper
 6 cups coarsely chopped cabbage
 1 tablespoon water

In a large skillet, melt butter over medium heat. Stir in the sugar, salt, pepper flakes and pepper. Add the cabbage and water. Cook for 5-6 minutes or until tender, stirring occasionally.



Bonus Block

MARCH 2026



Colors:

Greens

with cream background



PATTERN: Lucky Shamrock
Pattern from [Fig Tree & Co.](#)

Click the link below for the 6" finished block pattern

[Lucky Shamrock](#)



JOHNSON TOWN HALL SEWING DAYS

Sewing weekends are open again at the Johnson Town Hall. We set up on the second floor of the Town Hall (elevator available). Large tables are available plus ironing stations and a cutting table.

We meet on the first and third weekend of the month, arrival after 8 am, but you can sew as late as you want. A \$2 daily donation is requested, going to the Town of Johnson for use of the space.

At this time we are planning to have a mailing list only for change of plans, you can send your email to Robin Wright, growingfarm00@gmail.com or Hilda Tallman, sammnvt57@yahoo.com to be on that list. Reminder emails the week before will no longer be going out.

All crafters are welcome!



QUILT TIP

To wash or not to wash, that is the question...

This has been a perennial discussion in the quilting industry, but here's a tip from the internet that might sway those "not to wash" believers to start washing their fabric purchases: "Several years ago my sewing room was making me ill, truly ill. I talked with a friend about this. She suggested although I didn't notice odors from fabric finishes, such as formaldehyde, because I didn't pre-wash my fabrics, this could definitely be the cause. I am a true fabriholic and have a very large stash. I removed and washed my stash. That must have been the reason for the headaches and sick feeling because now I am free to go in there and I feel okay when I do. Now nothing goes upstairs to my sewing room until it stops in the laundry room and is washed!" Penny Holliday



EMBROIDERY PATTERN FOR ST PATRICK'S DAY



LINK TO BARN QUILT TRAIL OF NORTHERN VERMONT

<http://www.barnquiltsfornorthernvermont.org/>

NEWSLETTER IDEAS WANTED: Do you have a recipe you'd like to share with guild members? Or maybe you've found a great quilting website or blog you'd like to share. Or you've visited a quilt shop within an easy drive which had bargains or a fabric selection no quilter should miss. If so, send an email to CommonThreadsVT@gmail.com, and the newsletter editor will do her best to include it in the next newsletter. Although welcome, your input doesn't have to be a complete article. It could be a few bullets which convey your message. The editor will fill out the article as needed.

Deadline for articles for next newsletter:

Friday, March 20th, 2026

Please email articles to Sharon Perry, CommonThreadsVT@gmail.com,
or mail to PO Box 517, Montgomery Center VT 05471



March is Music in Our Schools Month



*"Our life is March weather, savage and serene in one hour."
~ Ralph Waldo Emerson*