

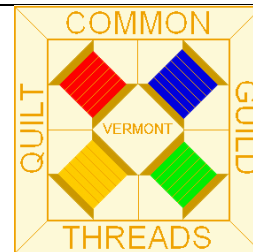
Volume 4

ON POINT

The Official Newsletter
of the Common Threads Quilt Guild of Lamoille County
in Hyde Park, Vermont

<http://commonthreadsvt.org/>

CommonThreadsVT@gmail.com



Issue 7

The President's Block

Greetings Friends,

Have you ever shopped for and bought fabric for a certain project only to discover later you already had the perfect fabric in your stash?

Last fall I was looking for fabric to make new pillow covers for my niece. As I was getting ready to take down my selections so she could choose what she liked, low and behold didn't I notice some in my stash that might work. I took all of the fabric for her consideration and guess what she chose, the fabric I had pulled from my stash.

I guess the motto of the story is to check your stash first?? But what would be the fun in that??

See you soon.

Your Friend and President,
Cheryl Leach
2024-2025



President

Cheryl Leach 802-888-5102

Vice President

Lisa Vilord 802- 279-7292

Secretary

Sheila Jourdan 802- 279-0969

Robin Wright 802-635-9550

Treasurer

Cheryl Leach 802-888-5102

Programs

Rotating Members

Newsletter

Sharon Perry 802-326-3135

Sunshine Cards

Hilda Tallman 802-888-3808

Membership & Librarian

Jan Kuhn 802-851-8341

Sunshine Quilts

Marion Seasholtz 802-635-2731

Common Threads Quilt Guild
meets the 2nd Thursday,
March through December,
at 6:30 p.m. at the
Sterling View
Community Center
in Hyde Park

Dues = \$20 annually



2024 - 2025 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

September 12th Trunk Show
with Karen Abrahamovich

October 10th B-I-N-G-O!

November 14th Lynn Carrier, Vermont
Coordinator for
Quilts of Valor

December 12th Holiday Potluck*
*Potluck Dinner starts at 6:00 pm

2024 – 2025 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

January NO MEETING

January 25th Sunshine Quilt Workday

February NO MEETING

February 1st Sunshine Quilt Workday

March 13th TBD

April 10th TBD

2024 – 2025 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

May 8th TBD

June 12th TBD

July 10th TBD

August 14th Summer Potluck



Treasurer's Report

Beginning Balance 1/20/2025		\$3,651.81
Income		
	<i>Total Income</i>	<u>\$0.00</u>
		<i>Subtotal</i>
		\$3,651.81
Expenses		
	<i>Total Expenses</i>	<u>\$0.00</u>
Ending Balance 2/20/2025		\$3,651.81

Respectfully submitted,
Cheryl Leach, Treasurer



DO YOU HAVE A PROGRAM SUGGESTION FOR THE MARCH MEETING???

Currently, there is **NO program** identified for the March meeting. If you have an idea or suggestion for a program, please reach out to Cheryl Leach, huntzeus76@gmail.com or 802-888-5102, and let her know about your idea.



RAFFLE TICKETS FOR 2025 RAFFLE QUILT AVAILABLE

Tickets for the next Raffle Quilt are still available! Tickets are available at the guild meetings. Or you can contact Sharon Witbeck and she will get them to you. Each member is asked to “sell” 5 packets of tickets; each packet sells for \$5, and 1 ticket is \$2.

This stunning quilt is queen-size, and the winner will be drawn at next year's Antiques and Uniques event. Prizes will be given to the member with the most tickets sold and to the member that sells the winning ticket.

This is a great fundraiser for the guild to help us with all the programs we have and for the charity work that we do.



Secretary's Report

Secretary's Report
December 12, 2024

Greeting: President Cheryl Leach opened the meeting at 6:30 pm.

Present: 23 attending

Visitors: 0

Birthdays: December birthdays: Bev Ryder 4th, Mina Ayers 21st, and Lisa Vilord 26th.

Drawings: Just for Coming – Jane Langdell; **Food Shelf** – Robin Wheel

Secretary's Report: Motion by Andrea Blaisdell to accept, second by Robin Wheel, motion passed.

Treasurer's Report: Motion by Andrea Blaisdell to accept, second by Robin Wheel, motion passed..

Sunshine Cards: Hilda Tallman reported that she sent out 2 cards this month.

Block of the Month: Winner of drawing was Jane Langdell. **New Block:** No new blocks for January and February.

Membership: Nothing to report.

Sunshine Quilts: Andrea has kits if wanted. Workshops will be January 25th and February 1st from 9 am to 3 pm.

Raffle Quilt: Report from Sharon Witbeck; Tickets Dispersed 908, tickets sold 481, tickets not yet returned 427. Tickets sales \$913, expenditures 214.93 net income 698.07. **So please sell sell sell.**

New Business: 2025 Blocks will be done in red, white and blue and will be accumulated to make Quilts of Valor.

24 In 2024: Winners Lisa Vilord and Andrea Blaisdell

Program: Donna Hamel led members in making an angel ornament

Meeting Adjourned: 7:55 pm.

Respectfully Submitted,

Cheryl Leach, Acting Secretary



PRIORITIZING UFOS (Cont. from February 2025 Newsletter)

By American Quilter's Society December 19, 2022

- Leave room for the new.
 - As you are collecting up the UFOs you may notice some projects on your mental wish list. A pattern you love but never have made, a book full of inspiration, or a stack of quilting magazines decorated with sticky notes marking must-make projects. Put hearts next to the UFOs based on how much you love them.
 - Grab two or three new projects from your wish list.
- Schedule your UFOs.
 - You don't need to be in a hurry to get them all done at once. Instead, use the sorting piles to help you create a schedule to complete your projects.
 - Select the project on your UFO list with the most hearts. Pencil it in your calendar to start first.
 - If it is a long term project, look for something from the Fast Finish pile to add to the week. Quick finishes keep us inspired!
 - If it is a project that will keep you at the sewing machine, pencil in a hand project for those hours in front of the TV or at the doctor's office.
 - Estimate how long it will take to finish the project with the most hearts and set a deadline; schedule the project with the second most hearts next.
 - Add a fast project and an alternate technique project to accompany it and stop.
 - Now pick something new. If you don't know what that is yet, set aside the time for something new.
 - Work through your unfinished projects (alternating them with new) and fill up calendar.
- Once your projects are scheduled, put the projects-in-waiting away and get to work on the first UFO on the list.

SUNSHINE CARDS FOR OUR MEMBERS

If you know of a guild member who is in need of encouragement or comfort due to an illness, bereavement, etc., please contact Hilda Tallman, 802-888-3808. She will send out an appropriate card.

SUPPORTING THE LOCAL COMMUNITY

Guild members are asked to bring nonperishable food shelf donations to Sterling View, the host site of our meetings. Sterling View distributes those donations to the local food shelf. Please drop your items in the basket near the door.



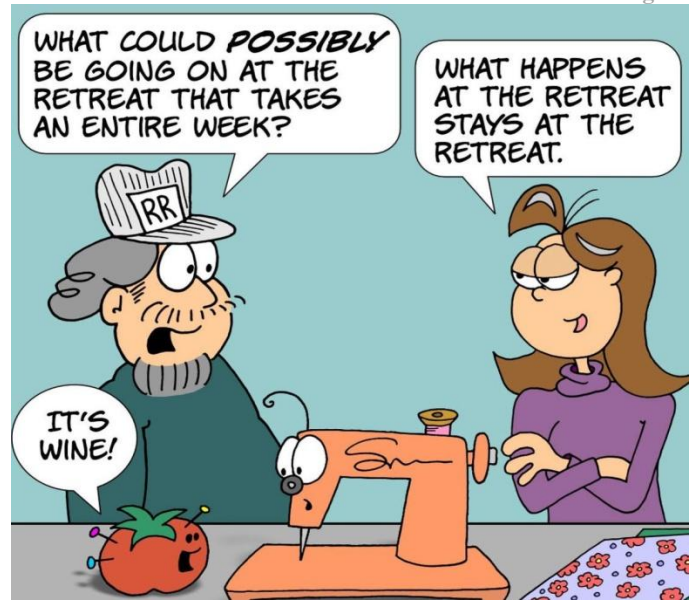
Never Mind, March
by Annette Wynne

Never mind, March, we know
When you blow
You're not really mad
Or angry or bad;
You're only blowing the winter away
To get the world ready for April and May.

**FEATURED VIDEO TUTORIAL
FOR MARCH:**

<https://www.youtube.com/watch?v=urDLortRupU>

**Pint Size Table Runner – March
Shabby Fabrics**



Sally	Cabell	March	3
Lizzy	Perry	March	4
Sandra	Sciotto	March	11
Pat	Schweidenback	March	21
Andrea	Blaisdell	March	29

...and many more!!!





That is ***25 Finishes in 2025!***

Join in the fun and make 25 quilted projects by the end of 2025 and your name will be entered into a special drawing held in December 2025. If you'd like to participate, fill in your name and 25 projects you'd like to finish this year on the list below. This is your list...you can add to it throughout the year if need be to have 25 projects or you can remove a project, or swap out projects, etc...you just have to have ***25 Finishes in 2025*** AND you must show each project at one of the guild's monthly show and tell. You can show multiple projects in one month. You also don't have to show a project every month, you just have to have ***25 Finishes in 2025!*** You will maintain your own list, but you must let Sharon Perry know you are participating.

* * * * * Cut along dotted line * * * * *

25 in 2025

NAME: _____

1.	14.
2.	15.
3.	16.
4.	17.
5.	18.
6.	19.
7.	20.
8.	21.
9.	22.
10.	23.
11.	24.
12.	25.
13.	



Recipe Corner

ONE PAN CHICKEN WITH CREAMY NOODLES

3 garlic cloves, minced
 2 cups heavy cream
 4 boneless, skinless chicken breasts
 2 tablespoons olive oil
 8 oz egg noodles
 Salt and pepper, to taste
 2 cups chicken broth
 3 tablespoons butter
 ½ cup grated Parmesan cheese
 Fresh parsley, chopped (optional)

In a large skillet, heat the olive oil over medium heat. Season the chicken breasts generously with salt and pepper. Once the oil is hot, add the chicken to the skillet. Cook for about 5-6 minutes on each side until the chicken is golden brown and cooked through. Once done, remove the chicken from the skillet and set it aside on a plate.

In the same skillet, add the minced garlic and sauté for about 1 minute until fragrant. Pour in the chicken broth and heavy cream, bringing the mixture to a gentle simmer.

Stir in the egg noodles and cover the skillet. Allow the noodles to cook for about 8-10 minutes, or until they reach the desired tenderness. Stir occasionally to prevent sticking.

Once the noodles are cooked, reduce the heat to low. Add the butter and grated Parmesan cheese, stirring until both are melted and the sauce becomes creamy. Return the chicken to the skillet, allowing it to heat through for a couple of minutes. Serve; garnish with chopped parsley if desired.

SCOTT'S PICANTE PINEAPPLE CHICKEN

4 – 6 chicken breasts (with or without bones)
 1 cup medium picante sauce (Recommend using Pace)
 1 (15 oz.) can pineapple chunks (packed in fruit juice)
 ½ green pepper, thinly sliced
 ½ onion, thinly sliced
 Garlic powder
 Salt
 Pepper

Preheat oven to 350°F. Brown chicken breasts in skillet over medium heat for about 2 minutes on each side. Place chicken in shallow baking dish. Season with garlic powder, salt, and pepper.

Pour picante sauce over chicken; then pour pineapple chunks (with juice) over picante sauce. Arrange sliced green peppers and onions over top.

Cover and bake for about 40 minutes. Serve over rice. Pineapple chunks can be omitted for a hotter recipe.

BUFFALO CHICKEN AND BLUE CHEESE DIP

4 boneless, skinless chicken breasts
 16 oz. cream cheese
 1 12-oz. bottle blue cheese dressing (Ranch can be used)
 ¾ cup hot sauce (Frank's is the best)
 8 oz. sharp cheddar cheese, grated/shredded
 Salt and pepper

Preheat oven to 350°F. Boil chicken in large saucepan with just enough water to cover for 15-20 minutes. Remove chicken, pat dry and shred with fork. Place shredded chicken in large baking dish, pour hot sauce over chicken. Season with salt and pepper; set aside.

Over medium heat in a medium saucepan, melt cream cheese. Pour in blue cheese dressing, and stir until combined. Pour mixture over chicken and stir together.

Bake for 10 minutes. Remove and sprinkle cheddar cheese over the top. Return to oven for another 10-15 minutes until cheese is melted and starting to brown.

Serve hot or cold with chips, crackers, or bread, etc.

FOUR-CHEESE CHICKEN FETTUCINE

8 ounces uncooked fettuccine
 1 can (10¾-oz) cream of mushroom soup, undiluted
 1 package (8-oz) cream cheese, cubed
 1 jar (4½-oz) sliced mushrooms, drained
 1 cup heavy whipping cream
 ½ cup butter
 ¼ teaspoon garlic powder
 ¾ cup grated Parmesan cheese
 ½ cup shredded part-skim mozzarella cheese
 ½ cup shredded Swiss cheese
 2½ cups cubed cooked chicken

For topping:

⅓ cup seasoned bread crumbs
 2 tablespoons butter, melted
 1 – 2 tablespoons grated Parmesan cheese

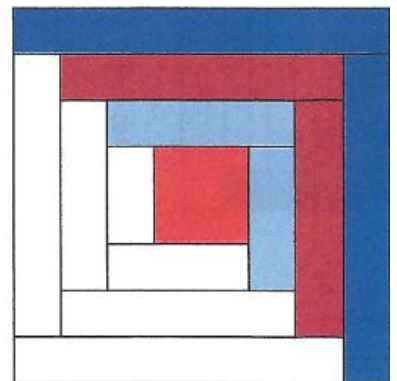
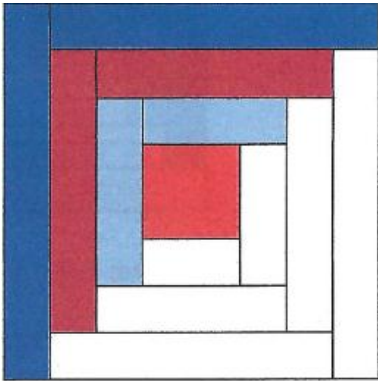
Cook fettuccine according to package directions.

In a large pot, combine soup, cream cheese, mushrooms, cream, butter and garlic powder. Stir in cheeses; cook and stir until melted. Add chicken; heat through. Drain fettuccine; add to the sauce.

Transfer to a shallow greased 2-1/2-qt. baking dish. Combine topping ingredients; sprinkle over chicken mixture. Cover and bake at 350° for 25 minutes. Uncover; bake 5-10 minutes longer or until golden brown.

Quilt of Valor Block

2025 QOV BLOCK DRIVE



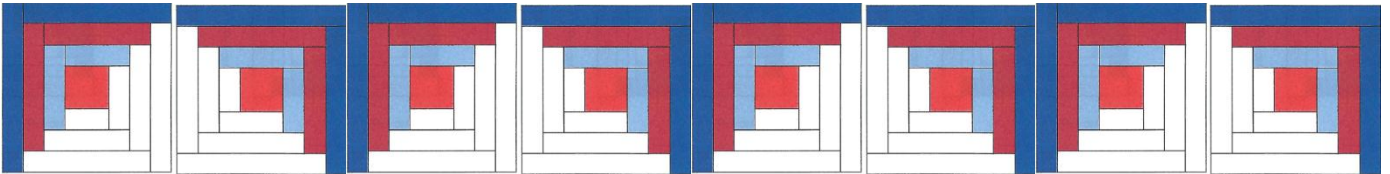
Colors:
Red, white
and blue

PATTERN: LOG CABIN
Pattern from www.qovf.org

Click the link below for the finished block pattern*

<https://www.qovf.org/wp-content/uploads/2024/12/2025-National-Block-Log-Cabin.pdf>

*Please note this is a pattern for the 2025 QOV block drive. See pattern instructions for submitting blocks.



JOHNSON TOWN HALL SEWING DAYS

Sewing weekends are open again at the Johnson Town Hall. We set up on the second floor of the Town Hall (elevator available). Large tables are available plus ironing stations and a cutting table.

We meet on the first and third weekend of the month, arrival after 8 am, but you can sew as late as you want. A \$2 daily donation is requested, going to the Town of Johnson for use of the space.

At this time we are planning to have a mailing list only for change of plans, you can send your email to Robin Wright, growingfarm00@gmail.com or Hilda Tallman, sammnvt57@yahoo.com to be on that list. Reminder emails the week before will no longer be going out.

All crafters are welcome!

SUGGESTIONS FOR FINISHING A UFO

- Give it a name. Calling it by its name makes it more real. Give it a name instead of calling it names.
- Downsize the project if you can.
- Do the smallest task first. The feeling of accomplishment may help.
- Work only 15 minutes a day on your UFO. This allows you to reward yourself with working on your favorite projects.
- If you are lacking a skill, find someone in your family, bee, or guild who will help you with it.
- Trade or give it away to someone who will finish it.
- Make it fun! Make it a game, a challenge, a contest, a bet with a friend - anything you can get into!



25th ANNIVERSARY SPRING QUILT SHOW IN ST ALBANS

The Franklin County Quilters Guild hosts its 25th Anniversary Quilt Show on Saturday, April 5th and Sunday, April 6th, 2025 in the St. Albans City Hall, 100 North Main Street. This event is FREE and open to the public. On Saturday the quilt show hours are 9:00AM to 4:00PM while on Sunday the doors will open at 10:00AM until 3:00PM.

The St. Albans City Hall will be filled with many beautiful quilts for display. In addition to viewing the many quilts show attendees can browse our Members' Boutique and take a chance on the guild's Raffle Quilt beautifully constructed by Laurel Schaap and long arm quilting by Diane Comeau of Cadi Corners LLC (See Attached Photo). On the street parking is available as well as a parking garage that can be accessed from either Lake or Federal Streets. The city's coffee shops, restaurants and stores are open on Saturday and have limited hours on Sunday.

There will also be a special quilt challenge, "Make It 25!" to commemorate the guild's 25th quilt show. Guild members have been asked to create a small quilt that depicts 25 or the quilt show or both. With many talented quilters this challenge will be something to come and see.

Throughout the day, guild members and vendors will provide demonstrations of various quilting techniques. Some of the quilts that members make and donate to charities such as Spectrum Youth, Visiting Nurse Association (VNA) & Hospice of the Southwest Region, fires and other disasters. The guild has donated thousands of quilts to charities and individuals since it was founded in 1991.

The Franklin County Quilters Guild is grateful to our sponsors: *Platinum Level*- Sharon and Scott Perry. *Gold Level*-VFW Post 758, Johnson Rouleau, Handy Toyota, Yankee Pride, and Green Mountain Legion Post #1. *Silver Level Sponsors*-The Eloquent Page, People's Trust Company, Vietnam Veterans of America Chapter 753, Treasure Moments Quilting, Helen and Frank Short. *Bronze Level Sponsors*- Northern Threads Longarm Quilting, Sampler House B & B, Suncrest Healthcare Committees, and VFW Auxiliary Post. Our generous sponsors and proceeds from the raffle quilt and the members' boutique allow the guild to defray the costs of the show so the public can enjoy our quilts.

QUILTING TIPS FOR A NEW QUILTER

- Iron everything even if you think you don't need to. Your blocks will come out so much better if you do.
- If you're a new quilter, start small with a baby or lap quilt for your first quilt so you don't get overwhelmed.
- For your first quilt, make sure you really like the fabric you pick.
- Pick an easy pattern for your first quilt like squares maybe 5" or 6" to be sewn in a random pattern.
- Learn how to perfect a SCANT 1/4" seam. THIS IS A MUST.
- If you opt to pay a professional long arm to quilt your project, let her/him know you are new to the sport and need guidance. Follow their instructions exactly to be more successful.
- Label your fabric scissors as such and make it very clear to household they are to ONLY be used on fabric.
- Starch and press fabric before cutting - makes it much easier to cut accurately.
- Finished is better than perfect.

FABRIC MANUFACTURER'S FREE PROJECT PAGES

Compiled by Julie Cefalu <https://thecraftyquilter.com>

Maywood Studio: Home of Kimberbell Basics and Shadow Play to name a few. They have a nice selection of free patterns to complement their beautiful fabrics and a tips section.

Michael Miller Fabrics: Many free patterns in all shapes and sizes to go along with their large collection of basics, novelty and contemporary collections.

Moda Fabrics: This company has grown into a powerhouse as they've moved into supplies and distribution as well as fabric manufacturing. Along with the free patterns page, you can find tons of precut patterns at the [Moda Bake Shop](#).

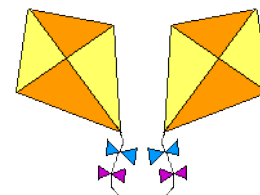
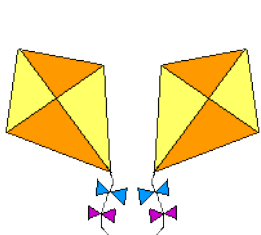
Northcott: Rooted in tradition, this company has been around for a while. They have many nature-inspired collections along with a good basics collection. Also home to [Banyan Batiks](#). A nice range of free patterns for all levels.

P&B Textiles: P&B is known for its quality of fabrics, and for a wide variety of basics, traditional, contemporary and children's fabrics. They have a great selection of free quilt patterns.

Quilting Treasures Fabrics: They have a huge basics category to complement their wide variety of designer collections. Most of their free projects are available from local quilt shops. They don't have many downloadable patterns in their project gallery, but lots of inspiration.

Riley Blake Designs: This company is growing fast with a large group of designers creating contemporary collections along with traditional ones. They have a lot of free patterns including some sew alongs for a deeper dive into a project.

Shannon Fabrics: This company is home to your favorite plush fabrics such as Cuddle (minky) and faux fur. Their free patterns include step-by-step instructions, fabric/notions requirements with images of the finished projects.



LINK TO BARN QUILT TRAIL OF NORTHERN VERMONT

<http://www.barnquiltsfornorthernvermont.org/>

NEWSLETTER IDEAS WANTED: Do you have a recipe you'd like to share with guild members? Or maybe you've found a great quilting website or blog you'd like to share. Or you've visited a quilt shop within an easy drive which had bargains or a fabric selection no quilter should miss. If so, send an email to CommonThreadsVT@gmail.com, and the newsletter editor will do her best to include it in the next newsletter. Although welcome, your input doesn't have to be a complete article. It could be a few bullets which convey your message. The editor will fill out the article as needed.

Deadline for articles for next newsletter:

Thursday, March 20th, 2025

Please email articles to Sharon Perry, CommonThreadsVT@gmail.com,
or mail to PO Box 517, Montgomery Center VT 05471



March 4th is Mardi Gras



*"Our life is March weather, savage and serene in one hour."
— Ralph Waldo Emerson*