

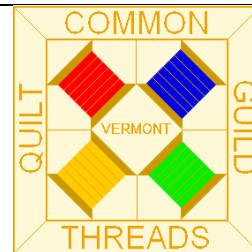
Volume 2

ON POINT

The official newsletter
of the Common Threads Quilt Guild of Lamoille County
in Hyde Park, Vermont

<http://commonthreadsvt.org/>

CommonThreadsVT@gmail.com



Issue 7

MARCH 2023

The President's Block

Hello fellow quilters,

This has been a strange winter so far. Do you suppose that we might get a storm with 2 feet of snow in March?

For those who have joined the 23 in 2023 Challenge, how is it going? I'm trying, but am having a bit of a quilting slump. I have a lot of projects in mind, but am having a time getting started.

I have 10 more months, don't I? In fact, I have a project left over from 12 in 2012. Remember that year? For those who weren't with us then, it was the same as 23 in 2023. I enjoyed participating in that one, so know I will this time, also. I just like to complain. I'm really looking forward to seeing all the projects the rest of you are working on.

I am so looking forward to meeting again in March.

In the meantime, keep on quilting.

Carol Moulton
2022 – 2023 President



President

Carol Moulton 802-888-3560

Vice President

Denise Mayo 802-585-5876

Secretary

Grace Sweet 802-244-7123
Robin Wright 802-635-9550

Treasurer

Cheryl Leach 802-888-5102

Programs

Andrea Blaisdell 802-635-8389

Newsletter

Sharon Perry 802-326-3135

Sunshine Cards

Hilda Tallman 802-888-3808

Membership & Librarian

Jan Kuhn 802-851-8341

Sunshine Quilts

Marion Seasholtz 802-635-2731

Common Threads Quilt
Guild meets the 1st Thursday,
March through December,
at 6:30 p.m. at the
Sterling View
Community Center
in Hyde Park

Dues = \$20 annually



2022 - 2023 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

September 1st Back to Basics:
Understanding Fabric
Construction & Properties

October 6th Back to Basics:
All About Quilting Fabric

November 3rd Back to Basics:
Needles & Threads & More...Oh My!

December 1st Potluck & Exchange
Back to Basics: Fabric Prep & Demos

2022 – 2023 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

January 28th Back to Basics:
Learning & Sewing Session **CANCELLED**

**February 25th Back to Basics:
Learning & Sewing Session, 9am-3pm
Johnson Municipal Bldg (Upstairs)**

**March 2nd Back to Basics:
Color Theory**

April 6th Back to Basics: Modern
Quilting with Weeks Ringle & Bill Kerr

2022 – 2023 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

May 4th Back to Basics:
Paper Piecing

June 1st Back to Basics:
All About Appliqué

July 6th Back to Basics:
Getting Your Blocks In Order

August 3rd Summer Potluck
Back to Basics Sew & Tell

Treasurer's Report

Beginning Balance 1/16/2023		\$5,684.82
Income		
	<i>Total Income</i>	<u>\$0.00</u>
	<i>Subtotal</i>	\$5,684.82
Expenses		
	<i>Total Expenses</i>	<u>\$0.00</u>
Ending Balance 2/16/2023		\$5,684.82

Respectfully submitted,
Cheryl Leach, Treasurer



FEBRUARY LEARNING & SEWING SESSION "BACK TO BASICS": BEGINNER QUILTING CLASS

We will be making a small project upstairs at the Johnson Municipal Building on February 25th, 9 am – 3 pm. Bring the following things **IF** you have them: sewing machine; scissors; rotary cutter and mat; pins; needles; seam ripper; extension cord; thread; notepad and pen; and some fabric. Also bring a lunch and something to drink. For those that have them, bring your binder with the handouts from the meetings. The class will start off where we left off. There will be copies available for those that are not members.

Please let Andrea Blaisdell know by email (asblaisdellvt@gmail.com) if you would like to attend or have friends who would like to attend. It is not required to bring anything if you do not have the items listed; you can just come and learn. There will be things to use for the day and some fabric as well. Deadline for sign up is February 22nd. There will be a small donation of \$5 for each person to cover the use of the room. Email Andrea Blaisdell, asblaisdellvt@gmail.com, with any questions.

We encourage the guild's more experienced quilters to join us to help guide and mentor those attendees without as many quilting hours under their belts.



Secretary's Report

Secretary's Report

December 1, 2022 (Repeated due to no report for January or February)

Meeting called to order: At 6:00 pm, starting with a potluck dinner; Carol Moulton, President, presiding.

Present: 30 members, no guests.

Birthdays: Lisa Vilord. Birthday greetings also to January (Anna Jones, Jan Kuhn, Carol Moulton) and February (Joyce Emerson, Lois Lemaire, JoAnn Tallman) birthdays while we are not holding meetings during those Winter months.

Drawings: Michelle Paige won a prize just for coming and Donna Hamel won for the Food Shelf donation

Secretary's Report: Sharon Perry moved to accept November 3rd report; Grace Sweet seconded. Motion passed.

Treasurers Report: Sharon Perry moved to accept; Sharon Witbeck seconded. Motion passed.

Sunshine Cards: No sunshine cards were sent.

Sunshine Quilts: Andrea available to accept finished quilts.

Block of the Month: Carol Moulton won the completed blocks. January block will be "Art Square" in blues. February block will be "Churn Dash" in reds/pinks. The drawings for the January and February blocks will be held at the March meeting.

New Business: Carol shared thoughts around asking Roger from the Mattress Furniture Store about hosting a quilt show in the store. Andrea shared the Morrisville Historical Society has offered in the past to host a show. Discussion followed on the following topics: admission or other income means; vendors; how the quilts would be displayed and protected; and what time of year. No motion made.

Potholder Exchange: 16 members participated in the exchange.

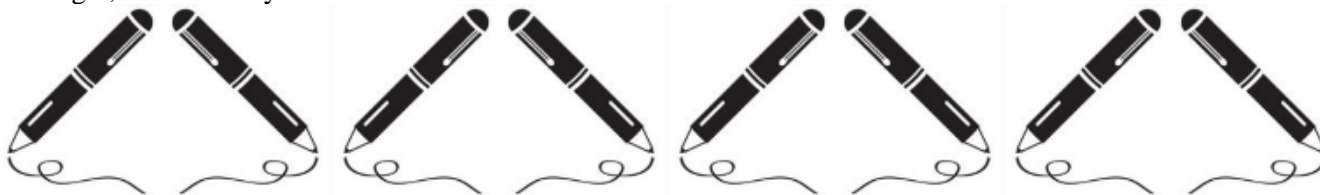
Sew & Tell: Members participating in the potholder exchange showed the potholders they received. Eight members shared their work.

Program: This month's program was "Fabric Prep." Three-3 ring binders distributed for storing monthly handouts. Andrea then led a discussion on fabric prep with supporting demos starting at 7:20 pm.

Meeting Adjourned: 8:00 pm approximately.

Respectfully Submitted

Robin Wright, Co-Secretary



MARCH MEETING "BACK TO BASICS": COLOR THEORY

We'll be watching a video at the March meeting to learn all there is about color theory and its application in quilt making. In the video, Becky Goldsmith of Piece O' Cake Designs will share practical ideas for working with color and fabric that will give you confidence as you make your quilts.

As part of the program each month, we'll end with a Q&A and "best practices" segment. We hope to have the more experienced quilters in the guild share lessons they've learned and tips and tricks they discovered along their quilting journey.

*Happy
St. Patrick's
Day*



Block of the Month

MARCH 2023



Colors:
Maker's choice;
make it scrappy



PATTERN: SWEET PEA

Pattern from www.patchworksquare.com

If you have any questions, call Lisa Vilord, 802-279-7292.

Click the link below for the Sweet Pea 12" finished block pattern*

<https://www.patchworksquare.com/mf/sweet-pea-quilt-block.pdf>

*Please note the pattern has instructions for 2 sizes; please make the 12" finished quilt block.



**WAYS TO CELEBRATE
NATIONAL QUILTING DAY**



- Make or Donate a Quilt for Charity: Charity quilting is one thing that combines our skills and our hearts to help give comfort and warmth to strangers in need.
- Visit a Quilt Museum: Quilt museums are chock full of amazing quilts and inspiring stories. If you're not lucky enough to have one in your neck of the woods, check out the International Quilt Museum's virtual experiences on their website.
- Do the Vermont Shop Hop and Visit Your Local Quilt Store(s): Are you in need of fabric, thread, or new tools? This is a good day to support the quilt shops in Vermont and to see what's new.
- Take a Quilting Class or Workshop: Stretch your quilting skills! Have you made any foundation-pieced quilts yet? Are you ready to try appliqué? Want to learn more about long arm quilting? Classes and workshops are the perfect way to explore and try new techniques. Contact your local quilt shop or check out the workshops at Quilting Daily.

- Hang a Quilt on Your Porch or in a Window: For many quilters, showcasing beautiful quilts outside their homes is a tradition on National Quilting Day.



SUNSHINE CARDS FOR OUR MEMBERS

If you know of a guild member who is in need of encouragement or comfort due to an illness, bereavement, etc., please contact Hilda Tallman, 802-888-3808. She will send out an appropriate card.

SUPPORTING THE LOCAL COMMUNITY

Guild members are asked to bring nonperishable food shelf donations to Sterling View, the host site of our meetings. Sterling View distributes those donations to the local food shelf. Please drop your items in the basket near the door.



MORE WAYS TO CELEBRATE NATIONAL QUILTING DAY

- Host a Mini Quilting Retreat: Whether you're a member of a quilting bee or have just a couple of quilting buddies, what could be more fun than a one day quilt-a-thon? Include a show-and-tell, plan a block swap or fabric swap, or play Quilt Bingo. (And don't forget the chocolate!)
- Teach a Friend or a Child to Quilt: Start with the basics and an easy pattern. If you have young kids or grandchildren, spend a few hours playing with simple fabric shapes on your design wall, or prep some fabrics with fusible web and let them have fun cutting and arranging patches on a background piece. You just might create a new fabric addict!
- Pick Up a New Quilting Magazine: Magazines to check out include: Fons & Porter's Love of Quilting; Fons & Porter's Quick + Easy Quilts; McCall's Quilting; Quiltmaker; and Quilting Arts. You're probably familiar with at least one of these magazines...why not take the opportunity to check out something new to you?
- Listen to Quilting Podcasts: Quilting podcasts are some of the best ways to keep up with what's happening and who's who in the quilting world. Grab your ear buds or headphones and catch up on episodes while you quilt.

QUILT TIPS

- Whenever you draft an original pattern or make changes in an existing pattern, always work without seam allowances. After you figure the math (or

drawings) on your borders, blocks or whatever, then add seam allowances. This will minimize confusion and let you concentrate on design.

- Make your binding when you finish your quilt. Then you won't accidentally use the fabric for another project before the quilt gets finished.
- Make your outside border about 1/2" larger than you really want it. That will give you room to square up the quilt after it is quilted.
- If one of the two pieces (blocks or top and border) is SLIGHTLY larger, put the larger one on the bottom when sewing, pin liberally, and the feed dogs will help ease the larger piece to fit. This is known as BOB...Bigger (or Bias) on Bottom.
- Use a picnic silverware organizer to organize your rotary cutter, scissors and marking pens.
- When sewing a large backing together, leave the salvage on the material until after you sew it together, then cut it off. Your material will stay straight while sewing.



Andrea Poppiti	March	1 st
Sally Cabell	March	3 rd
Andrea Blaisdell	March	29 th

...and many more!!!



That is **23 Finishes in 2023!**

Join in the fun and make 23 quilted projects by the end of 2023 and your name will be entered into a special drawing held in December 2023. If you'd like to participate, fill in your name and 23 projects you'd like to finish this year on the list below. This is your list...you can add to it throughout the year if need be to have 23 projects or you can remove a project, or swap out projects, etc...you just have to have **23 Finishes in 2023** AND you must show each project at one of the guild's monthly show and tell. You can show multiple projects in one month. You also don't have to show a project every month, you just have to have **23 Finishes in 2023!** You will maintain your own list, but you must let Sharon Perry know you are participating.

* * * * * Cut along dotted line * * * * *

23 Finishes in 2023

NAME: _____

1.	13.
2.	14.
3.	15.
4.	16.
5.	17.
6.	18.
7.	19.
8.	20.
9.	21.
10.	22.
11.	23.
12.	



Recipe Corner

CELERY GRATIN

½ cup butter, divided
 6 tablespoons all-purpose flour
 1 cup whole milk
 1 cup heavy whipping cream
 ¾ cup shredded Swiss cheese
 ½ teaspoon salt
 ½ teaspoon pepper
 Dash ground nutmeg
 8 celery ribs, cut into 1-inch pieces
 ½ cup chopped celery leaves
 6 slices white bread, crusts removed

Preheat oven to 375°. In a large saucepan, melt 6 tablespoons butter over medium heat. Stir in flour until smooth; gradually whisk in milk and cream.

Bring to a boil, stirring constantly; cook and stir until thickened, 3-4 minutes. Stir in cheese, salt, pepper and nutmeg until combined. Stir in celery and leaves; transfer to a greased 13x9-in. baking dish.

Tear bread into pieces and place in a food processor or blender. Cover and pulse until crumbs form. Transfer to a large bowl. Melt remaining 2 tablespoons butter. Drizzle over bread crumbs; toss to coat. Sprinkle over celery mixture.

Bake until bubbly and topping is golden brown, 25-30 minutes. If desired, sprinkle with additional celery leaves.

BUFFALO CHICKEN CELERY BOATS

⅓ cup Frank's Hot Sauce
 2 tablespoons mayonnaise
 Kosher salt
 Freshly ground black pepper
 2 cups shredded rotisserie chicken
 4 stalks celery, cut into 3" pieces
 ⅓ cup crumbled blue cheese
 Ranch, for drizzling
 Chives, for garnish

In a medium bowl, whisk together hot sauce and mayo and season with salt and pepper. Pour over shredded chicken and mix to combine.

Spoon chicken mixture into celery boats.

Top with blue cheese, drizzle with ranch and garnish with chives.

WALDORF SALAD

2 tablespoons mayonnaise
 2 tablespoons plain yogurt (Greek or regular)
 1 tablespoon lemon juice

1 cup halved red grapes
 1 cup chopped apples
 1 cup sliced celery
 ¼ cup chopped parsley
 Kosher salt
 Freshly ground black pepper
 1 cup walnuts, toasted
 Bibb lettuce, for serving

In a large bowl, whisk together mayonnaise, yogurt, and lemon juice.

Add grapes, apple, celery, and parsley and fold until just combined. Season with salt and pepper. Top with walnuts and serve over lettuce.

FENNEL-CELERY SALAD WITH BLUE CHEESE AND WALNUTS

½ cup chopped walnuts
 1 medium shallot, halved lengthwise, divided
 2 tablespoons whole grain mustard
 1 teaspoon sugar
 ½ cup sherry vinegar or red wine vinegar, divided
 ⅓ cup olive oil
 Kosher salt, freshly ground pepper
 6 dried Turkish figs, very coarsely chopped
 1 fennel bulb, core removed, very thinly sliced
 6 – 8 celery stalks, very thinly sliced
 4 ounces blue cheese, crumbled

Preheat oven to 350°F. Toast walnuts on a rimmed baking sheet, tossing once, until golden brown, 5–8 minutes; let cool.

Finely chop 1 shallot half, then thinly slice the other half crosswise; set sliced shallot aside. Combine chopped shallot, mustard, sugar, and 1/4 cup vinegar in a resealable jar. Add oil and season with salt and pepper. Cover and shake to emulsify; set vinaigrette aside.

Toss figs, reserved sliced shallot, and remaining 1/4 cup vinegar in a small bowl; let sit until figs and shallots are softened, at least 30 minutes.

Just before serving, toss fennel, celery, blue cheese, and toasted walnuts in a large bowl. Drain figs and shallot and add to bowl. Drizzle with vinaigrette and toss to coat; season with salt and pepper.

Recipe Notes: Vinaigrette can be made 1 day ahead; cover and chill. Figs and shallot can be soaked 4 hours ahead; store covered at room temperature. Fennel and celery can be sliced 4 hours ahead; place in a large bowl. Cover with a damp paper towel and chill.

MARCH

By Annette Wynne

March is windy, March is wild,
Hurries like an eager child;
Puffing mouth and ruddy face,
Rushing in a windy race;
A breath or two he stops, and then
He's puffing madly off again.
March is windy, March is wild,
A rushing, blowing, puffing child.
And why does March go rushing so?
He's trying to catch spring, you know.

FEATURED VIDEO TUTORIAL FOR MARCH:

<https://www.youtube.com/watch?v=L3DZBai6N9o>

"Irish Chain" Quilt

Missouri Star Quilt Company

FEATURED PATTERNS

Lucky Charms: <https://andoverfabrics.com/Quilts/Lucky%20Charms%20by%20Andover%20Fabrics.pdf>

Scrappy Shamrock Block: <https://www.janome.com/siteassets/inspire/projects/quilting/shabbyshamrock/shabbyquilt.pdf>

Interlocked Quilt: <https://www.robertkaufman.com/assets/pdf/Interlocked-KONACalendar.pdf>

Clover Field Quilt: <https://www.robertkaufman.com/assets/pdf/CloverField.pdf>

I Left My Heart in Ireland Block: <https://drive.google.com/file/d/1RcI6junrYB9mppSDCgKGJM9esTfhIzSp/view>

Greenery Quilt: https://d1nvdmt0osh3cv.cloudfront.net/media/stash-item/file/g/r/greenery_quilt_pattern_fp_web.pdf

Basically Hugs Block: <https://auribuzz.files.wordpress.com/2017/10/aurifilblockinstructionsdownload.pdf>

Modern Celtic: <https://www.quiltersworld.com/patterns/pdfs/ModernCe.pdf>

Luck of the Irish Quilt: <https://developer.pellonprojects.com/wp-content/uploads/2013/03/LuckoftheIrishQuilt.pdf>

#Lucky Mini Quilt: <https://aprilrosenthal.com/wp-content/uploads/2018/03/luckymarchmini-1.pdf>

Lucky Shamrocks: <https://stashbandit.net/wp-content/uploads/Lucky-pattern-from-webpage-PDF.pdf>

St. Patrick's Surprise: <https://moonlightquilts.com/wp-content/uploads/2021/01/free-st-patricks-quilt-pattern.pdf>

Little Clover Block: http://www.thesplendidsampler.com/wp-content/uploads/2017/03/Pattern_LittleClover.pdf



QUILT SHOW RETURNS TO SAINT ALBANS AFTER 4-YEAR HIATUS

The Franklin County Quilters Guild hosts its 23rd annual Quilt Show on Saturday, April 1st and Sunday, April 2nd, 2023, in Saint Albans City Hall, 100 North Main Street. This event is FREE and open to the public; City Hall is an accessible facility. On Saturday the quilt show hours are 9:00 am to 4:00 pm while on Sunday the doors will open at 10:00 am until 3:00 pm. Due to pandemic restrictions, this is the first time in 4 years City Hall will be filled with quilts made in a beautiful array of fabrics and colors. The last show was held in April 2019.

"It's the best quilt show in Franklin County, Vermont!" Over 100 quilts will brighten City Hall on the first weekend in April. All the quilts are made by the members of the guild and include bed quilts, wall hangings, baby quilts, challenge quilts, and miniature quilts.

In addition to viewing the many quilts, show attendees can buy handcrafted items including table runners, placemats, and small quilts from the Members' Boutique. Or take a chance on the guild's Raffle Quilt beautifully constructed by guild members and long arm quilted by Diane Comeau, formerly of Saint Albans.

Attendees can also shop at vendors' booths featuring quilt-related items such as patterns, fabrics, and notions. On street parking is available as well as a parking garage which can be accessed from either Lake or Federal Streets. The city's coffee shops, restaurants and stores are open on Saturday and have limited hours on Sunday.

There will be special displays of the Sugarhouse Sampler Mystery Quilts and the Dresden Plate Challenge Quilts. The Sugarhouse Sampler is an original design by Diane Comeau. Members made their sampler quilts last year in primary and secondary colors with either a light or dark background. For the Dresden Plate Challenge, guild members are challenged to incorporate the Dresden Plate quilt block into a small quilt.

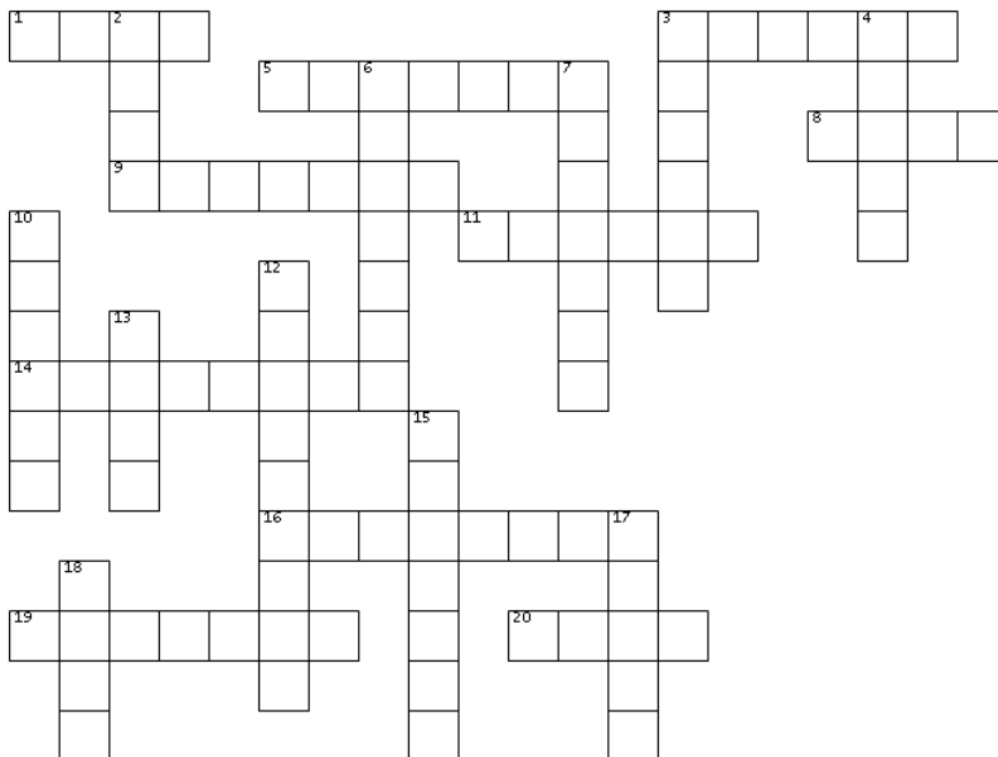
Additionally, the 2023 Charity Quilt will make its debut at the quilt show; it was long arm quilted by Julie Cowles of Alburgh. The guild annually donates a large bed quilt, made by guild members, to a local charity for its fund-raising efforts. The Catholic Daughters of St. Albans will receive this year's charity quilt. The guild has also donated thousands of smaller quilts to local charities and individuals since it was founded in 1991.

The Franklin County Quilters Guild is grateful to its quilt show sponsors: *Gold Level* – Handy Toyota, Scott and Sharon Perry, and Suncrest Health Care Communities; *Silver Level* – American Legion Green Mountain Post #1, Rail City Market, The Eloquent Page, and Vietnam Veterans of America Northwestern Vermont Chapter 753; *Bronze Level* – Dickinson Branon Dental, Elderberry Lodge, Sampler House Bed and Breakfast, and Treasured Moments Quilting. Our generous sponsors and proceeds from the raffle quilt allow the guild to defray the costs of the quilt show so the public can enjoy our members' quilts.

Come spend the day in downtown St. Albans, discover the art of quilt making at City Hall, and explore the many quaint shops and restaurants throughout the downtown. For more information, email franklincountyquilters@gmail.com, or visit www.franklincountyquilters.org on the web.

MORE QUILT TIPS

- Schedule 15 minutes every day to quilt. It's amazing how much you'll get done by doing this! 15 minutes can stretch into an hour and progress is quickly realized both with your projects and your techniques.
- If you pre-wash fabric before cutting for a quilt, snip a small triangle off the 4 corners. This stops an amazing amount of raveling.
- Do you have "left-over" bits and pieces from previous projects? Choose a starting piece and build from it in all 4 directions. Make several squares. You choose the size, trim the block to that size, and assemble the blocks with sashings and cornerstones to make a quilt top.
- A favorite tool for turning small pieces to the right side and pushing out corners is a fingernail cuticle tool.
- Use your left over batting pieces on your Swiffer mop for a cleaning pad. It works great in the sewing room to pick up lint and threads.
- If you have decorative stitches on your machine, layer two pieces of fabric with batting in between and make samples of your decorative stitches. Be sure to write the number of the stitch next to each sample.
- Take classes and refresh your skills no matter how seasoned a quilter you are.

MARCH CROSSWORD PUZZLE**ACROSS**

1. A soft, yellow metal that is highly valued and used in jewelry
3. Connected with the people and the culture of Scotland, Wales, Ireland, and some other areas
5. An island in the northern Atlantic Ocean west of Great Britain
8. One of 2 animals in a saying about the month of March
9. A stone in Ireland said to impart skill in flattery to those who kiss it
11. The driver of a dogsled
14. An annual dogsled race held in Alaska
16. Boiling down of maple sap until it thickens into syrup
19. An arch of colors formed in the sky
20. A day falling roughly in the middle of March

DOWN

2. A young sheep
3. A small plant with bright green leaves
4. Belonging or relating to Ireland, or to its people, language, or culture
6. A rare, transparent, deep-green gemstone
7. A vehicle pulled by dogs used to travel through snow
11. The season after winter and before summer
12. A U-shaped band of iron known as a sign of good luck
13. A light covered frame flown at the end of a long string
15. A tree diagram of basketball games played in March
17. The color between blue and yellow in the spectrum
18. A stringed musical instrument with a triangular frame

LINK TO BARN QUILT TRAIL OF NORTHERN VERMONT

<http://www.barnquiltsfornorthernvermont.org/>

NEWSLETTER IDEAS WANTED: Do you have a recipe you'd like to share with guild members? Or maybe you've found a great quilting website or blog you'd like to share. Or you've visited a quilt shop within an easy drive which had bargains or a fabric selection no quilter should miss. If so, send an email to CommonThreadsVT@gmail.com, and the newsletter editor will do her best to include it in the next newsletter. Although welcome, your input doesn't have to be a complete article. It could be a few bullets which convey your message. The editor will fill out the article as needed.

Deadline for articles for next newsletter:

Wednesday, March 15th, 2023

Please email articles to Sharon Perry, CommonThreadsVT@gmail.com,
or mail to PO Box 517, Montgomery Center VT 05471



March is National Celery Month



*"Our life is March weather, savage and serene in one hour."
— Ralph Waldo Emerson*