

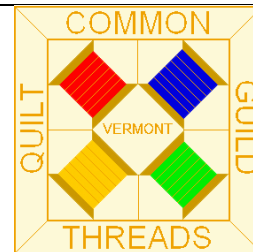
Volume 4

# ON POINT

The Official Newsletter  
of the Common Threads Quilt Guild of Lamoille County  
in Hyde Park, Vermont

<http://commonthreadsvt.org/>

[CommonThreadsVT@gmail.com](mailto:CommonThreadsVT@gmail.com)



Issue 5

## The President's Block

Hello Quilting Friends,

I was glad to see so many faces at our December meeting considering the weather. As usual we had great food and conversation. A big thank you to Donna Hamel for leading us through a fun craft.

We decided that for 2025 that all block of the month blocks will be done in red, white and blue and that we wouldn't have a monthly winner. We would accumulate the blocks and hopefully have enough to make one or maybe two quilts for Quilts of Valor. Lisa will still find patterns for us starting in March but if you want to get started by making your favorite block that would be great, just make sure the finished size is 12 inches.

By the time you read this I will be in Colorado celebrating Christmas with my Son's family. So I'm signing off. I NEED TO PACK!!

Wishing you all Happy Holidays!

Your Friend and President,  
Cheryl Leach  
2024-2025



### President

Cheryl Leach 802-888-5102

### Vice President

Lisa Vilord 802- 279-7292

### Secretary

Sheila Jourdan 802- 279-0969

Robin Wright 802-635-9550

### Treasurer

Cheryl Leach 802-888-5102

### Programs

Rotating Members

### Newsletter

Sharon Perry 802-326-3135

### Sunshine Cards

Hilda Tallman 802-888-3808

### Membership & Librarian

Jan Kuhn 802-851-8341

### Sunshine Quilts

Marion Seasholtz 802-635-2731

Common Threads Quilt Guild  
meets the 2<sup>nd</sup> Thursday,  
March through December,  
at 6:30 p.m. at the  
Sterling View  
Community Center  
in Hyde Park

Dues = \$20 annually



### 2024 - 2025 Guild Calendar

**DOORS OPEN AT 6:00 PM;  
MEETING STARTS AT 6:30 PM**

September 12<sup>th</sup> Trunk Show  
with Karen Abrahamovich

October 10<sup>th</sup> B-I-N-G-O!

November 14<sup>th</sup> Lynn Carrier, Vermont  
Coordinator for  
Quilts of Valor

December 12<sup>th</sup> Holiday Potluck\*

\*Potluck Dinner starts at 6:00 pm

### 2024 – 2025 Guild Calendar

**DOORS OPEN AT 6:00 PM;  
MEETING STARTS AT 6:30 PM**

January NO MEETING

January 25<sup>th</sup> Sunshine Quilt Workday

February NO MEETING

February 1<sup>st</sup> Sunshine Quilt Workday

March 13<sup>th</sup> TBD

April 10<sup>th</sup> TBD

### 2024 – 2025 Guild Calendar

**DOORS OPEN AT 6:00 PM;  
MEETING STARTS AT 6:30 PM**

May 8<sup>th</sup> TBD

June 12<sup>th</sup> TBD

July 10<sup>th</sup> TBD

August 14<sup>th</sup> Summer Potluck



JANUARY 2025

# Treasurer's Report

**Beginning Balance 11/20/2024** **\$3,389.64**

Income

Dues (12/13/2024)	\$20.00
Raffle (12/13/2024)	\$275.00
Food Shelf (12/13/2024)	\$124.00

*Total Income* \$419.00

*Subtotal* \$3,808.64

Expenses

Check #628 Donna Hamel, Craft supplies for December program	\$32.83
Check #629 Lamoille Community Food Share	\$124.00

*Total Expenses* \$156.83

**Ending Balance 12/20/2024** **\$3,651.81**

Respectfully submitted,  
Cheryl Leach, Treasurer



### SUNSHINE QUILT WORKSHOPS IN LIEU OF MEETINGS IN JANUARY AND FEBRUARY

Guild members will be working on Sunshine Quilts at Sterling View on Saturday, January 25<sup>th</sup>, 9 am – 3 pm. Bring your sewing machine, along with your other sewing supplies, and your lunch. Andrea will be supplying a yummy dessert. If you don't want to lug your machine out in the cold weather, there are plenty of other jobs that need to be done (think pressing, tying, and hand-sewing on labels).

There is another Sunshine Quilt workshop planned for Saturday, February 1<sup>st</sup>, which coincides with the Quilts of Valor (QOV) Foundation National Sew Day. More details will be provided in the February newsletter.



### RAFFLE TICKETS FOR 2025 RAFFLE QUILT AVAILABLE

Tickets for the next Raffle Quilt are still available! Tickets are available at the guild meetings. Or you can contact Sharon Witbeck and she will get them to you. Each member is asked to "sell" 5 packets of tickets; each packet sells for \$5, and 1 ticket is \$2.

This stunning quilt is queen-size, and the winner will be drawn at next year's Antiques and Uniques event. Prizes will be given to the member with the most tickets sold and to the member that sells the winning ticket.

This is a great fundraiser for the guild to help us with all the programs we have and for the charity work that we do.



# Secretary's Report

## Secretary's Report December 12, 2024

**Greeting:** President Cheryl Leach opened the meeting at 6:30 pm.

**# Present:** 23 attending

**Visitors:** 0

**Birthdays:** December birthdays: Bev Ryder 4<sup>th</sup>, Mina Ayers 21<sup>st</sup>, and Lisa Vilord 26<sup>th</sup>.

**Drawings:** **Just for Coming** – Jane Langdell; **Food Shelf** – Robin Wheel

**Secretary's Report:** Motion by Andrea Blaisdell to accept, second by Robin Wheel, motion passed.

**Treasurer's Report:** Motion by Andrea Blaisdell to accept, second by Robin Wheel, motion passed..

**Sunshine Cards:** Hilda Tallman reported that she sent out 2 cards this month.

**Block of the Month:** Winner of drawing was Jane Langdell. **New Block:** No new blocks for January and February.

**Membership:** Nothing to report.

**Sunshine Quilts:** Andrea has kits if wanted. Workshops will be January 25<sup>th</sup> and February 1<sup>st</sup> from 9 am to 3 pm.

**Raffle Quilt:** Report from Sharon Witbeck; Tickets Dispersed 908, tickets sold 481, tickets not yet returned 427. Tickets sales \$913, expenditures 214.93 net income 698.07. **So please sell sell sell.**

**New Business:** 2025 Blocks will be done in red, white and blue and will be accumulated to make Quilts of Valor.

**24 In 2024:** Winners Lisa Vilord and Andrea Blaisdell

**Program:** Donna Hamel led members in making an angel ornament

**Meeting Adjourned:** 7:55 pm.

Respectfully Submitted,  
Cheryl Leach, Acting Secretary



### TIPS AND ADVICE FOR QUILT PLANNING IN THE NEW YEAR Quilting Daily Excerpt from Siobhan Fitzpatrick, designer of *Radiate*

“I would recommend using the rule of three: Pick three projects that will help guide your work throughout the year.

- One should be a WIP (Work In Progress)—something you didn't get a chance to finish this year but want to get done.
- Another should be a project you have the supplies for but never started (maybe that Halloween quilt that just went by the wayside).
- The final one should be a project that uses a new technique you really want to try (and this can be a small project—since it is a learning project).

This way, you set yourself up to finish a project, make something you already know you want to make, and learn a new technique/skill. This will help set a positive, balanced tone for the year.”

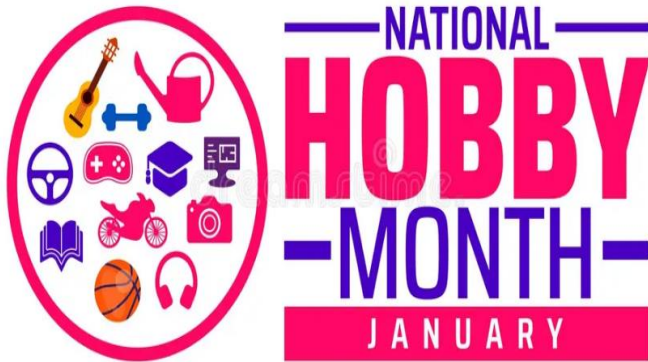


### SUNSHINE CARDS FOR OUR MEMBERS

If you know of a guild member who is in need of encouragement or comfort due to an illness, bereavement, etc., please contact Hilda Tallman, 802-888-3808. She will send out an appropriate card.

### SUPPORTING THE LOCAL COMMUNITY

Guild members are asked to bring nonperishable food shelf donations to Sterling View, the host site of our meetings. Sterling View distributes those donations to the local food shelf. Please drop your items in the basket near the door.



### I'M JANUARY by Annette Wynne

I'm January bringing you  
A year of days—all brand, brand new;  
I step upon the frosty ground.  
When chimes and sleigh bells ring around;  
You welcome me and children sing,  
And joy comes into everything.  
I bring you love and lots of cheer,  
And work and friends for all the year.

Nancy	Dunavan	January	18
Jan	Kuhn	January	21
Carol	Moulton	January	23
Sheila	Jourdan	January	29

*...and many more!!!*



**FEATURED VIDEO TUTORIAL  
FOR JANUARY (the last one):**  
<https://www.youtube.com/watch?v=OOkmFdHdRtw>  
**Tea & Cookies for Two**  
**January Placemats**  
**Shabby Fabrics**



That is ***25 Finishes in 2025!***

Join in the fun and make 25 quilted projects by the end of 2025 and your name will be entered into a special drawing held in December 2025. If you'd like to participate, fill in your name and 25 projects you'd like to finish this year on the list below. This is your list...you can add to it throughout the year if need be to have 25 projects or you can remove a project, or swap out projects, etc...you just have to have ***25 Finishes in 2025*** AND you must show each project at one of the guild's monthly show and tell. You can show multiple projects in one month. You also don't have to show a project every month, you just have to have ***25 Finishes in 2025!*** You will maintain your own list, but you must let Sharon Perry know you are participating.

\* \* \* \* \* Cut along dotted line \* \* \* \* \*

***25 in 2025***

NAME: \_\_\_\_\_

1.	14.
2.	15.
3.	16.
4.	17.
5.	18.
6.	19.
7.	20.
8.	21.
9.	22.
10.	23.
11.	24.
12.	25.
13.	



## Recipe Corner

### HOMEMADE BREAD

2 cups warm water (105-115 degrees)  
 1 tablespoons active dry yeast\*  
 ¼ cup honey or sugar  
 2 teaspoons salt  
 2 tablespoons oil (canola or vegetable)  
 4 - 5 1/2 cups all-purpose or bread flour\*

In a large bowl or stand mixer add the yeast, water and a pinch of the sugar or honey. Allow to rest for 5-10 minutes until foaming and bubbly. (This is called “proofing” the yeast, to make sure it is active. \*If it doesn’t foam, the yeast is no good, and you need to start over with fresh yeast.) Add remaining sugar or honey, salt, oil, and 3 cups of flour. Mix to combine.

Add another cup of flour and mix to combine. With the mixer running add more flour, ½ cup at a time, until the dough begins to pull away from the sides of the bowl. The dough should be smooth and elastic, and slightly stick to a clean finger, but not be overly sticky. Add a little more flour, if needed.

Mix the dough for 4-5 minutes on medium speed (or knead with your hands on a lightly floured surface, for 5-8 minutes).

Grease a large bowl with oil or cooking spray and place the dough inside, turning to coat. Cover with a dish towel or plastic wrap and allow to rise in a warm place\* until doubled in size, about 1 ½ hours. Spray two 9x5" bread pans generously with cooking spray on all sides. (Optional: line the bottom of the pans with a small piece of parchment paper.)

Punch the dough down well to remove air bubbles. Divide into two equal portions. Shape each ball into long logs and place into greased loaf pans.

Cover pans with a lightweight, dry dish towel (or spray two pieces of plastic wrap generously with cooking spray and lay them gently over the pans). Allow dough to rise again for about 45 minutes to one hour, or until risen about 1 inch above the loaf pans. Gently removing covering.

Preheat oven to 350 F. Bake bread for about 30-33 minutes, or until golden brown on top. Give the top of a loaf a gentle tap; it should sound hollow.

Invert the loaves onto a wire cooling rack. Brush the tops with butter and allow to cool for at least 10 minutes before slicing.

Once cool, store in an airtight container or bag for 2-3 days at room temperature, or up to 5 days in the refrigerator.

### ENGLISH TOASTING BREAD

2 packages active dry yeast (4½ teaspoons)  
 6 cups un-sifted flour  
 1 tablespoon sugar  
 2 teaspoons salt  
 2 cups milk  
 ¼ teaspoon baking soda  
 1 egg, slightly beaten with enough water to make ½ cup

Preheat oven to 400°F. Coat 2 loaf pans with cooking spray and sprinkle with cornmeal.

Combine 3 cups flour, yeast, sugar, salt and soda in mixing bowl.

Heat milk to 120/130°F (about 2½ minutes in the microwave). Stir milk and egg/water mixture into dry mixture. Beat well. Add remaining flour to make a stiff dough. Stir, making sure to wet all the flour.

Spoon dough into 2 loaf pans. Sprinkle cornmeal on top of loaves. Let rise 45 minutes.

Bake for 25 minutes with oven rack one level below middle of the oven. Remove from pans to cool on a rack.

### NO KNEAD BREAD

3½ cups all-purpose flour  
 2 teaspoon kosher salt (or 1½ teaspoon table salt)  
 ¼ teaspoon active dry yeast  
 1½ cups warm water

Mix all ingredients together until a sticky dough forms. Cover with plastic wrap and a towel and leave to rise in a warm place away from drafts. Let rise for a minimum of 12 hours up to 20 hours.

Flour a clean dry surface. Dump dough out and press out bubbles. Knead a few times by pressing down, folding over, turning and repeating. Form into a ball and dust with flour. Leave to rise a minimum of 2 hours until doubled in size.

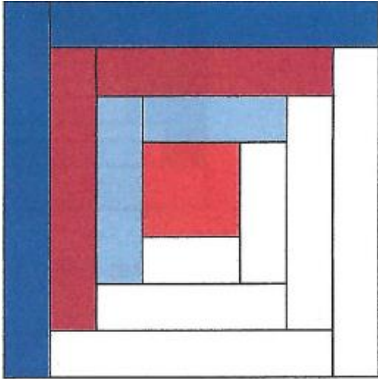
When bread is nearly finished rising, preheat oven to 450 degrees. Place heavy lidded pot such as a Dutch oven in the oven to preheat on a rack between the middle and bottom. Carefully place dough into the heated pot, cover and cook for 30 minutes.

Remove lid and cook another 15 - 20 minutes or so until the dough is nicely browned and a good crust is formed.

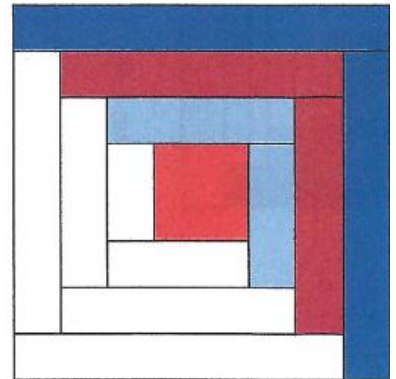


# Quilt of Valor Block

## 2025 QOV BLOCK DRIVE



**Colors:**  
Red, white  
and blue

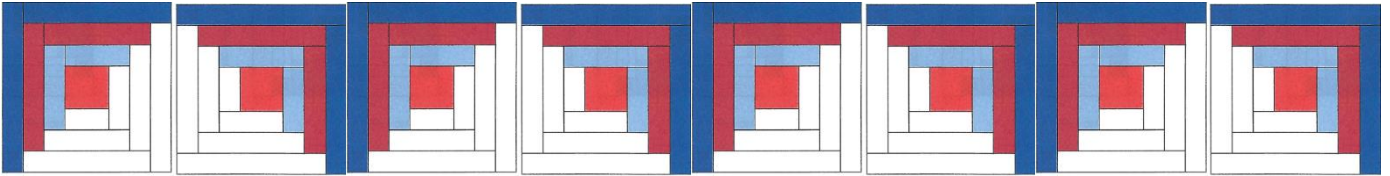


**PATTERN: LOG CABIN**  
Pattern from [www.qovf.org](http://www.qovf.org)

Click the link below for the finished block pattern\*

<https://www.qovf.org/wp-content/uploads/2024/12/2025-National-Block-Log-Cabin.pdf>

\*Please note this is a pattern for the 2025 QOV block drive. See pattern instructions for submitting blocks.



### JOHNSON TOWN HALL SEWING DAYS

Sewing weekends are open again at the Johnson Town Hall. We set up on the second floor of the Town Hall (elevator available). Large tables are available plus ironing stations and a cutting table.

We meet on the first and third weekend of the month, arrival after 8 am, but you can sew as late as you want. A \$2 daily donation is requested, going to the Town of Johnson for use of the space.

At this time we are planning to have a mailing list only for change of plans, you can send your email to Robin Wright, [growingfarm00@gmail.com](mailto:growingfarm00@gmail.com) or Hilda Tallman, [sammnvt57@yahoo.com](mailto:sammnvt57@yahoo.com) to be on that list. Reminder emails the week before will no longer be going out.

All crafters are welcome!



### TIPS AND ADVICE FOR QUILT PLANNING IN THE NEW YEAR Quilting Daily Excerpt from Lyn Brown, designer of *After the Rush* quilt pattern

"One thing I do as the New Year begins is to start a new 'Done List.' In between (and during!) larger quilting projects, we often tackle smaller projects such as gifts, mending, and home decoration that take time but never make it onto a UFO list. A Done List includes all the stitching projects finished. Certainly, UFO lists serve a purpose. And it IS a great feeling to cross something off that list. Still, I seem to add two UFOs for each one I cross off! The Done List, however, is all positive—a tangible reminder of what you've stitched. It's gratifying at the end of each year to see all you have accomplished.

So, as you gear up for the New Year, grab a sheet of paper or open a file on your phone and list each of your projects, large or small, as you finish them. And then, give yourself a well-deserved pat on the back for a job well done!"

I ♥ QUILTING! I ♥ QUILTING!

### FABRIC MANUFACTURER'S FREE PROJECT PAGES

Compiled by Julie Cefalu <https://thecraftyquilter.com>

**Andover Fabrics:** This company offers a wide variety of fabric from traditional to novelty (including Eric Carle) and lots of basics, too. They have an archive of free patterns, but it does not include projects using current fabric lines. Those can be found elsewhere on their website.

**Anthology Fabrics:** Specializing in beautiful Batiks, you'll find lots of free patterns to inspire you.

**Art Gallery Fabrics:** Their quilting cottons have a beautiful hand and their designs are fun and modern. You'll find lots of free, easy quilt patterns along with projects that are more challenging.

**Benartex (includes Kanvas Studio and Contempo Studio):** They are a leading supplier of creative designer prints. Their free patterns page is organized alphabetically by pattern name. You can filter the results by studio or collection.

**Blend Fabrics:** Blend's fresh, on-trend designs now include licensed fabric by Anna Griffin. Their free patterns and projects give inspiration and instructions for creating beautiful quilts and more.

**Camelot Fabrics:** Fabric designed for the modern maker and includes licensed collections from Disney, Laura Ashley and more. Scroll down the page and look for DIY free projects. You find everything from bags, home décor, quilts and apparel.

**Clothworks:** This is a family-owned company selling premium quality quilting cotton, including American Made Brand Cotton Solids, Fresh Batiks, and nearly 50 different freestanding print collections each year. They have lots of free patterns to showcase their fabric lines.



### LINK TO BARN QUILT TRAIL OF NORTHERN VERMONT

<http://www.barnquiltsfornorthernvermont.org/>

**NEWSLETTER IDEAS WANTED:** Do you have a recipe you'd like to share with guild members? Or maybe you've found a great quilting website or blog you'd like to share. Or you've visited a quilt shop within an easy drive which had bargains or a fabric selection no quilter should miss. If so, send an email to [CommonThreadsVT@gmail.com](mailto:CommonThreadsVT@gmail.com), and the newsletter editor will do her best to include it in the next newsletter. Although welcome, your input doesn't have to be a complete article. It could be a few bullets which convey your message. The editor will fill out the article as needed.

#### **Deadline for articles for next newsletter:**

**Monday, January 20<sup>th</sup>, 2025**

Please email articles to Sharon Perry, [CommonThreadsVT@gmail.com](mailto:CommonThreadsVT@gmail.com),  
or mail to PO Box 517, Montgomery Center VT 05471



*January 12<sup>th</sup> is  
National Hot Tea Day*



*"January: 31 days of trying to write the correct year."  
~ Unknown*