

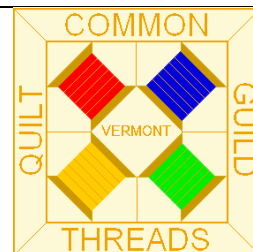
Volume 2

# ON POINT

The official newsletter  
of the Common Threads Quilt Guild of Lamoille County  
in Hyde Park, Vermont

<http://commonthreadsvt.org/>

[CommonThreadsVT@gmail.com](mailto:CommonThreadsVT@gmail.com)



Issue 2

OCTOBER 2022

## The President's Block

Hello quilters,

Last meeting, we were educated about making fabric. Since I'm of the spin it and knit it mentality, it was very informative.

I really appreciate the programs which Andrea and Sharon are giving us. I am looking forward to the rest.

I was in my sewing room looking around and I seem to have a lot of UFOs. What about the rest of us? Does anyone else need a reason to get started? Remember the contest of 12 in 2012? It certainly helped me to get going.

I really don't want snow, but when we can't go out without looking like Nanook of the North, I might get busy.

Have a productive month.

Your president under duress  
Carol Moulton, President



### President

Carol Moulton 802-888-3560

### Vice President

Denise Mayo 802-585-5876

### Secretary

Grace Sweet 802-244-7123

Robin Wright 802-635-9550

### Treasurer

Cheryl Leach 802-888-5102

### Programs

Andrea Blaisdell 802-635-8389

### Newsletter

Sharon Perry 802-326-3135

### Sunshine Cards

Hilda Tallman 802-888-3808

### Membership & Librarian

Jan Kuhn 802-851-8341

### Sunshine Quilts

Marion Seasholtz 802-635-2731

Common Threads Quilt  
Guild meets the 1<sup>st</sup> Thursday,  
March through December,  
at 6:30 p.m. at the  
Sterling View  
Community Center  
in Hyde Park

Dues = \$20 annually



**2022 - 2023 Guild Calendar**  
**DOORS OPEN AT 6:00 PM;**  
**MEETING STARTS AT 6:30 PM**

September 1<sup>st</sup> Back to Basics:  
Understanding Fabric  
Construction & Properties

**October 6<sup>th</sup> Back to Basics:**  
**All About Quilting Fabric**

November 3<sup>rd</sup> Back to Basics:  
Needles & Threads & More...Oh My!

December 1<sup>st</sup> Potluck & Exchange  
Back to Basics: Fabric Prep & Demos

**2022 - 2023 Guild Calendar**  
**DOORS OPEN AT 6:00 PM;**  
**MEETING STARTS AT 6:30 PM**

January Learning & Sewing Sessions  
Date, Time & Location TBA

February Learning & Sewing Sessions  
Date, Time & Location TBA

March 2<sup>nd</sup> Back to Basics:  
Color Theory

April 6<sup>th</sup> Back to Basics:  
Modern Quilting

**2022 - 2023 Guild Calendar**  
**DOORS OPEN AT 6:00 PM;**  
**MEETING STARTS AT 6:30 PM**

May 4<sup>th</sup> Back to Basics:  
Paper Piecing

June 1<sup>st</sup> Back to Basics:  
All About Appliqué

July 6<sup>th</sup> Back to Basics:  
Getting Your Blocks In Order

August 3<sup>rd</sup> Summer Potluck  
Back to Basics Sew & Tell

# Treasurer's Report

Beginning Balance 8/16/2022 \$5,430.81

Income

Annual Dues \$260.00

*Total Income* \$260.00

*Subtotal* \$5,690.81

Expenses \$0.00

*Total Expenses* \$0.00

Ending Balance 9/16/2022 \$5,690.81

Respectfully submitted,  
Cheryl Leach, Treasurer

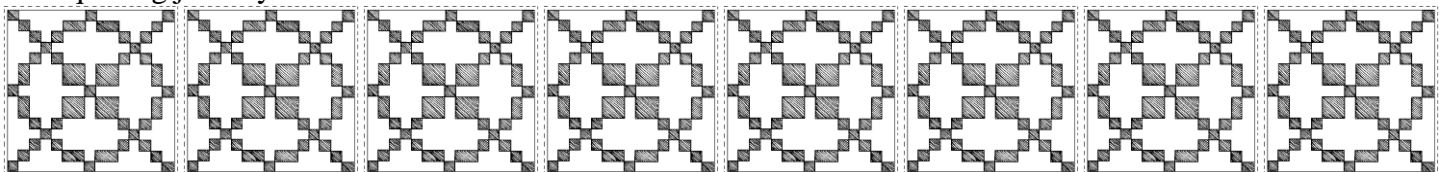


## OCTOBER MEETING “BACK TO BASICS”: ALL ABOUT QUILTING FABRIC

If you think you know everything there is to know about quilting fabric, think again. We'll be watching 3 videos at the October meeting to learn all there is to know about quilting fabric and then some to include precut terminology and fabric finishes.

In addition to the regular monthly meetings in March through December, Andrea Blaisdell and Sharon Perry, the guild's program coordinators, plan to host Learn & Sew sessions in January and February where participants will work on an actual quilting project. If members know of anyone wishing to learn how to quilt or quilters wanting to improve their skills, we encourage you to bring them to the guild meeting in October and join guild members as we all go “back to basics.”

As part of the program each month, we'll end with a Q&A and “best practices” segment. We hope to have the more experienced quilters in the guild share lessons they've learned and tips and tricks they discovered along their quilting journey.



## **FOR SALE:** White Speedylock Serger Model 1600

Serger has never been used. Owner bought it but did not get to use it. Thread and accessories are included. \$200. For more information, please contact Linda Young, 802-635-2658.

# Secretary's Report

## Secretary's Report (September 1, 2022)

**Meeting called to order:** at 6:30 pm, with Carol Moulton, president, presiding

**# present:** 23 members including 2 new members, Bonnie Griswald and Andrea Poppiti

**Guests:** Melba Ferland

**Birthdays:** Jane Langdell, Martha Corey, and Melody Chase

**Drawings:** Sheila Cross won for Just for Coming and Denise Mayo for Food Shelf donation

**New drawings** – New member or guest: Bonnie Griswald won; and for a member who invited a new member or guest: Carol Moulton won.

**Secretary's Report:** Motion to accept, Sharon Perry and Seconded by Hilda Tallman. Passed.

**Treasurers Report:** Motion to accept, Sharon Perry and Seconded by Donna Hamel. Passed.

**Sunshine Quilts:** Kits are available. Program explained by Andrea. Next work session is September 24th, 9 to 2ish at Sterling View. Many things to do, both hand and machine work. Bring your lunch, Marion usually brings dessert.

**Membership:** Yearly membership is due, see Jan if you still need to pay.

**New Business:** Books available for free on the side table. Jane encourages us to take as many as we want.

### Sew & Tell

**Program:** Andrea & Sharon will be doing a Back-to-Basics series. Today is Understanding Fabric Construction & Properties.

**Meeting Adjourned:** 8:00 pm approx.

Respectfully Submitted

Robin Wright, Co-Secretary



### QUILT TIPS

- Sew your label into the seam that sews on the binding. This way there are only two sides to hand sew and it is more difficult to for the label to be removed. Also, put your initials on the seam allowance of the binding. That way, if the quilt disappears and later reappears without the label, you can prove it is yours by simply undoing a few hand stitches.
- Use a Q-tip to clean lint from your bobbin area. It won't scratch your machine and lint will cling to the Q-tip to be removed easily.
- After basting your quilt, roll the backing edges over the batting and pin to the quilt. This will enclose the excess batting and help to defray snagging or picking up unwanted stray threads.
- When clipping threads or ripping out seams, have a piece of batting to put the clippings on so they don't stick to your fingers.
- When paper piecing, use removable tape to hold the fabric onto the paper. Be sure to remove the tape before pressing. The tape can re-used several times before discarding.
- The boxes sold in craft and fabric store to hold photos make a great way to store the fabric and patterns for quilts. The label in the front makes for easy identification, and the boxes can be stacked for storage.
- After a project is completed, take the time to clean the fuzz and lint from your sewing machine. Apply a bit of oil to the bobbin case, and treat your machine to a new needle. When it is time to start a new project, your machine will be ready to go.
- Gray thread is a great neutral color for piecing.
- An Altoids tin makes a great pin holder...after it is empty, of course.

# Block of the Month

## OCTOBER 2022



**Colors:**  
**Make it scrappy**

**PATTERN: Roll of the Dice**

Pattern from [www.patchworksquare.com](http://www.patchworksquare.com)

If you have any questions, call Lisa Vilord, 802-279-7292.

Click the link below for the Roll of the Dice 12" finished block pattern\*

<https://www.patchworksquare.com/mf/roll-of-the-dice-quilt-block.pdf>

**\*Please note the pattern has instructions for 3 sizes; please make the 12" finished quilt block.**



### IT'S THAT TIME OF YEAR AGAIN... MEMBERSHIP DUES!

September marked the start of a new membership year for the guild. The CTQG membership form can be found [here](#). Bring your completed membership form and your \$20 check, payable to CTQG, or cash, to the October meeting. Jan Kuhn will be collecting your form and dues.

**If you are unable to attend the October meeting,** please send your completed membership form, along with a \$20 check (payable to CTQG), to Jan Kuhn, 109 Oakwood Drive, Hyde Park, VT 05655. Members who have not paid their membership dues by the October meeting will be removed from the membership list and will no longer receive On Point, the guild's official newsletter, starting with the November edition.

**Renew Your Membership**



## Recipe Corner

### PUMPKIN RUM CAKE

#### **Cake:**

Nonstick cooking spray, for the pan  
3 cups all-purpose flour, plus more for the pan  
2 cups sugar  
¼ teaspoon kosher salt  
½ cup buttermilk  
2 teaspoons baking soda  
2 teaspoons vanilla extract  
½ teaspoon maple extract  
2 large eggs  
2 sticks (1 cup) salted butter  
2 cups pumpkin puree  
2 teaspoons pumpkin pie spice, plus more for serving  
¾ cup boiling water

#### **Rum Syrup:**

2 sticks (1 cup) salted butter  
1 cup sugar  
1 cup spiced rum  
1 teaspoon vanilla extract

#### **Maple Whipped Cream:**

1 cup heavy cream  
1 teaspoon maple syrup

**For the cake:** Preheat the oven to 350 degrees F. Grease and flour a 10-cup bundt pan, shaking out the excess flour.

Stir together the flour, sugar and salt in a large bowl; set aside. Whisk together the buttermilk, baking soda, vanilla and maple extracts and eggs in a separate bowl. Set aside.

In a medium saucepan over medium heat, melt the butter. Stir in the pumpkin puree and pumpkin pie spice until well combined. Next, add the boiling water and whisk until the mixture is smooth.

Pour the pumpkin mixture into the dry ingredients and whisk together until the flour is just mixed in. Slowly add the wet ingredients and stir until just combined. Pour the cake batter into the prepared bundt pan. Bake until a cake tester inserted into the center of the cake comes out clean, about 45 minutes.

**For the rum syrup:** Meanwhile, in a large saucepan over medium heat, combine the butter, sugar and 2 tablespoons water and bring to a boil; cook for 3 to 4 minutes. Turn off the heat. Slowly and carefully, pour in the rum while stirring. Then stir in the vanilla. Set aside.

Remove the cake from the oven and allow it to cool in the pan for 10 to 12 minutes. Carefully, invert the cake

onto a rack over a baking sheet. Poke the top and sides of the cake all over with a wooden skewer.

Pour half of the syrup into the base of the bundt pan. Gently return the cake to the pan. Using the same skewer, poke the bottom of the cake. Pour the remaining syrup over the cake and around the edges of the pan. Allow the cake to cool completely and soak up the syrup in the bundt pan, about 1 hour.

**For the maple whipped cream:** Add maple syrup and cream to a stand-mixer bowl fitted with a whisk attachment. Whip on medium-high speed until soft peaks form, 2 to 3 minutes. Refrigerate until ready to use.

Once the cake is cooled, invert onto a serving platter. Slice and serve each piece with a dollop of Maple Whipped Cream and a sprinkle of pumpkin pie spice.

### PUMPKIN DIP

1 can pumpkin puree (15 oz)  
8 oz cream cheese or coconut cream  
2 tsp cinnamon  
1 tsp pumpkin pie spice (or extra cinnamon)  
1 ½ tsp pure vanilla extract  
½ cup powdered sugar or erythritol

If you're using cream cheese, let it come to room temperature. Blend all ingredients until completely smooth. A food processor yields the smoothest results by far, but you can technically stir by hand with a lot of strength and patience if you don't have a blender or food processor. The dip can be left out for hours while consuming (such as at a party) but leftovers should be refrigerated for freshness.

### ROASTED PUMPKIN SEEDS

1 ½ cups pumpkin seeds  
2 teaspoons melted butter or 2 teaspoons melted oil (olive oil or vegetable oil work well)  
Salt to taste  
Optional seasonings: garlic powder; cayenne pepper; seasoning salt; or Cajun seasoning

Preheat oven to 300 degrees F.

While it's OK to leave some strings and pulp on your seeds (it adds flavor), clean off any major chunks. Toss pumpkin seeds in a bowl with the melted butter or oil and seasonings of your choice.

Spread pumpkin seeds in a single layer on baking sheet. Bake for about 45 minutes, stirring occasionally, until golden brown.





## SUNSHINE CARDS FOR OUR MEMBERS

If you know of a guild member who is in need of encouragement or comfort due to an illness, bereavement, etc., please contact Hilda Tallman, 802-888-3808. She will send out an appropriate card.

## SUPPORTING THE LOCAL COMMUNITY

Guild members are asked to bring nonperishable food shelf donations to Sterling View, the host site of our meetings. Sterling View distributes those donations to the local food shelf. Please drop your items in the basket near the door.



## MORE QUILTING TIPS

- Are you having trouble finding fabric in just the right color for your quilt? The wrong side of a printed fabric may provide you with the perfect color option.
- The secret to successfully mixing many different prints is to noticeably vary the size and scale of the patterns that are placed next to each other. Whenever possible, place larger and smaller prints together, rather than positioning those of the same scale side by side. If you find that many of your prints are of a similar size, vary the value of the colors to achieve contrast and add further definition.
- To easily give any quilt an old-fashioned, vintage feel, simply substitute muslin for the background prints called for in the directions. Your quilt will instantly exude traditional charm.
- When arranging your blocks for placement into a quilt top, always position pieces with strong hues in the corners. This will clearly define and anchor your quilt center.
- Remember that the value of any print can change depending upon the colors that are positioned immediately next to it. If you decide to work a light print into a quilt top that largely features darker tones, position it next to a medium-toned print to minimize the difference. The medium print acts as a bridge to blend the surrounding colors, and the lighter print adds interest without distracting from the overall look of the quilt.
- When you begin a new project, take a moment to wind three or four bobbins. You'll save time later!
- To easily organize patchwork sets or appliqué pieces, especially for travel or classes, try layering them between paper plates. Special notes or instructions can be written directly on each plate, and the plates can be stacked together to keep your work neat, compact, and easily portable.
- If you're constantly losing your scissors, try this little trick. Follow the manufacturer's instructions to apply a 3M hook to the side surface of your sewing machine or an adjacent wall...or, throw restraint completely out the window and attach a hook to both! Hang a pair of scissors on your new holder, and they'll never be lost again.

- If you wish to appliqué a particular pattern but the shape appears too difficult, modify the pattern by fattening thin points and plumping narrow inner curves. No one will know it but you!
- Instead of using a single piece of fabric for your appliqué background, try substituting a simply pieced background of two or more neutral prints for added interest and impact.
- To eliminate pinning freezer-paper layers after the appliqué shape has been traced, try holding the tip of a hot iron to the topmost paper layer at spaced intervals around the shape, at least ¼" outside the drawn lines. Hold the iron in place until the layers are fused, and then cut out the shape.
- To achieve consistent seam allowances when cutting appliqué pieces, place a small strip of ¼" masking tape on the end of your thumbnail to use as a visual guide.
- For wall hangings that lie smooth and flat, place a second hanging sleeve at the bottom edge of the quilt and insert a small dowel or flat strip of wood that has been cut slightly narrower than the width of the quilt. The added weight will eliminate any ripples and your piece will hang beautifully.
- When "un-sewing" a seam, a clean eraser or the sticky side of a length of masking tape can be lightly rubbed over any remaining threads to loosen and remove them from the cloth.



Anne Harmon	October	6 <sup>th</sup>
Carolyn Babcock	October	9 <sup>th</sup>
Denise Mayo	October	26 <sup>th</sup>
Linda Worth	October	27 <sup>th</sup>

*...and many more!!!*

## OCTOBER

By Robert Frost

O hushed October morning mild,  
Thy leaves have ripened to the fall;  
Tomorrow's wind, if it be wild,  
Should waste them all.  
The crows above the forest call;  
Tomorrow they may form and go.  
O hushed October morning mild,  
Begin the hours of this day slow.  
Make the day seem to us less brief.  
Hearts not averse to being beguiled,  
Beguile us in the way you know.  
Release one leaf at break of day;  
At noon release another leaf;  
One from our trees, one far away.  
Retard the sun with gentle mist;  
Enchant the land with amethyst.  
Slow, slow!  
For the grapes' sake, if they were all,  
Whose leaves already are burnt with frost,  
Whose clustered fruit must else be lost—  
For the grapes' sake along the wall.

### FEATURED VIDEO TUTORIAL FOR OCTOBER:

<https://www.youtube.com/watch?v=QdMaUspGrIg>

“Stargazer Pumpkin” Quilt

Missouri Star Quilt Company

### FEATURED PATTERNS

**Broomy Wall Hanging:** [https://liveartgalleryfabrics.com/wp-content/uploads/2021/07/Broomy-Wall-Art\\_instructions.pdf](https://liveartgalleryfabrics.com/wp-content/uploads/2021/07/Broomy-Wall-Art_instructions.pdf)

**Charmed Wall Hanging:** <https://liveartgalleryfabrics.com/wp-content/uploads/2020/06/Charmed-Quilt-Instructions.pdf>

**Scary Moon Quilt Banner & Pillow:** <https://andoverfabrics.com/Quilts/Midnight%20Haunt-Pillow-Bats.pdf>

**Halloween Mini Quilt:** [https://media.rainpos.com/5025/wm\\_halloweenquilt.pdf](https://media.rainpos.com/5025/wm_halloweenquilt.pdf)

**Witches Celebrate Quilt:** <https://www.rileyblakedesigns.com/assets/images/freepatterns/quiltpatterns/WitchHazelFreePattern.pdf>

**Trick or Treat Table Runner:** <https://drive.google.com/file/d/1HVRWimhH95pNPCld6Rs42RcWXAPc1Frz/view>

**Trick or Treat Sunbonnet Sue:** <https://sewhooked.files.wordpress.com/2012/10/trick-or-treat-sue-by-jennifer-ofenstein1.pdf>



**OCTOBER WORD SEARCH**

P	R	Y	S	A	N	T	A	M	A	R	I	A	E
I	E	A	K	N	O	N	T	B	O	I	C	N	I
N	T	D	E	I	L	A	P	R	D	C	I	B	R
T	H	S	L	K	E	R	S	O	S	L	C	I	B
A	G	U	E	P	A	D	C	O	A	C	O	W	E
N	I	B	T	M	V	Y	A	M	V	G	N	I	W
I	F	M	O	U	E	H	R	S	R	H	R	T	R
N	E	U	N	P	S	U	Y	T	R	O	O	C	E
A	R	L	C	L	O	I	P	I	H	S	C	H	D
I	I	O	A	T	I	R	A	C	I	T	Y	R	I
L	F	C	T	E	U	B	U	K	S	A	D	L	P
C	O	S	T	U	M	E	R	U	K	S	N	A	S
S	S	A	P	M	O	C	B	A	T	P	A	P	Y
A	F	A	H	D	S	O	M	S	O	C	C	O	A

CANDY CORN  
 TOURMALINE  
 SKELETON  
 SANTA MARIA  
 LIBRA  
 COSMOS  
 SPIDER WEB  
 WITCH  
 COSTUME  
 COLUMBUS DAY  
 BROOMSTICK  
 PUMPKIN  
 FIREFIGHTER  
 NINA  
 LEAVES  
 SHIP  
 BAT  
 SCARY  
 HYDRANT  
 COMPASS  
 OPAL  
 CAT  
 GHOST  
 PINTA

**LINK TO BARN QUILT TRAIL OF NORTHERN VERMONT**

<http://www.barnquiltsfornorthernvermont.org/>

**NEWSLETTER IDEAS WANTED:** Do you have a recipe you'd like to share with guild members? Or maybe you've found a great quilting website or blog you'd like to share. Or you've visited a quilt shop within an easy drive which had bargains or a fabric selection no quilter should miss. If so, send an email to [CommonThreadsVT@gmail.com](mailto:CommonThreadsVT@gmail.com), and the newsletter editor will do her best to include it in the next newsletter. Although welcome, your input doesn't have to be a complete article. It could be a few bullets which convey your message. The editor will fill out the article as needed.

**Deadline for articles for next newsletter:**

**Saturday, October 15<sup>th</sup>, 2022**

Please email articles to Sharon Perry, [CommonThreadsVT@gmail.com](mailto:CommonThreadsVT@gmail.com),  
or mail to PO Box 517, Montgomery Center VT 05471



*October is Adopt a Shelter Dog Month*



*"I'm so glad I live in a world where there are Octobers."*

*~ L. M. Montgomery, Anne of Green Gables*