

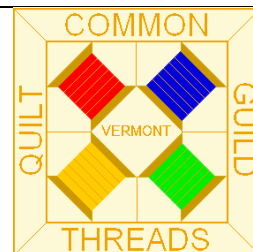
Volume 1

# ON POINT

The official newsletter  
of the Common Threads Quilt Guild of Lamoille County  
in Hyde Park, Vermont

<http://commonthreadsvt.org/>

[CommonThreadsVT@gmail.com](mailto:CommonThreadsVT@gmail.com)



Issue 2

October 2021

## The President's Block

Hi Everyone,

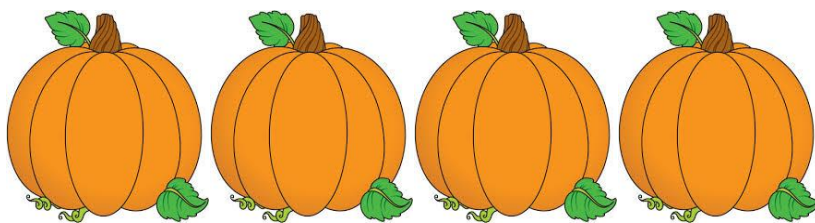
I do believe fall is on the way! It's starting to get colorful in a few places and the soft maple outside my living room window is really red. I love the cool mornings and the clear days. It's making me want to get my Christmas gifts started!

I have been working on a couple of projects for a couple of fundraising events that will happen before our next meeting so I won't have them for sew and tell. One is a lap quilt tumbler block in jewel tone purples, blues, burgundy, greens and teal scraps. The other is a table runner with fall leaves appliqued on a patch work cream tonal background. I will take pictures to show you at the meeting.

A huge thank you goes out to Sally Cabell again for her generous donation of the Hampton Ridge kit for use as the next raffle quilt. I will announce some dates soon for workshops for this project. It's going to be great fun!

See you all soon,

Andrea Blaisdell  
President



### President

Andrea Blaisdell 635-8389

### Vice President

Jane Paine 888-4555

### Secretary

Grace Sweet 244-7123  
Robin Wright 635-9550

### Treasurer

Lois Lemaire 253-7789

### Programs

TBD

### Newsletter

Sharon Perry 326-3135

### Sunshine Cards

Donna Merriam 888-3691

### Membership & Librarian

Jan Kuhn 851-8341

### Charity Quilts

Marion Seasholtz 635-2731

Common Threads Quilt  
Guild meets the 1<sup>st</sup> Thursday  
of every month at 6:30 p.m.  
at the Sterling View  
Community Center  
in Hyde Park

Dues = \$20 annually



### 2021 – 2022 Guild Calendar

**DOORS OPEN AT 6:00 PM;  
MEETING STARTS AT 6:30 PM**

August 5<sup>th</sup> Summer Potluck

September 2<sup>nd</sup> Trunk Show  
with Carolyn Babcock

October 7<sup>th</sup> Favorite Quilting Tool or  
Notion

November 4<sup>th</sup> Wool Appliqué

### 2021 – 2022 Guild Calendar

**DOORS OPEN AT 6:00 PM;  
MEETING STARTS AT 6:30 PM**

December 2<sup>nd</sup> Holiday Potluck

January NO MEETING

February NO MEETING

March 3<sup>rd</sup>

### 2021 – 2022 Guild Calendar

**DOORS OPEN AT 6:00 PM;  
MEETING STARTS AT 6:30 PM**

April 7<sup>th</sup>

May 5<sup>th</sup>

June 2<sup>nd</sup>

July 7<sup>th</sup> Summer Potluck

# Treasurer's Report

Beginning Balance 8/14/2021

\$5,611.81

Income

Member Dues

\$240.00

*Total Income*

\$240.00

*Subtotal*

\$5,851.81

Expenses

*Total Expenses*

\$0.00

Ending Balance 9/15/2021

\$5,851.81

Respectfully submitted,  
Lois Lemaire, Treasurer



## BRING YOUR FAVORITE QUILTING NOTION TO THE OCTOBER MEETING



Quilting notions are all of those tools and accessories that are used when making a quilt. There are hundreds, if not thousands, of different notions a quilter could potentially buy when starting out. But how do you choose?

Do you have a go-to notion you use whenever you're making a quilt? It's that notion you always have close by whenever you're sewing/quilting.

Bring your go-to notion to the October meeting. Share why it's important to you to have it always available to you as a quilter.

# Secretary's Report

## Secretary's Report (September 2, 2021 by Grace Sweet)

### Common Threads Quilt Guild

Twenty-two members present.

Meeting led by Andrea Blaisdell.

**Drawings:** Just for coming – Melody Chase, Food Shelf Donation – Elaine Foster

**Secretary's Report** – Motion to accept: Sharon Perry, 2<sup>nd</sup>: Elaine Foster – Approved

**Treasurer's Report:** Motion to accept: Sharon Perry, 2<sup>nd</sup>: 2<sup>nd</sup>: Hilda Tallman – Approved with a note that \$340 has been deposited from the dues and \$194 for raffle tickets in July.

**Sunshine cards** – Donna Merriam (absent) – none

### Old Business:

- Newsletter: Sharon Perry – wonderfully well done. Go to website [commonthreadsvt.org](http://commonthreadsvt.org) to get the newsletter.
- Block of the Month (BOM): Lisa Vilord – colors continue to be from navy to bright green. Questions – Lisa's cell 802-279-7292; Hilda Tallman won the BOM drawing. The BOM for October will be 12 1/2" and 12" when finished.
- Sunshine Quilts: Marion Seasholtz (absent) – however, kits are available

### New Business:

- September 25 and 26, North Country Quilt Festival in Newport.
- Quilt Retreat at Lake Morey on October 20-24 – still a couple of openings for anyone who might be interested.
- Sally Cabell has generously donated a quilt kit, "Hampton Ridge," to be made up for a raffle quilt. It is to be foundation paper pieced in a group workshop (or two). It will be square – bigger than a queen size.
- Quilt Show? If? When? Where? The person in charge of the Noyes House in Morrisville has offered that space.
- Question: How does copyright law apply to quilters? If, so, under what circumstance? After some investigation perhaps an article could be printed in the newsletter.
- Sites to check out: Margarita McManus: [quilterscalender.com](http://quilterscalender.com); Carla Clapp: Kits by Carla; and Deb Tucker.

**Sew and Tell:** four folks shared their creations

**Program:** Carolyn Babcock shared her gorgeous quilt creations – all cut and sewn without a rotary cutter or a sewing machine, most with a Civil War theme. (I assume that Carolyn does use an electric iron.) We all are in awe of her inspired creativity.

**Next meeting: October 7<sup>th</sup>** – Bring your favorite notion or quilting tool.

**Adjourned: 8:00 pm**

Respectfully Submitted by  
Grace Sweet, Co-Secretary

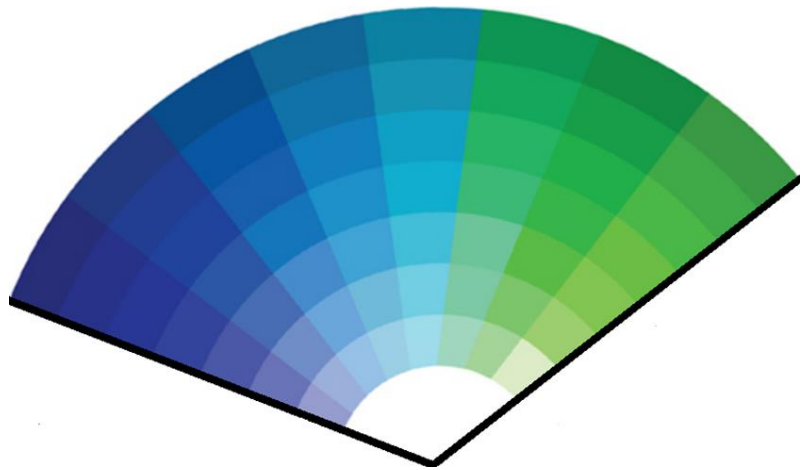


### REDWORK TIPS

- Wash fabric prior to tracing or stitching.
- Trace your pattern using a Micron Pigma pen in the same color as your embroidery floss.
- Use two strands for most stitching. Use one strand for finer detail features.
- Don't "travel" with your thread across open space and be sure to trim all threads otherwise the thread will shadow through when the piece is completed.
- Coloring books and appliqué patterns are great sources for Redwork patterns.
- Use a hoop to secure your project while working on it, but remove it when not working on your project.

# Block of the Month

OCTOBER 2021



**Colors:** Navy blue to bright green on the color wheel

**PATTERN: ARKANSAS TRAVELLER**

Pattern from [www.patchworksquare.com](http://www.patchworksquare.com)

If you have any questions, call Lisa Vilord, 802-279-7292.

Click the link below for the Quatrefoil block pattern

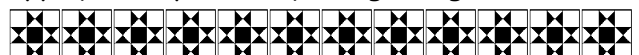
<https://www.patchworksquare.com/mf/arkansas-traveller-quilt-block.pdf>



## QUILT TIPS

- To get the perspective of distance on a quilt plan, view it through a door peephole insert from the hardware store.
- Cut the background fabric block for Redwork or appliqué 1" larger than the desired finished block size. This will allow for "shrinkage" while you work.
- Pin appliqué elements to the background fabric from the back instead of the front. The thread will be less likely to catch on the pins.
- Recycle flexible plastic cutting boards for the bottoms of handmade bags. Cover the plastic with a batting for padding and a fabric sleeve.

- When safety pin basting, use a crochet hook or a grapefruit spoon to help catch the points of the pins as they emerge from under the quilt.
- Audition quilting designs by drawing them on clear plastic. Lay the plastic on the quilt top to get a feel for how a quilting design will look.
- Before bidding farewell to that old dishwasher, rescue the utensil basket. Use it for storing scissors, rotary cutters, and pencils on your cutting or work table.
- Try using your collection of plastic and metal cookie cutters for quilting! They make great appliqué shapes and quilting designs.



## Recipe Corner

### PEANUT NOODLES

6 oz. ramen noodles, linguine, or thin spaghetti  
2 tablespoons sesame oil  
1½ tablespoon peanut butter  
2 tablespoons soy sauce  
2 tablespoons honey or maple syrup  
Garlic to taste  
Salt  
½ teaspoon (or more) fresh ginger

Bring a large pot of salted water to a boil. Add noodles and cook until al dente. Drain and set aside.

In a large bowl, mix together sesame oil, peanut butter, soy sauce, honey or maple syrup, ginger, garlic, and salt. Add noodles and toss to coat thoroughly.

### PUMPKIN PIE SQUARES

1 box yellow cake mix, divided  
1 stick butter, divided  
1 15-oz can pumpkin  
3 large eggs  
⅓ cup evaporated milk  
½ cup brown sugar, packed  
¼ cup sugar, plus 2 tablespoons  
½ teaspoon nutmeg  
½ teaspoon ginger  
¼ teaspoon ground cloves  
Pinch salt  
1 teaspoon cinnamon  
Chopped nuts

Preheat oven to 350°. Butter bottom of 9" x 13" pan.

Measure out 1 cup of the cake mix. Cut off 2 tablespoons from stick of butter. Set both aside.

Melt remaining butter. Pour over remaining cake mix. Add 1 egg slightly beaten. Press mixture evenly into bottom of prepared pan. Set aside.

Combine pumpkin, 2 remaining eggs, evaporated milk, brown sugar, ¼ cup sugar, nutmeg, ginger, ground cloves, and salt. Mix thoroughly and pour over cake mix crust.

Mix 1 cup cake mix, 2 tablespoons butter, 2 tablespoons sugar, cinnamon, and chopped nuts until crumbly. Sprinkle over pumpkin mixture. Bake for 50 minutes. Let cool; serve with whipped cream.

### RECIPE NOTES:

- You can substitute 1 tsp. pumpkin pie spice for the nutmeg, ginger, and ground cloves if desired.

- Double ingredients for pumpkin filling for a thicker layer of "pumpkin pie." All other instructions and ingredients remain the same.

### SUPER MOIST PUMPKIN BREAD

3½ cups all-purpose flour  
2 cups packed dark brown sugar  
⅓ cup white sugar  
2 cups pumpkin puree  
1 cup vegetable oil  
⅓ cup coconut milk  
2 teaspoons baking soda  
1 teaspoon salt  
1 teaspoon ground nutmeg  
1 ½ teaspoons ground cinnamon  
⅓ cup flaked coconut  
1 cup toasted walnuts, chopped

Preheat oven to 350 degrees F (175 degrees C). Grease and flour two 8x4 inch loaf pans.

In a large bowl combine the flour, brown sugar, white sugar, pumpkin puree, oil, coconut milk, baking soda, salt, ground nutmeg and ground cinnamon. Mix until all of the flour is gone. Fold in the nuts and flaked coconut. Pour batter into the prepared pans.

Bake at 350°F for 1 hour and 15 minutes or until a toothpick inserted in the center comes out clean. Remove from oven and cover loaves with foil tightly. Allow to steam for 10 minutes. Remove foil and turn out onto a cooling rack. Tent lightly with the foil and allow to cool completely.





## SUNSHINE CARDS FOR OUR MEMBERS

If you know of a guild member who is in need of encouragement or comfort due to an illness, bereavement, etc., please contact Donna Merriam, 802-888-3691, [rdmerriam@comcast.net](mailto:rdmerriam@comcast.net). She will send out an appropriate card.

## SUPPORTING THE LOCAL COMMUNITY

Guild members are asked to bring nonperishable food shelf donations to Sterling View, the host site of our meetings. Sterling View distributes those donations to the local food shelf. Please drop your items in the basket near the door.

## GLORY OF AUTUMN QUILT FEST

Saturday, September 25<sup>th</sup> – Sunday September 26<sup>th</sup>

10:00 a.m. – 4:00 p.m.

Municipal Building, 222 Main Street

NEWPORT, VT

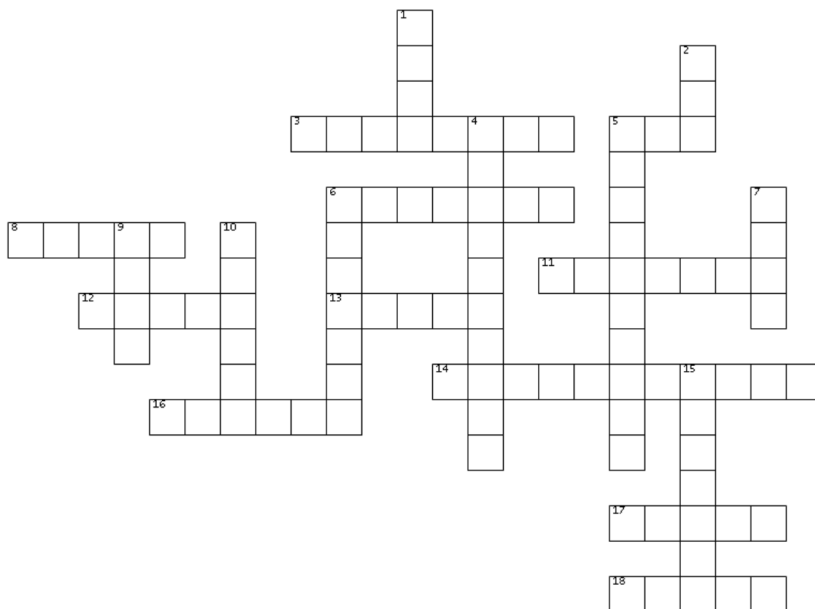
\$5.00 admission

Sponsored by the  
North Country Quilters Guild



Anne Harmon	October	6
Carolyn Babcock	October	9
Denise Mayo	October	26
Linda Worth	October	27

## OCTOBER CROSSWORD PUZZLE



### CROSSWORD PUZZLE CLUES

#### ACROSS

3. Human bone structure
5. A mainly nocturnal mammal associated with Halloween
6. outfit worn to create the appearance characteristic

of a particular period, person, place, or thing 8. an apparition of a dead person

11. A large rounded orange-yellow fruit in the gourd family
12. One of October's zodiac signs
13. One of Columbus' 3 ships
14. A person whose job is to extinguish fires
16. One of October's flowers
17. Frightening or causing fear
18. A woman believed to have magical powers

#### DOWN

1. One of October's birthstones
2. A small animal with fur, four legs, a tail, and claws associated with Halloween
4. One of October's birthstones
5. Brush a witch flies on
6. A device having a magnetic needle that indicates direction on the earth's surface by pointing toward the north
7. One of Columbus' 3 ships
9. A vessel larger than a boat for transporting people or goods by sea
10. Things which are raked in Autumn
15. an upright pipe with a spout, nozzle, or other outlet for drawing water



## QUILTER'S LAST WILL AND TESTAMENT

by Barbara Black, [bbquiltmaker.blogspot.com](http://bbquiltmaker.blogspot.com)

Every day we get older. And no one gets to live forever. I don't want this to sound maudlin or creepy, but if I was gone tomorrow, my family has a BIG job ahead of them, dealing with all my quilt stuff. My friends and I have seen what happens when a quilter passes away with a huge stash.

Here are 10 Top Tips on what I think your family needs to know about your stuff:

**1. Who to call?** Which quilter friends are willing to help your family sort through and arrange to sell or give away all this stuff? Name at least 3 good friends, provide their phone numbers. Discuss this with those friends in advance--are they willing to take on this task?

**2. Sewing Machines:** How many do you have, where are they, serial numbers, when did you buy them and for how much? I currently have two Singer Featherweights, a Bernina 765 in an expensive cabinet and my beloved Bernina Q20 sit-down longarm. When I bought that in 2015, I told my husband it was really "expensive". Note I was not asking his permission to buy it, my money as a professional quiltmaker and teacher did that. But he only understood what that word meant when he saw the credit card bill. Your family has no idea how much your very valuable machines cost or are worth today. The Featherweights are often thought to be "toy machines". One of mine I had painted so I have almost \$700 invested in that baby--I want that to go to granddaughter Stella someday.

**3. Your Important Quilts:** Which mean the most to you and are the ones you really want to stay with your family? Do you have some that have won major awards or been published that will increase their value? These "Best Quilts" need to be documented in writing, with photos, to help ensure that information stays with those quilts. Make a LIST--who do you want to get your favorite quilts? There are a few I want to go to my grandchildren, Stella and Sam, when they are old enough to appreciate them. Yes, I have given them baby quilts and kid quilts already. I mean the ones I want them to share with their children, long after I'm gone, when they talk about their "BB".

**4. Your Quilts You Would Like to Give to Someone:** make a list of any quilts you want given to a specific friend or family member. The "quilt worthy" person who will be so happy to have a piece of you in their life. If you are lucky enough to know when your end is near, add their name to those quilts in advance. Or, BETTER YET--give that special friend that special quilt while you are able to see them receive it.

**5. Your Quilts that Can be Sold or Given Away:** is there an organization you want to support? Project Linus, Quilts of Valor, Guild Comfy/Charity Quilts all come to mind. But there are organizations that conduct fundraisers which might appreciate a quilt or two. Educational organizations and those that support children in need are possible

candidates. I easily have 50 small wall quilts lying around that have little value for sale but could raise a little money for charity.

**6. Put Labels on ALL your quilts:** If you don't automatically put labels on ALL your quilts, start doing that today. Here is a tutorial I wrote about labels 4 years ago: [Quilt Labels](#)

**7. Important Quilts Still Under Construction:** Again, if you know your time is short, find those good friends and ask them if they would be willing to finish that really important quilt you are working on, as a gift for your family. Not every quilt you ever started--just that special one you ran out of time to finish. Someone will say "yes".

**8. Be aware** that most of our stuff has little value to others, even quilters. The books, patterns you plan to make "someday", magazine articles you saved for 30 years, the 200 pens/markers in a box, even all your rulers, cutters and mats. People will be happy to take some of it off your hands, but not for money. Now is the best time to start purging that stuff. Have a "swap" or "giveaway" for close quilting friends. This takes work but you bought it all so you really ought to help your family by dealing with some of this stuff now, before it becomes their problem. The only special "things" I want saved for my family are my thimbles. Some are sterling silver; some are inexpensive brass topped thimbles I first learned to hand-quilt with. They are my most meaningful "tools" and take up very little room. I am looking for a special box I can store them in--I will include the story of those thimbles in the box.

**9. The Fabric:** It has value, to a lot of quilters. But, again, it's a matter of quantity. I am really in the purge mode this year as I try to reduce some of the "sinful" amount I have. There is a sale/swap/giveaway in my future this year. Just as soon as I sort through those closets again. Do you LOVE all the fabric you currently own?

**10. Antique Quilts and Tops:** I almost forgot this category--I have about a dozen antique quilts and tops, some cost me a good bit of money. Some I lucked into for very little. They are stored away from my quilts, in a closet. I must take time to create a LIST of these, what I know about them, what I paid and where I bought them. Sure don't want my kids to think these are just junky old rags...

**11. Lastly, write a note to the future** about what quilting has meant to you. It has been my most important passion for more than 35 years, more dear to me than anything other than my family. It has gotten me through tough times, brought more joy than I could have imagined, and added dear friends to my life that mean so much--you know who you are. Over the years I have saved a lot of notes I have received from friends and students--they are in a beautiful basket for my kids to find someday. That is a good place for my "letter to the future" to reside.

*Reprinted with permission from "Quilter's Last Will and Testament," by Barbara Black*

**OCTOBER WORD SEARCH**

P	R	Y	S	A	N	T	A	M	A	R	I	A	E
I	E	A	K	N	O	N	T	B	O	I	C	N	I
N	T	D	E	I	L	A	P	R	D	C	I	B	R
T	H	S	L	K	E	R	S	O	S	L	C	I	B
A	G	U	E	P	A	D	C	O	A	C	O	W	E
N	I	B	T	M	V	Y	A	M	V	G	N	I	W
I	F	M	O	U	E	H	R	S	R	H	R	T	R
N	E	U	N	P	S	U	Y	T	R	O	O	C	E
A	R	L	C	L	O	I	P	I	H	S	C	H	D
I	I	O	A	T	I	R	A	C	I	T	Y	R	I
L	F	C	T	E	U	B	U	K	S	A	D	L	P
C	O	S	T	U	M	E	R	U	K	S	N	A	S
S	S	A	P	M	O	C	B	A	T	P	A	P	Y
A	F	A	H	D	S	O	M	S	O	C	C	O	A

CANDY CORN  
 TOURMALINE  
 SKELETON  
 SANTA MARIA  
 LIBRA  
 COSMOS  
 SPIDER WEB  
 WITCH  
 COSTUME  
 COLUMBUS DAY  
 BROOMSTICK  
 PUMPKIN  
 FIREFIGHTER  
 NINA  
 LEAVES  
 SHIP  
 BAT  
 SCARY  
 HYDRANT  
 COMPASS  
 OPAL  
 CAT  
 GHOST  
 PINTA

**LINK TO BARN QUILT TRAIL OF NORTHERN VERMONT**

<http://www.barnquiltsfornorthernvermont.org/>

**NEWSLETTER IDEAS WANTED:** Do you have a recipe you'd like to share with guild members? Or maybe you've found a great quilting website or blog you'd like to share. Or you've visited a quilt shop within an easy drive which had bargains or a fabric selection no quilter should miss. If so, send an email to [CommonThreadsVT@gmail.com](mailto:CommonThreadsVT@gmail.com), and the newsletter editor will do her best to include it in the next newsletter. Although welcome, your input doesn't have to be a complete article. It could be a few bullets which convey your message. The editor will fill out the article as needed.

**Deadline for articles for next newsletter:**

**Wednesday, October 15<sup>th</sup>, 2021**

Please email articles to Sharon Perry, [CommonThreadsVT@gmail.com](mailto:CommonThreadsVT@gmail.com),  
or mail to PO Box 517, Montgomery Center VT 05471



*"I wish that every day was Saturday and every month was October."  
~ Charmaine J. Forde*